

# Penshurst West **Public School** Newsletter

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TERM 2, WEEK 10 June 2017

### From The Principal's Desk

Parent Tomorrows Teacher interviews are an important opportunity for parents to meet with teachers and discuss the progress that their child has made in class this semester. Interviews are only ten minutes and should you need a longer interview, this can be arranged for another day/time.

On Thursday the school will hold is Jump Off Day for Jump Rope For Heart. Our families have done a wonderful job of fundraising and supporting the Heart Foundation. Friday is the last day of Term 2. Teachers will return to school on Monday 17<sup>th</sup> July for a Professional Learning Day. Students will then return on Tuesday 18<sup>th</sup>. Please don't forget the Athletics Carnival across the road at Olds Park on Wednesday in the first week back. Many parents would have seen the recent announcement for Funding of Public School Infrastructure. We have been identified for a school

upgrade, not a new school. This

will mean that the school will get some new classrooms to replace the temporary rooms that were built 60 years ago. The date of this work is yet to be announced. It is Penshurst Public which will have a new school built.

### Ultimo Dance

This year one of our students, Lili C- Yr 6, auditioned successfully to be part of the State Primary Dance Ensemble School. Last week she performed at the Ultimo Dance Festival. The ensemble performed a contemporary piece titled 'Synesthete'

be Lily will performing in the School Spectacular later this year. Our students from the various groups will have the opportunity

Dance attend a matinee performance of the School

Spectacular and support Lili.

### The Cyber Lady

The school has made a booking for

presentations to Year 3/4 and 5/6 **Session Includes:** 

- · Basic cyber security scams, Viruses, fake apps, passwords
- Online privacy & safety social media, gaming & messaging
- Identifying online fakes and predators
- · Keeping it real! Real friends, no oversharing
- · Being respectful online, sharing appropriate content
- · Cyber bullying, don't be one, don't tolerate one!
- · Balancing screen time and getting help

The Cyber Safety Lady's talk to students is not only informative entertaining but also interactive. Her positive approach to technology, social media and gaming means she encourages students to use all these technologies (when age appropriate) wisely and with full understanding of the safety and privacy settings available.

There is also a Parent Workshop in the evening. This is an extremely valuable opportunity for our community and I hope that you consider attending this workshop. Additional information is available on page 7 of the newsletter.

Mark on the Calendar. Cyber Safety Talk 6 September 2017 6pm

### Play Day Performance

Last Thursday our Drama group headed off to Bankstown to perform their Drama piece which was created for Play Day. The only audience were the students of schools that had also participated in Play Day. They had a great time and their performance was well received. The group also performed for our school students in the afternoon. Here are a couple of photos from the scenes.





### **Gold Award Recipients**

The school has organised its reward for students who achieved their gold award this semester. A special Incursion for these students has been organised for Wednesday 28<sup>th</sup> June involving the Claymation DigiEd animation program. The students will be able to make group movies which they can then take home. Students received a permission note last week. The subsidised cost is \$10.00. (Normally \$38.00)

### **Sports In Schools**

Our annual program of Sports In Schools will commence in Term 3 on Wednesdays. This program delivers a PE/Athletics program to all students K-6. Like our successful Gymnastics and Jellybeans Music program this is an extracurricular program costing \$4.50 per week a total cost of \$45.00 per child.

A Permission note has been included with this newsletter.

### Athletics Carnival 19 July

Our annual carnival approaching. You will received a note about the Sports in Schools Program for Term 3. As part of their program in the first week, Sports in Schools will assist us with the Athletics Carnival. There are in fact two carnivals on the day. The 3-6 Athletics carnival and our K-2 carnival. Separate notes are coming home for both Parents are carnivals. welcome to join us on the day. All events will be held across the road at Olds Park.

### NAIDOC Week Aboriginal Performance

This year's National Theme for NAIDOC Week (National Aborigines and Islanders Day Observance Committee) is "Our Languages Matter" with a focus on the importance, resilience and richness of Aboriginal and Torres Strait Islander languages.

