



Tower Talk

Term 4, Week 4
30th October 2023

Tower Street Public School
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TowerStreetPS



School Enews app

Coming Events

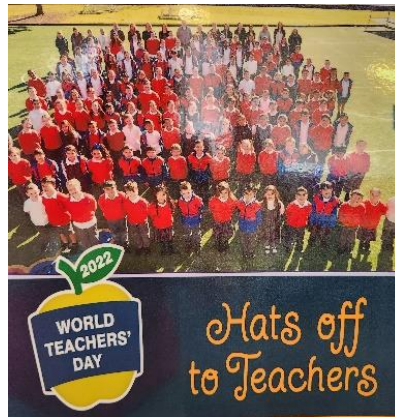
- 30th October
NO ONLINE PAYMENTS TO OFFICE. CASH ONLY
- 31st October
Bankstown Dance Festival (Rehearsal and Performance)
- 2nd November
Reverse Garbage Incursion
- 9th November
Kindy Orientation Begins
- 10th November
K-6 Remembrance Day Assembly
- 20th November
Prefect Elections
- 23rd November
Sports Captain Elections
- 24th November
Year 6 Fun Day
- 28th November
Year 7 Orientation Day

Term Dates

- 15th December
Last day of Term 4
- 31st January
First day of Term 1

Principals Message

World Teachers Day



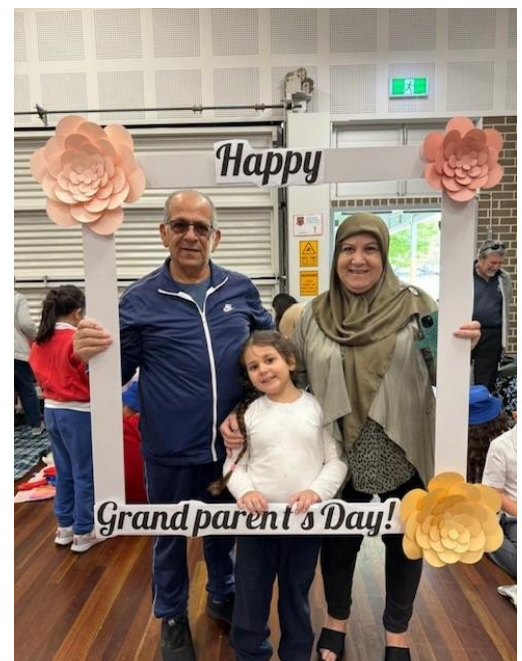
On the last Friday in October each year the Southern Hemisphere celebrates 'World Teacher's Day'. This year it was celebrated on Friday 27 October. This is the day we celebrate and recognise the amazing team of teachers we have at Tower Street PS.

I know that you will join me in acknowledging and congratulating the Tower Street PS teaching staff on the outstanding work they do each and every day.

Thank you to our School Administrative and Support Staff who provided a wonderful morning tea and lunch for our teaching staff on Tuesday.

Grandparents Day

We were absolutely delighted to welcome our grandparents and family members to share in a picnic lunch with us. Our students loved reading books, playing games and enjoying a picnic lunch with their grandparents. It was lovely seeing our school community come together to celebrate Grandparents Day.



Awards

Silver

Ellie
Tristan
Taylor
Hannah P
Mohamed S
Mounu x 2
Jackson
Agamdeep
Austin D
Samantha
Juliette
Eva

Annie
Mikayla
Aya
Sofia
Nour
Ella Z
Saja
Zac
Braye
Yafi
Emily x 2
Mia L

Levon
Eleena
Aiden
Hamza
Carter
Aaliyah
Bianca
Zainab
Cameron
Daimon x 4
Charlie

Gold

Tia
Yafi
Daimon

Platinum

PBL

Each fortnight we have a whole school PBL focus that we address and work on across the school. Classes complete lessons based on the PBL focus and practice the skills in the classroom, playground and at home. We include the fortnightly focus in each edition of Tower Talk so parents and carers can be included in the learning happening at school. Our whole school PBL focus for the fortnight is:

'We keep others safe by not sharing food'



Caring tool – We care about the safety of others.

Courage tool – We have the courage to do the right thing even when our friends don't.

- Not sharing food
- Eating food packed for us.
- Making sure our name is written on our lunchbox/bag.

Captain Tower is our PBL mascot and he is here to help parents / carers be involved with our PBL focus.

Here are some questions you could ask your child to help them learn and practice our PBL focus this fortnight at home and school.

Do you have your lunchbox in your bag ready for school?

