



Penshurst West Public School Newsletter

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TERM 3, WEEK 2 July 2017

From The Principal's Desk

Welcome back to Semester Two of the school year. There are many events and activities on during this time of year and I hope you will take the opportunity to take part in them. Last week we saw the Annual Athletics Carnival held with both the K-2 and 3-6 students competing and having fun. Thank you to the many parent helpers who volunteered their time on the day. It made the carnival even more special for our students. Next week our school will celebrate Education Week, "I Learn We Learn" is the theme of Education Week this year. Our Open Day this year is on Monday 31st July 2017. We will also have performances at Rockdale Plaza on Thursday 3rd August from 10:30am. I hope that you have the opportunity to join us at one or both of these events.

#EDWEEK17

I LEARN.

WE
LEARN.

Spectators to PSSA Sport

Georges River PSSA, like all PSSA Districts, has a code of conduct for students and for spectators. PSSA provides an opportunity for children to play sport against other schools under the education banner and away from the competitive nature of weekend sport. It is strongly built on the foundation of giving all students the opportunity to grow and we at Penshurst West Public School believe in trying to give all our students the opportunity to develop. Please refrain from comments about students' abilities or umpiring by staff of any schools.

Sports In Schools

Our annual program of Sports In Schools will commence in Term 3 on Wednesdays. This program delivers a PE/Athletics program to all students K-6. Like our successful Gymnastics and Jellybeans Music program this is an extracurricular program costing \$4.50 per week, a total cost of

\$45.00 per child.

A Permission note has been included with this newsletter.

NAIDOC Week

Aboriginal Performance

This year's National Theme for NAIDOC Week (National Aborigines and Islanders Day Observance Committee) is "Our Languages Matter" with a focus on the importance, resilience and richness of Aboriginal and Torres Strait Islander languages.

NAIDOC Week will be celebrated on Tuesday 1st August at our school and we will host a visit of Aboriginal performers from the Maluerindi Clan. They will conduct workshops for our students about traditional Artefacts, Storytelling and Indigenous Games. The day will conclude with a Dance Performance for the whole school.

This will be a great opportunity for our students to learn about different aspects of Aboriginal and Torres Strait cultural heritage and the important position the 'First Australians' hold in our society.

During this week, there will be a range of other activities which will help our students further understand and appreciate the rich heritage of the Aboriginal and Torres Strait Islander Australians.

Further information about these exciting activities will be communicated closer to the above date.

Mrs Lopes, Miss Mackie and Mr Stelzer.

The Cyber Lady

The school has made a booking for presentations to Year 3/4 and 5/6

Session Includes:

- **Basic cyber security - scams, viruses, fake apps, passwords.**
- **Online privacy & safety - social media, gaming & messaging.**
- **Identifying online fakes and predators.**
- **Keeping it real! Real friends, no oversharing.**
- **Being respectful online, sharing appropriate content.**
- **Cyber bullying, don't be one, don't tolerate one!**
- **Balancing screen time and getting help.**

The Cyber Safety Lady's talk to students is not only informative but also entertaining and interactive. Her positive approach to technology, social media and gaming means she encourages students to use all these technologies (when age appropriate) wisely and with full understanding of the safety and privacy settings available.

There is also a Parent Workshop in the evening. This is an extremely valuable opportunity for our community and I hope that you consider attending this workshop. Additional information is available on [page 7](#) of the newsletter.

Mark on the Calendar. Cyber Safety Talk 8 September 2017 6pm

Stage 3 Canberra / Snow Excursion

The students attending the Stage 3 excursion brought home several notes last Friday. Please ensure the returned section is fully completed and given into the office. The times of departure and return along with the itinerary, what to pack and other information was all in the notes.

District Athletics Carnival

This year's District Athletics Carnival will be held on Monday 14th August for Track events and Monday 21st August for Field Events. Permission notes for students who were selected for the School Athletics Team will be coming home in approximately a week's time. However Stage 3 students have their excursion to Canberra and the Snow on the same date. As you are aware this excursion has been booked for a long time and the clash is unavoidable. Year 5/6 students going to Canberra and the Snow will therefore be unable to attend the field events on the 21st August. For all other students who have been selected, the carnival will go ahead as per normal.