NAIDOC Week will be celebrated on Tuesday 1st August at our school and we will host a visit of Aboriginal performers from the Maluerindi Clan. They will conduct workshops for our students about traditional Artefacts, Storytelling and Indigenous Games. The day will conclude with a Dance Performance for the whole school.

This will be a great opportunity for our students to learn about different aspects of Aboriginal and Torres Strait cultural heritage and the important position the 'First Australians' hold in our society.

During this week, there will be a range of other activities which will help our students further understand and appreciate the rich heritage of the Aboriginal and Torres Strait Islander Australians.

Further information about these exciting activities will be communicated closer to the above date.

Mrs Lopes, Miss Mackie and Mr Stelzer.

# Stage 3 Canberra / Snow Excursion

The Stage 3 excursion is approaching and even though it is in August the date will draw near very quickly. I am sending home with our 62 students attending the excursion, a medical information form which needs to be completed. Updated information will be required closer to the actual excursion date.

The students will visit Parliament House, The War Memorial, Government House and Questacon. They will also have a full day in the snow with a morning ski lesson booked for all students. With the cold weather and a positive forecast the snow should be excellent by the time we arrive.



### PSSA Match Results 23/6/17

**Boys League** 

Girls Oz-Netball

**Boys Soccer** 

**Round Two** 

**Round Three** 

Round **Juniors** 

**Seniors** 

Juniors

9 - 7 Penshurst West 22-6

1-0

def by

Penshurst West

Penshurst West

Oatley West

def Oatley def by

**Seniors** 

9 - 8

**Seniors** 

Juniors

32-7

Peakhurst 7 - 1

Penshurst West

Penshurst West

Penshurst West

def

def

def

Oatley West

Oatley

Peakhurst

Silver Awards			
Ethan L	Jordan H 1/2A		
Liam J 1/2C	Lucas P 1/2H		
Jorja Y 1/2A	Leo X 1/2C		
Alex P 1/2H	Zsmobor K 1/2A		
Loewe Y 1/2H			
Lina T 1/2A	Patrick J KB		
Luke Reed 5/6A	Noah A 5/6S		
Samara C 5/6S	Vivian T 5/6S		
Kobi D 5/6A	Max S 5/6S		
Dongha K KY	Cruz M KY		
Kawthar A KY	Luke M 3/4F		
Tyerra T 3/4A	Atticus 3/4A		
Aastha S 3/4A	Emily G 3/4A		
Sam A 3/4A			
Gold			
Lucas P 1/2H	Liam J 1/2C		
Layla A 5/6S	Annais R-L 3/4S		
Kobi D 5/6A	Max S 5/6S		
Luke R 5/6A	Natasha H 3/4S		
Mackenzee S 3/4S			
School Medal			
Max S			

### Jump Rope For Heart



Jump Rope for Heart Fundraising and Sponsorship Forms need to be brought to the Office by Thursday.

Our Jump off Day is on Thursday 29/06/17. We are going to have a red mufti day to support the Heart Foundation and try to reach our target of \$4000.

Come dressed in red with your joggers on Thursday for the Jump off Day.

# **Play Day Performance Photos**



# **Play Day Performance Photos Continued**





Remember to keep sharing our Fete Facebook page and like our posts.

www.facebook.com/pwps 60th year anniversary fete

### YOUR CONTRIBUTIONS

A big thank you to all the families that dropped donations to the office for our Spin & Win wheel.

### We are now collecting for the 2<sup>nd</sup> Hand book & DVD stall

Bookshelf clean out time.......... Need to make more space for new books & DVDs?

We are seeking children's / fiction / non-fiction books and DVDs to stock our 2<sup>nd</sup> hand book & DVD stall. We'd really like them to be in good condition and DVDs to have no scratches.

### All donations can be left at the school office.

### **Plastic Bags**

Please start saving your clean plastic shopping bags. We'll need these to be able to offer our customers bags to put their purchases into. They can be dropped at the school office the week of the fete.