Does your lunch box/bag have your name clearly written on it?



Why is it important to not share food with others?

Picnic Point Leaders Visit

Year 4 students enjoyed participating in a leadership workshop run by student leaders from Picnic Point High School. Students enjoyed learning about what it takes to be a strong leader through a range of group activities. Thank you to the PPHS students who visited our school to share their knowledge!



Tell Them From Me Surveys



The Tell Them From Me Partners in Learning Parent survey is designed to measure, assess and report insights from the parent point of view at the school and system levels. The focus of this NSW survey is on student wellbeing, engagement and effective teaching practices.

We urge all parents to take part in this survey to help us with our Strategic Improvement Plan to better meet the needs of our students. We value the feedback and views of our parent body and ask that you please take the time to complete the survey.

Survey responses are anonymous so staff in schools will not be able to identify individual parents or students from parent responses. This survey will be open until **Friday 3 November 2022 (Week 4, Term 4)**. Click on the link below to participate.

<http://nsw.tellthemfromme.com/tsps2023>

This year to increase participation in our annual Tell Them From Me survey, we are providing a luck prize draw for all families that complete the survey. After completing the survey please complete and return the confirmation slip. All students who return the slip with the code word found in a survey question will go in the draw to win a Lego prize! The confirmation slip needs to be returned to the office by **9.30am Monday 6 November 2023** to be included in the draw.

Student Parliament

Tower Street Student Parliament sat in the chamber with Queen Ambrose, P&C President Mr Browning and principals from the Bankstown network in attendance.

Changes to Tower Streets school uniform was the topic of discussion and Ministers proposed two bills to ensure students have a say in the decision making process.

Our guests were impressed with how students confidently asked questions and shared opinions about a possible new uniform design.

Thank you Mr Browning for your valuable input during the parliament sitting.



Kindergarten Orientation

We are excited to be welcoming our 2024 Kindergarten students and their families to begin our Kindergarten Orientation program beginning on **Thursday 9 November from 9.15am-11am.**

If you are yet to finalise your child's enrolment for Kindergarten for 2024 or have friends or neighbours who are yet to finalise their child's enrolment please encourage them to contact the school office urgently. We are looking forward to welcoming our families!

P&C NEWS

P&C Meeting

The last P&C meeting was held online via Teams on **Wednesday 25 October.** Thank you to all the parents and carers that were able to attend the meeting. Meeting Minutes from this meeting will be shared soon via the Enews App.

Our P&C Needs You!

What is the P & C?

P&Cs, short for Parents & Citizens, exist to promote a school's interests, facilitate the school's development and contribute to the school's improvement.

We are a group of volunteers working closely with the school staff to grow and improve the facilities and opportunities available at Tower St PS

TSPS P&C has helped provide:

Shade sail over the canteen

K—2 Home Reader books

Stage 3 Classroom moveable walls

Uniform Shop

School Discos + events

Canteen (Terms 2+3 2023)

Astroturf basketball court

Grant for covered walkway

Year 6 Farewell cake

Portable Newcombeball posts

Mothers Day + Fathers Day Stalls

Election Day BBQs

Thank you to all volunteers who helped achieve this for our kids!

Current P & C Goals

PSSA Sports Shirts

District Representative Singlets

Fixed Playground Equipment

Future of our P&C

In the coming months we will be farewelling a number of members of our P&C who are vital to its continued operation. This is a common occurrence as families change work/life balance and children also move into high school.

We are seeking to urgently fill the P&C positions of **Treasurer** and **Secretary**.

We are also seeking someone with accounting experience within our community, who may be able to audit the P&C accounts once a year.

If we are unable to fill these roles, we will no longer be able to operate a P&C.

Facts & Questions

I only have limited time, how can I help?

Small contributions can make a big difference.

I would like to help but I don't want to be a member.

You don't have to be a member to attend meetings or participate. However, only members can vote on motions at meetings.

I am new to this and don't know anybody.

P & Cs are one of the best places to meet other parents. We are an open and inclusive environment and no one will be harassed into volunteering.

Can I bring my kids to the meetings?

Absolutely. Most meetings are online on Teams making them much easier to schedule.

I don't want to turn up and then be stuck doing everything.

There is no pressure on members/ attendees to take on duties, it is solely on a volunteer basis.

Who can join the P&C?

Membership of the P&C is open to all members of the school community: parents, teachers and citizens.

Why join the P & C?

