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kandos-h.schools.nsw.edu.au

## FROM THE PRINCIPAL

## The Right to Read

From a historical perspective, literacy levels for the world population have risen drastically in the last couple of centuries. In 1820 only 12% of the people in the world could read and write, today this has reversed with only 14% of the world population unable to read and write. Literacy and numeracy are foundational skills for educational achievement, participation in life outside of school, engagement within society and future career prospects. Every student has the right to become a successful reader.

At Kandos High School we work with our students to ensure they have or are building sound foundational skills in both literacy and numeracy. Reading skills are extremely important to a child's success at school as they allow them to access and study increasingly complex content across the key learning areas, whilst improving their communication and language skills. Our current literacy focus is on supporting vocabulary, fluency and reading comprehension in the classroom.

Parents and carers are the most important educators in a child's life and play an important role in helping to keep our students interested in books, it is never too early to or too late to start reading together as this can only benefit your child's education. Below are some easy ideas to incorporate literacy activities into the home routine.

**The importance of books** - We need to remember that books are an important tool in the development of student reading comprehension, although the home bookshelf has dwindled with the increased access to online media, it is fortunate that we have a local library and school library where students can borrow books that interest them. This is something however that with the attraction of screen time, needs some encouragement or follow up from parents and carers.



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## What's on?

Newsletter

Term 2 Week 8 2021

2021

## Monday 07/06/2021

Agriculture Pregnancy Test

### Friday 11/06/2021

Western Cross Country

## Thursday 17/06/2021

Pop-up Restaurant - Curry House

### Thursday 24/06/2021

Term 2 Merit Assembly

#### Friday 25/06/2021

Last day of Term 2

## Monday 12/07/2021

Staff Development Day

Tuesday 13/07/2021 Students return for Term 3

## Friday 23/07/2021

Western Athletics Carnival

**Listen to your child read** – Turn off the TV and devices and try reading together for half an hour. Sitting in the same room and reading independently is a good activity about enjoying reading for pleasure. Ask students what they are reading or read with your child. Studies show that this kind of repeated oral reading makes students better readers.

**Take a trip to the library** – Visit the local book house and help your children to borrow books and borrow yourself, talk about the choices you make (what authors, topics and book types) on the way home.

**Set up some correspondence** – Literacy involves both reading and writing. Arrange for one of your family members to correspond with your child via mail or email. It may be old school but even young children will enjoy receiving and sending stories. Another activity is composing greetings or poems for birthdays and special occasions, this could be a card, a meme, letter or email.

**Be selective about TV programs** – Try to have a family night where you watch a suitable show together and talk about the show afterwards.

**Discuss the news** – Talk to your children about family events, trips, and local and national news events that are appropriate for their age. This helps them develop a strong vocabulary which is important for oral language, reading and writing.

**Helping with homework** – Being there for support and expressing interest in homework sets up good habits. You don't need to be an expert on each task, you can guide your child to think through how they need to plan their time for study and complete tasks.

**Do things together while you can** – As teenagers grow up they spend more time with their peers, so make the most of your time with them

in participating in family events. There can be lots of talking, reading and writing involved in bike rides, shopping trips, cooking, working in the garden, visiting friends or family, or planning a trip or outing to a cinema, museum art gallery or public event. Get them involved in the process.

**Ask questions** – Discussion is the key to developing sound reading comprehension skills, it requires parents to commit the time and effort on a regular basis. The more you and your children discuss the books they read, the better they will construct meaning and understand what they read. The following are some useful points to touch on in your discussions:

- Discuss how the book makes your child feel
- Ask what or who it was about and what happened
- Compare and contrast the main characters in the story
- Draw parallels between characters and real-life situations faced by students
- Discuss "what-if" scenarios and make predictions about what happens next
- Discuss "what would you do if this happened to you?" scenarios
- Talk about what a character did and what it tells you about them

Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient of teachers.

**Charles William Eliot** 





# **TEN GREAT READS FOR HIGH SCHOOL STUDENTS**

Book covers lined up:

## 1. Vincent and the Grandest Hotel on Earth (Lisa Nicol)

The Grandest Hotel on Earth is a magical place that sits on the highs of the Mabombo Ranges. When 11-year old Vincent meets Florence he begins a journey into a world of fantasy and adventure that will lead him into facing new hitherto unknown personal challenges. This enchanting tale attracts a wide range of readers.