### **VOLUNTEERS NEEDED**

Would you like to assist at the fete?

There will be signup sheets at the parent / teacher interviews, but you can sign up on via www.signupgenius.com/go/5080e4ea4a929a0fe3-penshurst

### **DONATIONS RECEIVED FROM**

Our donation list is growing......

Please remember to support the local businesses that are supporting our Fete.

- Verve Portraits <u>www.verveportraits.com.au</u>
- Sydney FC <u>www.sydneyfc.com</u>
- Aegean Blue Café, Mortdale
- Wishbone Chicken, Mortdale
- The Cupcake Room <u>www.thecupcakeroom.com.au</u>
- 3 Bridges Community radio 2NBC FM 90.1 <u>www.radioau.net/2nbc-fm</u>
- Chicken Little, Westfields Hurstville
- Blair's Tyres, Peakhurst
- Deanna Cirino Brows
- Short Black Espresso Bar, Penshurst

**PBIS** Week 9: Effort



Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 10 Term 2	26/6	27/6 Jellybeans Music K-2	28/6 Gymnastics 3-6 Parent Teacher Interviews 2.20 – 6.50pm	29/6 Jump off Day Mufti Day – Dress in Red	30/6 PSSA Season 2 Last Day Term 2 Peer Support
Week 1 Term 3	17/7 Staff Development Day	18/7 First Day of Students	19/7 Sports In Schools K-6 Athletics Carnival – Olds Park	20/7	21/7 PSSA Rnd 6 Peer Support
Week 2 Term 3	24/7	25/7	26/7 Kindergarten Farm excursion	28/7	29/7 PSSA Rnd 7 Peer Support
Week 3 Term 3 Education Week	31/7 Education Week Open Day	1/8 Aboriginal Performance ICAS English	2/8	3/8 Education Week Performances at Rockdale Plazza	4/8 PSSA Rnd 8
Week 4 Term 3	7/8	8/8 SPAF Performance	9/8 SPAF Performance	10/8	11/8 PSSA Rnd 9
Week 5 Term 3	14/8 Stage 3 Camp Canberra and Snow	15/8 Camp	16/8 Camp	17/8	18/8 PSSA Finals <u>FETE Sat 19</u> Library Book Fair Open
Week 6 Term 3	21/8 Book Fair open District Athletics Field events	22/8	23/8	24/8	25/8
Week 7 Term 3	28/8	29/8	30/8	31/8	1/9
Week 8 Term 3	4/9	5/9	6/9 Kindergarten Orientation Parent - Cyber safety Presentation 6.00 pm	7/9	8/9 Sat Council Election The Cyber Lady
Week 9 Term 3	11/9	12/9 Interrelate 6pm where did I come from. 7.15 Preparing for Puberty \$25 1 session \$30 both	13/9 Grand Parents Day	14/9 2018 Kinder Start program	15/9 Season 3 PSSA



AT MORTDALE COMMUNITY CENTRE

Clothes - Jewelry - Art & Craft - Food - Fashion Soaps - Candles - Henna - Raffles & Freebies



For more details visit - www.ssia.org.au

## ALL ARE WELCOME

Kids entry is Free. Gold coin donation at entry for Adults

# The Cyber Lady

The School is hosting a Cyber Safety inservice. The Program will be run for students 3-6 during the day and a special Parents workshop will be run in the evening. This is a valuable opportunity to get an expert to answer your questions and concerns and help protect your children from potential online danger. The cost per adult is \$7.00.

# FOR EDUCATORS & PARENTS Raising Responsible Digital Citizens!

6 Steps To Empower Our Kids To Be Responsible Online

Time: 60min - 90min Presentation

Note: This presentation is for adults only - suitable for parents/teachers with children of all ages.