- Meet other parents and community minded people
- Stay informed on what's happening within the school
- Learn new skills & share a laugh
- Support fundraising events and investment in our school
- Be part of the school's decision making process

Contact us

Facebook page: *Tower Street Public School P & C*

(For all who are interested, not just paying members)

Email: *towerstpandc@gmail.com*

Or **reach out** to us in the playground for more

Roles and their duties

Treasurer

- Ensure the P&C is complying with financial accountability requirements
- Manage the annual audit of all P&C accounts
- Produce monthly reports for P&C meetings indicating current account balances and liabilities
- Ensure P&C accounts are kept up to date including payment of accounts and complying with record keeping legislation

This is an executive committee position.

Secretary

- Prepare and circulate P&C meeting agendas
- Attend meetings to record minutes and resolutions, and report on any mail/email/phone correspondence received.
- Circulate minutes from P&C meetings to members
- Keep membership list, motions register and assets register up to date

This is an executive committee position.



Got It Program & Parent Information Session

Got It! will be running a 'Raising Emotionally Intelligent Children' seminar, for all parents and carers of children at Tower Street Public School. This seminar will cover:

- Child brain development and how it effects emotions and behaviours.
- Emotional intelligence
- Styles of responding to children's emotions
- Emotion coaching – how to do it and practice

The Proposed Date: **Tuesday, 7th November (Week 5).**

An expression of interest shared below for parents/carers with 3 timeslots options 9-11am, 1pm-3pm or 3.15pm-5pm.

Please select the option that would work best for you – the timeslot that most parents are able to attend will be finalised as the session time

https://docs.google.com/forms/d/e/1FAIpQLSdrCJ8m_vwR1vgPziTX567UKRW5s1jIYPV3p9O7jlvjL CJaA/viewform?usp=sf_link

Got It! Newsletter, Week 3 Term 3

EMOTIONS

Emotional Development

Understanding how other people are feeling is an extremely important skill in life we need as both adults and children. Teaching children to name feelings in themselves and others is an important part of parenting and can help children in managing their emotions, developing empathy and communicate better with others. To understand how people are feeling we need to be able to recognise and label emotions.



Emotional expression has many components:

- physical responses (e.g. increased heart rate, changed breathing, sweating)
- body language, changes to volume and tone of voice
- behaviours (e.g. laughing, yelling, crying, hiding)
- language we use to describe emotions (e.g. happy, sad, excited, scared, worried, proud, angry)
- thoughts and judgments associated with feelings

Due to a child's brain development, a child will communicate mainly through behaviour and non-verbal communication (facial expression, body language, and tone of voice). It is important that we tune in to the child's cues and perceive behaviour as a form of communication or emotional expression.

Helpful resources:

Books for children:

- The Feelings Series - by Trace Moroney
- The Huge Bag of Worries - by Virginia Ironside
- Listening to my Body - by Gabi Garcia
- Tough Guys Have Feelings Too - by Keith Negley
- The Day My Brain Went Crazy - by Michelle Karavas

Books for adults:

- Raising an Emotionally Intelligent Child – by John Gottman
- The Whole Brain Child – by Dan Siegel and Tina Payne Bryson



Health
South Western Sydney
Local Health District

Email: SwsLhd-gotit@health.nsw.gov.au
Phone: 4621 5000

Student Parliament News

Birthday Buckets



Have you seen the weather forecast for the next few weeks? It is going to be so hot, and Year 6 know the perfect way to keep you cool!

Order a Birthday Bucket and be spoilt with a card, stickers, a birthday song and a Quelch ice block to share with your classmates and teacher as you celebrate turning a year older.

Order your \$20 Birthday Bucket at the office. We can't wait to surprise you with your special birthday delivery.

Year 6



This week we officially launch Year 6's
newest fundraiser
'THE BIRTHDAY BUCKET!'
Fundraising that helps Year 6 students and you!

BIRTHDAY BUCKETS!

1x Quelch ice
block for
everyone in
your class.



\$20

A birthday
card from
your teacher
and
classmates.

A Happy
Birthday
balloon and
sticker for
you to keep.

A special
birthday song
and dance for
you, performed
by Year 6

Place your **order at the front office or online a week prior** to your child's birthday for an exciting delivery of a Birthday Bucket to your child's classroom so he/she can celebrate with classmates.

NOTE: Advance booking is required- last minute orders will not be accepted.

Birthday Bucket Order

Name: _____ Class: _____

Date of Birthday Bucket Delivery: _____

\$20 cash is enclosed

\$20 payment has been paid online. Receipt Number: _____

Signed: _____ Date: _____