## 2. Eddie Woo's Magical Maths (Eddie Woo)

Imagine a maths book that tests your mind with fascinating problems in a really enjoyable way: you have this book from Eddie Woo, Australia's best-known maths teacher. Eddie is the head mathematics teacher at Cherrybrook Technology High School, Sydney. His book is a fun but informative album of puzzles and codes that need to be broken.

## 3. What I like about Me (Jenna Guillaume)

At 16 Maisie Martin is a deeply sensitive girl desperate to avoid embarrassment, especially about her body. Who would ever believe she's now part of a beauty pageant? What's more, she's facing the challenge at a time when she needs her dad and someone else has snagged the boy she likes. Maisie is determined to succeed and she's not going to give up.

## 4. How it Feels to Float (Helena Fox)

This is a story about love and grief. Biz, a girl who lost her dad when she was seven is quiet about her life and thoughts. And she has a lot of the latter. Deep, dark thoughts. Biz has a life – her friends, her mum and the twins – but she also has a strange connection to her dad, who reminds her about her past and who really shouldn't be around yet still is.

## 5. Adam Spencer's Numberland (Adam Spencer)

Adam Spencer is one of Australia's favourite mathematicians. He brings the subject to life by making it real. Have you heard of a yottabyte or the 1800s version of Fortnight? This book is full of amazing facts like how a GPS works. And it asks some pretty interesting questions, like could you solve a \$1,000,000 maths question? The real deal for maths lovers.

### 6. As Happy as Here (Jane Godwin)

Three teenage girls from very different backgrounds find themselves sharing a hospital ward. When they witness a crime in the park below their window, they bond over trying to solve it and each undergoes a profound change. A coming-of-age story.

### 7. Guts (Raina Telgemeier)

Raina wakes up one night with an upset stomach but her problems aren't really due to a tummy bug. She eventually works out she's worried about a whole lot of things at school including her friends, her looks and food. From the renowned graphic novelist, Raina Telgemeier, this book is about growing up and facing challenges many of us have to deal with.

### 8. Catch a Falling Star (Meg McKinlay)

Up in the sky above Frankie Avery's head, a space station is about to crash to earth and with it will come memories of a past she'd prefer to forget. Thoughts of grief and challenges about life that are not easily fixed. It's 1979 and Skylab is hurtling back into the atmosphere, along with something that a 12-year old girl never really talks about with anyone.

## 9. Explore Your World: Weird, Wild, Amazing! (Tim Flannery and Sam Caldwell)

Do you love animals and exotic creatures? If so, this marvelous zoological compendium is for you. Are zombie jellyfish real? Do frogs like opera? What's it like to wrestle a python? Explore the wonderful world of nature with a book to expand your horizons.

## 10. BEING 14: Helping fierce teenage girls become awesome women (Madonna King)

Your daughter's teenage years are going to be challenging but you know that already. This book is a practical but imaginative guide to how 14-year-old's think and act in the years before adulthood. Based on interviews with about 200 14-year olds, Madonna King unlocks strategies to help your fierce daughter in the challenging years ahead.

# FROM THE DEPUTY

## RESPONSIBLE

In the last newsletter, I wrote about our first school value – Respect. In this newsletter, I would like to talk about being responsible. This value is a sign of maturity – taking responsibility for our actions and being a responsible citizen of our school, our town, our state, our country, our planet.

What does responsible look like in our school?

At Kandos High School,

- Students are RESPONSIBLE by:
  - Attending school every day (unless legally excused)
  - Arriving at school and class on time
  - Being prepared for every lesson
  - Actively participating in learning
  - Aspiring and striving to achieve the highest standards of learning that they can do
  - Modelling and following departmental, school and/or class codes of behaviour and conduct
  - Taking personal responsibility for behaviour and actions
  - Avoiding dangerous behaviour and encourage others to avoid dangerous behaviour
  - Taking care with property
- Teachers are RESPONSIBLE by:
  - Being a good role model for our students
  - Being a spontaneous problem solver
  - Being a reflective teacher one who is always striving to do better
  - Following the policies and procedures of the school and the Department of Education
  - Carrying out our duties to the best of our ability
  - Taking care of your students while they are in our care
  - Following the set curriculum
  - Developing and delivering quality lessons
  - Encouraging student participation in lessons and in other school-related activities.