### Session Incudes:

- · Advice on the latest Apps & platforms students are using
- · Advice for over sharing, cyber bullying, sexting & balanced screen time
- · Safer options for messaging, social media, video apps, & gaming
- · Online privacy and digital reputation tips and settings
- · Protecting your child from viewing adult content
- · Parental control options for supervising/protecting your child online
- · Resources where to go for help



This presentation will help parents and educators to get up to speed with what our children and students are doing online. Whilst some of Leonie's tips are technical, her down to earth approach to raising digital native children means, you will come away from this engaging talk with lots of practical ideas and resources for improving your families experience with digital technology. No limit on attendee numbers.

Please complete the booking sheet below and return it to the school to ensure you have a seat at this presentation. Don't Miss out.			
	seat/s for the "Cyber Safety Lady" ¡ Number)	presentation on 8 <sup>th</sup> September 2017.	
	t the presentation will be held in the sch a payment of \$7.00	nool Library starting at 6.00 pm.	
Name	, Child's Name This is so we can confirm your be	<del></del>	



# CAILDREN AGED 3-6

Helping all children develop a love for lifelong learning. A preschool for everyone.



# **ENROL NOW FOR 2018!**

- High staff/child ratio (4 staff to a maximum of 21 children) with professional and qualified teachers to support learning and development.
- A caring and nurturing environment a gentle introduction to preschool and learning away from home.
- Prepares children for their transition to school
- Preschool hours 8am 4pm during school terms @ 12-14 Pindari Road, Peakhurst.



CALL NOW on (02) 8525 8230 for more information & application form Email preschool@learninglinks.org.au



# FITNESS KARATE & Flexercise

# Welcome to F K F

We sincerely believe that every person should be trained both mentally and physically in order to achieve a well balanced lifestyle and fitness level. We are a not-for-profit group who do our best to promote fitness within the community.

# FITNESS KARATE

Group Exercises in Karate & Self Defence, with the focus primarily on Fitness Tuesday & Friday 7:00pm – 8:30 pm







# FITNESS Flexercise

Exercises to improve overall Flexibility & Muscle Tone

Monday & Thursday 7:00pm - 8:30 pm





Training is held at the Penshurst West Public School hall, corner Scott Street & Forest Road, Mortdale NSW 2223

Interested? Then contact ROBERTO on

0458 207 991 or robertofkf@bigpond.com

### **Student Absence Slip 2017**

Please return this slip to your child's teacher the day your child returns to school.

Dear	(teacher's name)	
	, of Clas to because	
Signed:	Print Name:	Date:
X	Student Absence Slip 2	
	Please return this slip to your child's teacher the do	ay your child returns to school.
Dear	(teacher's name)	)
My child,	, of Clas tobecause	s was absent from school from
	Print Name:	Date:
<b>×</b>		
	Student Absence Slip 2	
	Please return this slip to your child's teacher the do	
Dear	(teacher's name)	
	, of Clas to because	s was absent from school from
Signed:	Print Name:	Date:
~~	Student Absence Slip 2	017
	Please return this slip to your child's teacher the do	ay your child returns to school.
Dear	(teacher's name	)
	, of Clas to because	
	Print Name:	

### Sports In Schools Australia (SISA) Program

The school has engaged the company 'Sports in Schools Australia' to deliver an exciting and effective approach to PE and Athletics

This program fits very well with our goals of having all students involved in physical activity and provides a wealth of resources that schools could not possibly hope to have. Last year parents and students provided many positive comments about the program and how it enhanced the Athletics Carnival.

All students will participate in the two lessons, on July 19, Wednesday (week 1) and July 26, Wednesday (week 2). Payment for the term of \$45 per student must be received at the office to continue to participate from Week 3 onwards. A discount is offered by the company of ½ Price to the third child and free for the fourth child.

Families who are experiencing difficulty are invited to speak with Mr Angus as financial support is available for this activity.

Those students who are not involved with the SISA program will work through activities with a teacher.

The Program runs all term with each lesson held on a Wednesday for 45 minutes. Week 10's Lesson will be included with the Athletics Carnival which is held Week 1 allowing the additional staff to support the Carnival as was the case for the last two years. Please complete the permission note below, indicate the child's name and class and send it to the office with the payment. Please include all siblings on the one note to make it easier to provide the family discount.