Staff Leave

Mr McGuiness is on leave for this week and the next week. Miss Nakkan is taking the Library lessons.

Mr Cork will be on leave from 7th August until 25th August. 5/6C during this leave until 25th August.

Miss Hancock will be on leave from 7th August. The extension program will be on hold during this period.

Debate Team

Congratulations to our Debate team who yesterday competed against Bexley in the Quarter Finals for the Sydney Primary Schools Debating Competition. Although strong arguments were presented by both teams, on this occasion Penshurst West was defeated.

NRL Gala Day Final

Yesterday afternoon also saw the successful NRL Gala team



compete in their Final against Christian Brothers Lewisham.

This team has won the competition for the last ten years. However Penshurst West Public School has brought that run to an end with a golden point win. Congratulations boys and Miss Andreacchio.



Kinder Farm Excursion - tomorrow.

Stage 3 Notes for Camp due back as soon as possible.

PSSA Match Results 21/7/17

Boys League

Round Two

Juniors

Bye

Penshurst West

Seniors

Bye

Penshurst West

Girls Oz-Netball

Round Three

Juniors

18-3

Penshurst West

def

Peakhurst West

Seniors

41 - 3

Penshurst West

def

Peakhurst West

Boys Soccer

Round

Juniors

6 - 0

Penshurst West

def

Hurstville South

Seniors

2 - 1

Penshurst West

def

Hurstville South

Silver Awards

Luka.B 3/4F	Emma S- KY
Sam S 5/6A	Lillian M - KY
Emilyn A 3/4F	Zac S 5/6S
Jay S 3/4A	Cristian H KB
Sam S	Grace W 1/2A
Suezanne K 1/2C	Elijah G 1/2A
Chloe L 1/2C	
Gold	
Jay S 3/4A	Samara C 5/6S
Angus D 1/2H	Siddharth G 1/2A
Dylan E 1/2C	Jordan H 1/2A
School Medal	
Max S 5/6S	Samara C 5/6S

Parent Fun at the Carnival

Thank you for making the day so great by getting involved.





PWPS 60th Anniversary Fete & Open Day Update

Remember to keep sharing our Fete Facebook page and like our posts.

www.facebook.com/penshurstwest60thanniversary

3 weeks until Fete Day!

YOUR CONTRIBUTIONS

A big thank you to all the families that have dropped donations to the office for our 2nd Hand Book & DVD stall. We are still collecting if you did a tidy up of your bookshelves over the holidays.

We are now collecting for the food items for our Spin & Win Wheel.

We are looking for kids and adult prizes. Here are some ideas....

Kids Prizes: We are asking families to donate a bag of lollies such as jelly beans, smarties, snakes, mixed soft lollies, lollipops, wrapped lollies etc.

Adults Prizes: Please donate an item in a bottle eg. gourmet vinegar, gourmet olive oil, chutney, chocolates etc.

All donations can be left at the school office.

Plastic Bags

Please start saving your clean plastic shopping bags. We'll need these to be able to offer our customers bags to put their purchases into. They can be dropped at the school office.

We need your marquee & trestle tables

Approximately 12 marquees and 37 trestle tables are required. If you have a 3m x 3m or 6m x 3m marquee can we please borrow it? We have all the trestle tables we need, but are **still after 4 more marquees**. All items will be returned in good condition.

It would be appreciated if you could drop off the week of the fete, and pick up the week after. If you need someone to collect please let us know and we can organise pick up. All marquees and trestle tables are required before the date of the fete.

Thank you to everyone that has already said they'd loan us a marquee or trestle table. You are saving us a small fortune, which means more profits on the day. 😊

Contact Karla on karla.franklin@intimo.com.au if you have a marquee we can borrow.

RAFFLE TICKETS

All students would have had raffle tickets sent home last week. Tickets are \$2 each.

For each fully paid raffle book remember to complete the bottom of the information sheet to ensure that your child is entered into the GOLDEN TICKET draw.

Remember to offer raffle tickets to family / friends / neighbours & work colleagues. Additional raffle books can be collected from the school office.

All tickets need to be **returned** to the school office by **Monday, 14th August**.