Being responsible is about being dependable, keeping promises and honouring our commitments. It's about doing what you're supposed to do, when you're supposed to do it without arguing about why or why not. It is a strong part of developing our potential, and who doesn't want to be the best that they can be at any one time?

## **GRIN BIN WINNERS**

Mia Waterton MacAlister Heath Pearce Ella Quarmby Nadine Jones

## **\$2 TEACHER VOUCHER**

Ms T. Therese Mrs N. O'Brien Mrs D. Johnston Miss E. Kelson

## Responsibility



Being reliable and doing what is expected or required of you.



Just a reminder to parents, that Kandos High School students that require emergency ambulance services, whilst they are participating/involved in school activities are provided at no cost to our students. Please bring your bill from NSW Ambulance into the schools office.

How can parents help build this characteristic in our students?

- By making sure that they are up early enough to get to school on time with their books, pencil case, food or money for food and anything else they will need for the day's lessons.
- By encouraging them to always do their best and reward effort and time put into an assignment or homework rather than just results.
- By helping us to teach them to think before they act and weigh up the consequences of their possible actions.
- By becoming aware of our bell times so that you don't accidently text your student during class.
- By supporting our mobile phone policy and reminding students not to use them in class.
- By encouraging them to be lifelong learners.

## HEADLICE

Headlice have been reported to be present in the hair of some students at our school, please check your child's hair for nits/lice tonight using the methods recommended in information from NSW Health (<u>http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx</u>).

If you find any eggs or lice please commence treatment as recommended.

Further information on head lice is available on the NSW Health website (details above) or through the Department's website at <u>http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/headlice/index.php</u>.

## **ABSENTEE NOTES**

Absentee notes have been sent home for unexplained absences. Please contact the school on 6379 4103 or return these notes; with reasons justifying your childs absence. More information can be found <u>https://education.nsw.gov.au/content/dam/main-education/student-</u> <u>wellbeing/attendance-behaviour-and-engagement/media/documents/</u> <u>attendance/attendance\_parents.pdf</u>

## **CLIP CLASS EXPERIMENTS**

The Clip class are currently completing the topic of work "Planning and Conducting Investigations" the students chose to do this experiment and look at aerodynamics and projectile motion behind each bottle rocket. Our next experiment will be making ice-cream in a ziplock bag.

Daniel Skourmallas Science Teacher

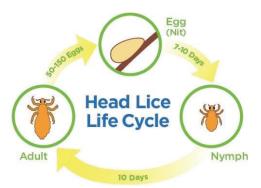
## Canteen News

The school canteen will soon undergo a full renovation. The renovation will commence in the school holidays and is expected to conclude during Week 2 of Term 3.

Please note that the **canteen** will be **CLOSED** during **Week 1** and for some of **Week 2** of **Term 3**.

We will keep families updated on the progress of the renovations.

Símone & Julie







# LOVE BITES

Students in Years 10, 11 and 12 attended the Love Bites Relationship Program at school. This is a program for young people, it is a full day workshop and the aim is to equip young people with the knowledge needed to have respectful relationships.

Thank you to the facilitators who delivered the Love Bites program.

*Nikki O'Brien* Head Teacher Learning and Engagement Learning and Support Teacher











# TRY A TRADE

Students in Years 9, 10 and 11 attended the Annual Try-A-Trade which was held at Mudgee High School.

This is an opportunity for students to gather information and experience hands-on activities in a wide range of trades available to them.



Julie Parsons Careers





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# **U16 BOYS RUGBY LEAGUE**

On the 10th of May our under 16s Rugby League team went up against Gilgandra in the Tom Kemp Cup. We ended up going down 60 - 10 but with minimal training all the players represented the school with lots of pride and great sportsmanship. The best and fairest was Ky Reddish and Aaron Large, and the encouragement award went to Matthew Brown and Flynn O'Brien.