Please return the permission note before Friday 28<sup>th</sup> July 2017. If there is no payment by this date your child will not be able to participate in the program.

Yours	Sincere	ly
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Ross Angus Principal Penshurst West Public School

\_\_\_\_\_\_

### Permission Note – Sports in Schools Australia Program

Please return the permission note before Friday 28 July 2017. If there is no payment by this date your child will not be able to participate in the program.

I give permission for my child/ren to participate in the Sports in Schools Australia program which will focus on PE and Athletics skills.

Eldest child	_ Class	Cost \$ 45.00
Sibling	Class	Cost \$ 45.00
Sibling	Class	Cost \$22.50
Sibling	Class	Free
Total Payment Enclosed \$		
Parent Name Pare	ent Signature	Date

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### **ATHLETICS CARNIVAL- Years 3 - 6**

Wednesday 19th July 2017

Our Annual Athletics Carnival will be held on **Wednesday 19<sup>th</sup> July 2017** at Olds Park.

Primary children should wear sports uniform with an appropriate coloured House T-shirt (colours as listed below) and should assemble in the House areas **on the oval at Olds Park by 9:30am.** 

Any child who is dropped directly to school is to wait in the playground. They will cross the road with the K-2 students at 9:30am.

In case of wet weather, children should assemble at school prepared for normal lessons. A decision as to the postponement of the Carnival will then be made at some stage of the morning.

During the carnival, students will need to sit with their Sports Houses to ensure that they do not miss their events. All children MUST have a hat and sunscreen that will need to be reapplied during the day.

Family members are most welcome to join us at Olds Park. If time permits, please come along and support your children.

All children and spectators will need to bring morning tea and lunch (including plenty of drinks). A sausage sizzle will cater for those that wish to purchase something to eat. More information on this will be in the newsletter prior to the carnival.

If parents wish to take their child/children home directly from the park, please inform their class teacher. You will be required to sign children out so that we have accurate information recorded on Class Lists. If a request is made to take someone else's child home then written permission will need to be presented from the child's parent or caregiver.

Parental assistance in judging and marshalling would be appreciated to assist in the smooth running of the carnival. Please see Mr McGuinness if you are able to help on the day.

We look forward to seeing as many spectators as possible.

### Age Categories

Juniors (8, 9, & 10 year olds) - Born 2007 - 2009 11 Yrs— Born 2006 Seniors (12/13 year olds) - Born 2004, 2005

### Greg McGuinness

Carnival Organiser

### **House Colours**

Bradman Blue Cuthbert Yellow Fraser Red

Ross Angus

Principal

# ATHLETICS CARNIVAL- Kindergarten—Year 2 Wednesday 19th July 2017

Dear K - 2 Parents

Our **Annual Athletics Carnival** for K-6 students will be held at Olds Park on Wednesday 19<sup>th</sup> July 2017. Suitable attire for the younger children would be school uniform, tracksuit, appropriate coloured house T-Shirt, shorts, socks, hat and sun screen.

Students across K-6 have been organised into 3 Houses. If your child has an older sibling they are in the same house. Your child will inform you as to his/her house name and colour.

Bradman - Blue

Fraser - Red

Cuthbert - Yellow

K-2 children should come to school and assemble in our playground as normal and line up when the morning bell rings. At 9.45am all Kindergarten, Year 1 and Year 2 students will be supervised crossing the road by class teachers, so that we may join the remainder of the school. It is hoped that the carnival will begin at 10am.

Throughout the day, younger children will participate in Grade Races and Novelty Events. After lunch students will participate in Tabloid activities. Students need to sit with their Sports Houses to ensure that they do not miss their events. We will return to school by 3.00pm so that children can go home at the normal time of 3.25pm. If parents wish to take their child/children home directly from the park please inform their class teacher. You will be required to sign children out so that we have accurate information recorded on Class Lists. If a request is made to take someone else's child home then written permission will need to be presented from the child's parent or caregiver. Sport In Schools Australia will be there to help with the carnival and to provide equipment for the day as part of the school programs.