VOLUNTEERS NEEDED

We are still looking for volunteers. Are you able to assist? We'll be listing the remaining stalls/times on the PWPS Fete FB page.

If you missed out on signing up at the Parent / Teacher interviews you can sign up online via www.signupgenius.com/go/5080e4ea4a929a0fe3-penshurst or on the sign-up sheets in the school office.

Greg Briscoe Hough is organising the letterbox drop. We have 9,000 A5 flyers that will be delivered around the local area.

If you can spare a few hours over the weekend of the 5th/6th August please contact Greg at gjbh@optusnet.com.au

Fete Banner design by Students of PWPS



DONATIONS RECEIVED FROM

Our donation list is growing and growing.....

Please remember to support the local businesses that are supporting our Fete.

- Verve Portraits – www.verveportraits.com.au
- Sydney FC – www.sydneyfc.com
- Aegean Blue Café, Mortdale
- The Cupcake Room – www.thecupcakeroom.com.au
- 3 Bridges Community radio – 2NBC FM 90.1 – www.radioau.net/2nbc-fm
- Chicken Little, Westfields Hurstville
- Blair's Tyres, Peakhurst – www.blairstyres.com.au
- Deanna Cirino Brows
- Short Black Espresso Bar, Penshurst – www.shortblackpenshurst.com
- Frameshop, Roselands – www.frameshop.com.au
- Bluefit – www.bluefit.com.au
- Sydney Kings – www.sydneykings.com
- Socceros – www.socceros.com.au
- The Outside Edge Picture Framing – www.outsideedge.com.au
- Captain Cook Cruises – www.captaincook.com.au
- The GamesMen – www.gamesmen.com.au
- Mitre 10 Peakhurst – www.mitre10.com.au
- Bankstown Sports Club – www.bankstownsports.com
- Mortdale Massage Clinic
- Martino's Unisex Salon, Mortdale
- Chrystalla Hair, Penshurst – www.chrystallahair.com.au
- Charlie Lovett's Peakhurst – www.charlielovett.com.au
- Pancakes on the Rocks, Beverly Hills – www.pancakesontherocks.com.au
- Maria's Fresh Flowers, Padstow – www.padstowfreshflowers.com.au
- Eddies Lebanese Eatery, Mortdale – www.eddieslebaneseeatery.com.au
- Nara Lounge, Hurstville – www.naralounge.com.au
- Olds Park Sports Club – www.oldsparksportsclub.com.au
- The Italian Bowl, Newtown – www.theitalianbowl.com.au
- Manhattan Superbowl, Mascot – www.manhattansuperbowl.com.au
- Gracefully Fit Yoga – www.gracefullyfit.com.au
- BWS Mortdale – www.bws.com.au
- SG Hair, Penshurst – www.sghair.com.au
- Football Federation of Australia – www.footballaustralia.com.au
- Instyle Living, Caringbah – www.instyleliving.com.au
- Vagabond Cruises – www.vagabond.com.au
- Little Kickers St George – www.littlekickers.com.au
- Punchy's Training & Nutrition – www.punchys.com.au
- Bluefit – Hurstville Aquatic Leisure Centre – www.hurstvilleaquatic.com.au
- Campsie Bowling Club – www.campsiesouth.com
- TJ's Coffee House, Penshurst
- Lori's Home Cooking – www.lorishomecooking.com.au
- Mortdale Wholesalers
- Fashion Nail & Foot Spa
- Chipmunks Playland, Bankstown – www.chipmunks.com.au
- Flipout Punchbowl – www.flipout.net.au
- Penshurst Pharmacy

- Col Jones Swim Fitness – www.coljoneswimfitness.com.au
- IGA Peakhurst – www.iga.com.au
- Events Cinema – www.eventcinemas.com.au
- The Barra, Mortdale
- P&P Press Pty Ltd – www.pppress.com.au
- Lugarno Lions – www.lugarnolions.org.au
- Barcode Australia Pty Ltd – www.bca.co
- Cricket NSW – www.cricketnsw.com.au