## Daniel Skourmallas Science Teacher



Logan, Brayden, Felikss, Matthew, William, Paxton, Ty, Noah, Stephen, Cody, Zachary Flynn, Daniel, Ricky-J, Jonathan, Aaron, Ky, Charlie & Katie

# **U15 GIRLS WESTERN REGION TOUCH TEAM**

Halli O'Brien and Teegan Reynolds represented the Western Region as a part of the under 15s touch team that played at the NSW State CHS Championship is Wollongong on 17th and 18th May 2021. The team played well improving with every game and ending up equal fourth place with two other teams. The top four teams progressed to the semi-finals. So, to determine fourth place the Western team had to play a drop off system. Which meant they had to play with only four players for two minutes, when the score was still equal,

they then had to drop to three players and the next try wins. The Western girls beat North Coast in the first drop off, they had a two-minute break then played South Coast and beat them in the second drop off. This then placed Western in fourth position. The girls had a five-minute break and then had to play the top ranked North Sydney team in the semi-final. I have coached a lot of teams in my time, but to see this group of young girls played with so much heart and passion was inspiring. The semi-final against North Sydney was anyone's game, going try for try with Western narrowly missing out on a place in grand final losing to North Sydney 3-2. Our school and community should be very proud of the girls.



Kerry Reynolds PDHPE Teacher

# **ATHLETICS CARNIVAL**

Our annual Athletics Carnival was held on Friday 14 May 2021. Congratulations to all students who participated. A special mention to Ryan Fuller, as he was the only student this year to break a school record of 31.07m held by Joel Robinson since 2014 in the 14-year boys shot put, setting the new distance of 32.88m.

Athletics Age Champion	Girls	Boys
12 Years	Emily Gallaher	Mitchell Moore
13 Years	Teegan Reynolds	Saxon White
14 Years	Alexandra Grimshaw	Matthew Brown
15 Years	Chloe Farrugia	Ky Reddish
16 Years	Jessica Reynolds Paxton Fisher	
17+ Years	Miah Currie	Ty Stone

For more photos, go to our website:

https://kandos-h.schools.nsw.gov.au/gallery/athletics-carnival-2021.html

Kerry Reynolds PDHPE Teacher























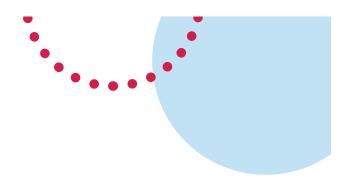








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# No knives at school

## Parent factsheet

## There is no good reason to bring a knife to school.

NSW now has the toughest knife laws in Australia. As a parent, you need to be aware of these laws, as you can also be charged if you allow your child to carry a knife.

#### No knives allowed at school under any circumstances

If a student has a knife at school the principal may call the police.

The student may be expelled or suspended immediately. Possessing a knife includes your child simply having one in their bag or locker. Having a knife for self-protection is also illegal. If you are concerned about your child's wellbeing or safety, contact the principal.

Tough penalties apply for children convicted of knife offences, including gaol sentences of up to 25 years if someone is injured with a knife during an assault.

Every child has the right to feel safe and secure at school. There is no good reason for a child to ever have a knife at school.

If you want to talk about children and knives at school, please contact the principal.

### What kind of knives are prohibited?

As school policy is designed to keep all students safe, no type of knife is allowed at school. That means no butter knives or fruit knives in lunchboxes, or knife tools for craft purposes.

Flick knives, ballistic knives, sheath knives, push daggers, trench knives, butterfly knives and star knives are all prohibited.

Your child cannot bring any item to school that can be used as a weapon (such as a chisel).

In lessons requiring the use of knives, for example cooking or trades, your child's teacher will supply and supervise the use of the tools.

There are some senior subjects, such as hospitality, where children may be required to have their own knives.

Your child's school will advise you about these courses and the procedures for carrying knives legally to and from school.

### The law makes parents responsible

You need to make certain your child is aware of the school's rules and the State laws about knives.

If you allow your child to carry or possess a knife at school or in a public place, you can be charged.

The police can search any child they suspect of having a knife. They can confiscate any dangerous object they might find during the search.

Your child must comply with such a police search, or they may be arrested and charged.

It is also illegal for anyone to sell a knife to anyone who is less than 16 years old.

#### **Telephone interpreter service**

If you would like more information please call the school principal. If you need an interpreter to assist with your enquiry, please call the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language.

Tell the operator the phone number you want to call and the operator will get an interpreter on the line to assist you with the conversation. You will not be charged for this service.



education.nsw.gov.au



# **CO<sub>2</sub> DRAGSTER COMPETITION!**

Year 7 students are working on their  $CO_2$  dragsters which is a part of their engineering unit. They are to design an aerodynamic car that finishes the track with the quickest time. The top 8 students will be able to race in a local school competition at Dunedoo Central School, and possibly make it into the Australian National championships held in Queensland later in the year.