All children and spectators will need to bring morning tea and lunch (including plenty of drinks).

Children in Year 2 who were born in 2009 and wish to try out for the District Carnival can run in the 8 years age race with those children in Year 3. This option is available for children who excel at running. They will participate in all other Infants Carnival events. <u>Interested</u> children should let Mrs Paul know by Friday 30<sup>th</sup> June so that they can be included.

Parents and friends are most welcome to join us at Olds Park on Wednesday. Parental assistance in judging and marshalling would be appreciated to assist in the smooth running of the carnival. Please see Mrs Paul if you are able to help on the day. If time permits please come along and support your children. We look forward to seeing you there.

Lauren Edwards and Liz Paul K-2 Athletics Carnival Coordinators Ross Angus Principal

## When kids ask "the" questions...

# Interrelate has the answers!

Interrelate's high-quality Sexuality and Relationship Education program is coming to your school!

With over 90 years' experience in this field, Interrelate has a reputation for providing excellence in sexuality and relationship education. Today, over 40,000 students and family members participate in Interrelate School and Family programs each year.

Many parents find it hard to discuss questions relating to sexuality education. We know how to help break the ice. Interrelate programs are interactive and family focused, and are conducted by highly trained and experienced educators, who adhere to a strict code of ethics.

Session I: Where did I come from? (1 hour session - Year 3-6)

This session educates children more about how their bodies work and the differences between males and females, including their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: Preparing for puberty (1 hour session - Years 5-6; Years 3-4 at parent's discretion)

This session prepares children and parents/caregivers for the physical, social and emotional changes associated with puberty, and addresses changing emotions and relationships with families and peers.

Interrelate School Services presents

### a special evening program

Family cost: 1 session \$30 perfamily | 2 sessions \$35 perfamily Please note that this cost is GST inclusive

Please note that this cost is GST inclusive			
Where:	PENSHURST WEST PUBLIC SCHOOL		
When:	Tuesday 12th September 2017		
Time: v	Where did I come from? 6:00 pm SHARP Preparing for puberty 7:15 pm		
s	specialty books are available for purchase on the night		
Plea	se complete and return to the school office, with payment in an envelope labelled with child's name and class		
	a special evening program		
Name of fa	mily:		
No. attendi	ing: Session 1: Where did I come from? Session 2: Preparing for puberty		
Amount enclosed: \$			
I have made an online payment to my school. My receipt no.			
OR	Eftpos Cash Cheque (payable to the school) Credit card (if accepted by school)		
Credit card	Inumber:/Expiry date:		
CCV (3 digi	its on the reverse of the card): Amount:		
Name on ca	ard:		
Signature:			



Tel: (02) 8882 7875 | Fax: (02) 8882 7890

schoolservices@interrelate.org.au www.interrelate.org.au



www.penshurstw-p.schools.nsw.edu.au Email penshurstw-p.school@det.nsw.edu.au Cnr Scott St and Forest Rd, Mortdale 2223 Phone 9570 4602 Fax 9580 6371



### **Athletics Carnival Sausage Sizzle**

Wednesday 19th July 2017

Our Annual Athletics Carnival will be held on Wednesday 19th July 2017 at Olds Park.

A pre-ordered sausage sizzle lunch will be available on the day.

If interested in ordering a sausage for lunch on the day please fill out the tear off slip below and return it with the money to the office by <u>Friday 30<sup>th</sup> June</u>. (*last day Term 2*)

The cost of a sausage on bread is \$3.00

All students in the one family can be ordered on one tear off slip.

### **Athletics Carnival Sausage Sizzle**

Wednesday 19th July 2017

I wish to order a sausage sizzle for my child/children.

Name	Class	Number of sausages
Name	Class	Number of sausages
Name	Class	Number of sausages

Total Amount of Money enclosed is \$\_\_\_\_\_