Daniel Skourmallas Science Teacher





## DO IT FOR DOLLY DAY 2021

On Friday the 14th of May Kandos High celebrated Do It For Dolly Day. This day is about promoting kindness and raising awareness of youth mental health issues. The SRC ran activities to raise money for the Dolly's Dream Foundation which funds programs that educate young people about the negative effects of bullying and supports young Australians to have good mental health.

Throughout the week the SRC shared information with students in roll call about ways to help each other if we are feeling low or being bullied. On Friday students dressed in blue and tried their hand at the Choc Drop to raise funds. They also competed in a "Quad is Lava" Challenge where each team had to work together to navigate a course using a variety of objects to create a 'bridge' across the quad. Jessica Reynolds took home the major prize in the Choc Drop and The Year 12 Boys and the Year 9 Crew were the winners of the Lava Challenge, they each received a Dream Chocolate for their efforts. Special thanks go to Felikss, Shauna and Bridget for their extra effort helping on the day.

## *Nikki O'Brien* Head Teacher Learning and Engagement Learning and Support Teacher







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# WESTERN REGION SQUASH

Congratulations!!!

Halli O'Brien, Latara Hammond, Jessica Reynolds and Teegan Reynolds competed at the Western Region Squash finals at Parkes.

After a narrow round against Henry Lawson School, the girls won the knockout competition to become the Western Region champions. They will now progress to the top 16 in NSW playing in a knockout series.

Well done girls!!

## Kerry Reynolds PDHPE Teacher



Lainey, Clare & Daisy



Teegan, Jessica, Latara & Halli

# **BIGGEST MORNING TEA**

Kandos High School hosted a Biggest Morning Tea at recess. This was to raise funds for research into cancer.

A huge thank you to The Community Charity Shop in Kandos for their significant donation towards the KHS Biggest Morning Tea and to staff and students who organised this event and to community members who attended and donated.

Donations can still be made at:

https://www.biggestmorningtea.com.au/fundraisers/ JulieParsons/nsw?fbclid=IwAR3A3hYLSkBdBeOCmm D3U2XTRUcxtKcRFsxwggPCfu0R0fOFxXaJkvMlkEE













# Take a picture of somewhere or something that feels like home – in your town, a holiday spot, or a favourite object.

Photo subjects should relate to the theme MY PLACE, but contain no recognisable human faces (this is to do with publishing permissions).

Email your entry (not exceeding 10MB) by 1 July 2021 with the title of your entry, your full name, age, and postal address to: youth.services@midwestern.nsw.gov.au

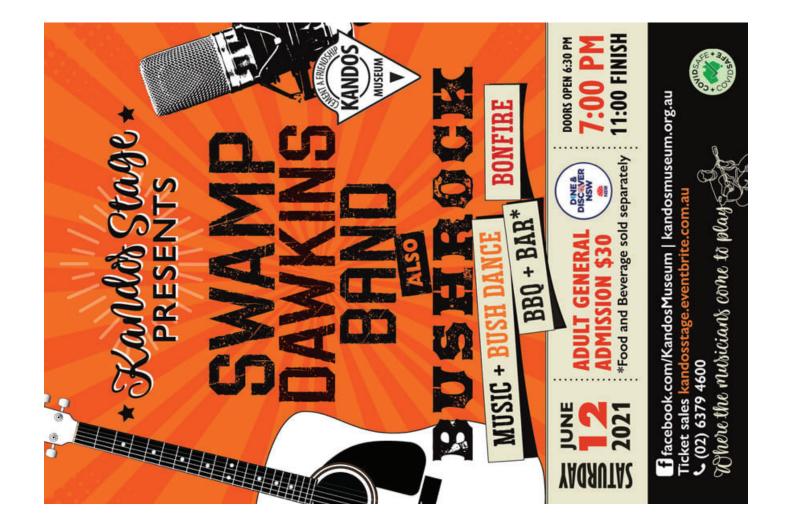
FIRST PRIZE	SECOND PRIZE	THIRD PRIZE	PEOPLE'S CHOICE AWARD (Voting closes 8 July 2021)
<b>\$50</b>	\$30	<b>\$20</b>	<b>\$50</b>
Mudgee Money Gift Card			

Terms and Conditions: 1) All entries must be original work by the entrant. 2) Entrants must be aged 12 – 25, and live, study, or work in the Mid-Western Regional Council area. 3) Persons under the age of 18 should ask permission from their guardian before entering the competition. 4) Entrants can submit a maximum of two entries. 5) All entries must have titles. 6) Employees of Mid-Western Regional Council are not eligible to enter this competition. 7) Entries may be displayed publicly and/or used for publicity purposes. 8) Entrants' likeness may be used for publicity purposes. 9) Entries must be submitted via email and be suitable for display on Mid-Western Regional Council and/or Mid-Western Regional Council's social media pages. 10) Suitability of entries for publication on social media will be at the discretion of Mid-Western Regional Council staff, and discussion will not be entered into. 11) Entries will be judged by a panel of at least two persons, comprising at least one representative from Mid-Western Regional Council. 12) The judging panel reserves the right not to award a prize if the entries are not deemed of a suitable standard. 13) The winner of the People's Choice Award will be by members of the public via a voting system on Facebook. 14) Winners of the People's Choice Award will be determined by the most 'likes' received per image/entry by 4:30pm on the date advertised. 15) Determination / awarding of prizes is final and no correspondence will be entered into. 16) Prize winners will be announced via Mid-Western Regional Youth Council's social media channels, and winners contacted privately via email – prize distribution may be delayed due to social distancing requirements. 17) Mid-Western Regional Youth Council will ake all reasonable care with entries, but will not accept responsibility for any entries not received due to technological failure, damage, distortion, or similar that may occur to entries. 18) Council will endeavour to display all entries, but may not be able to do so due to display

Proudly funded by











Mudgee are hosting a **FREE** Come & Try for girls aged **7 to 16 years**.

The free session will give you a taste of all the different aspects of basketball in a safe and supportive learning environment.

This program is designed to get NEW female participants to come together, pick up a basketball, learn new skills and fall in love with the game.

<u>What to bring - water bottle, snack & a basketball if you have one</u>

Date: Friday 2nd July 2021 Time: 9-12pm Location: St Matthews Catholic School Theme: PINK Cost: FREE Register: https://www.bnsw.com.au/come-n-try/

**MUDGEE BASKETBAI** 

**CIRLS** 



Kandos High School Catering Crew invites you to their Term 2 Pop-Up Restaurant

# **Curry House**

Entrée/Starters

Chickpea and Rice Balls with Green Chutney with Coconut g/f,  $\nu$ 

Mains

Dahl g/f, v

Mango Chicken g/f

Beef Masala g/f

Vegetarian options available

Sides

Basmati Rice g/f,  $\nu$ 

Cucumber Raita g/f, v

Onion and Tomato Cachumber (Relish) g/f,  $\nu$ 

Banana and Coconut Sambal g/f, v

Roti g/f available

Dessert

Coconut Ladoo with Ice-cream g/f

Gulab Jamun g/f,  $\nu$ 

17/06/21

6.00 p.m.

**Schools MPC** 

\$20 per person

Bookings and payments to

the schools

**Administration Office** 

02 63794103

**RSVP: 11/06/21** 

Other dietary needs can be accommodated provided RSVP deadlines are

observed when booking

## **UPCOMING PAYMENTS & PERMISSION NOTES**

Just a reminder that payments and permission notes are due for the following:

- Agriculture Pregnancy Test, permission note due 1 June 2021.
- Western Cross Country, permission note and \$10 due 5 June 2021.
- Western Athletics Carnival, permission note and \$10 due 16 July 2021.
- Pop-up Restaurant Curry House, \$20 per head, RSVP due 11 June 2021.
- Year 12 Jumpers 2022, \$85 each due 18 June 2021
- Course Fees and Voluntary Contributions.

## PARENT PAYMENTS

Cash, cheque or EFT payments can be made directly at the school office. Alternately, parents have the option to pay by using an online option, the Parent Online Payments (POP), via Kandos High School's website, by clicking on the "<u>Make a Payment</u>" tab and following the instructions.

## **ONLINE ENROLMENT PROJECT**

We are excited to announce we will be are rolling out the new Online Enrolment System from Monday 3 May 2021

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into local schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's <u>going to a public school site</u>.

Further information about online enrolment can be found on our website here.

Kandos High School proudly supported by