Action out on the Track



PBIS Week 10: Respect



Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 Term 3	17/7 Staff Development Day	18/7 First Day of Students	19/7 Sports In Schools K-6 Athletics Carnival – Olds Park	20/7	21/7 PSSA Rnd 6 Peer Support
Week 2 Term 3	24/7	25/7	26/7 Kindergarten Farm excursion	28/7	29/7 PSSA Rnd 7 Peer Support
Week 3 Term 3 Education Week	31/7 Education Week Open Day 10.30am	1/8 Aboriginal Performance ICAS English	2/8	3/8 Education Week Performances at Rockdale Plaza	4/8 PSSA Rnd 8 Drama Performance Ultimo Festival- NIDA theatre.
Week 4 Term 3	7/8	8/8 SPAF Performance	9/8 SPAF Performance	10/8	11/8 PSSA Rnd 9
Week 5 Term 3	14/8 Stage 3 Camp Canberra and Snow District Athletics events	15/8 Camp	16/8 Camp	17/8 Book Fair open	18/8 PSSA Finals FETE Sat 19 Library Book Fair Open
Week 6 Term 3	21/8 District Athletics events	22/8	23/8	24/8	25/8
Week 7 Term 3	28/8	29/8	30/8	31/8	1/9
Week 8 Term 3	4/9	5/9	6/9 Kindergarten Orientation	7/9	8/9 Sat Council Election The Cyber Lady 6pm
Week 9 Term 3	11/9 Swim Scheme	12/9 Interrelate 6pm where did I come from. 7.15 Preparing for Puberty \$25 1 session \$30 Swim Scheme	13/9 Grand Parents Day Swim Scheme	14/9 2018 Kinder Start program Swim Scheme	15/9 Season 3 PSSA Rnd 1 Swim Scheme
Week 10 Term 3	18/9 Swim Scheme	19/9 Swim Scheme	20/9 Swim Scheme	21/9 Swim Scheme	22/9 Last Day Term 3 PSSA Rnd 2 Swim Scheme



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www.penshurstw-p.schools.nsw.edu.au

24 July 2017

WHOLE SCHOOL ABORIGINAL INCURSION WITH THE MALUERINDI GROUP NAIDOC WEEK – “Our Languages Matter”

Dear Parents,

To celebrate NAIDOC week, the Maluerindi Group will be attending our school on Tuesday 1st August to present a comprehensive and entertaining learning experience. This will be a great opportunity for our students to learn about different aspects of Aboriginal and Torres Strait cultural heritage and the important position the First Australians' hold in our society.

Students will be involved in learning about and participating in:

- Aboriginal Artefacts
- Aboriginal Song and Dance
- Traditional Indigenous Games
- Aboriginal Storytelling

The day will conclude with a Dance Performance for the whole school.

During our NAIDOC week celebrations, students will participate in classroom activities that will further develop their understanding of Aboriginal and Torres Strait Islander culture and traditions.

This is a free event for all the children.

Students are welcome to come dressed in colours of the Aboriginal flag – yellow (sun), black (skin) and red (earth).

Mr Glen Stelzer, Mrs Lorena Lopes & Miss Jade Mackie
Organising Teachers

Mr Ross Angus
Principal

The Cyber Lady

The School is hosting a Cyber Safety inservice. The Program will be run for students 3-6 during the day and a special Parents workshop will be run in the evening. This is a valuable opportunity to get an expert to answer your questions and concerns and help protect your children from potential online danger. The cost per adult is \$7.00.

FOR EDUCATORS & PARENTS Raising Responsible Digital Citizens!

6 Steps To Empower Our Kids To Be Responsible Online

Time: 60min - 90min Presentation

Note: This presentation is for adults only - suitable for parents/teachers with children of all ages.

Session Includes:

- Advice on the latest Apps & platforms students are using
- Advice for over sharing, cyber bullying, sexting & balanced screen time
- Safer options for messaging, social media, video apps, & gaming
- Online privacy and digital reputation - tips and settings
- Protecting your child from viewing adult content
- Parental control options for supervising/protecting your child online
- Resources - where to go for help



This presentation will help parents and educators to get up to speed with what our children and students are doing online. Whilst some of Leonie's tips are technical, her down to earth approach to raising digital native children means, you will come away from this engaging talk with lots of practical ideas and resources for improving your families experience with digital technology. No limit on attendee numbers.

Please complete the booking sheet below and return it to the school to ensure you have a seat at this presentation. Don't Miss out.

Please reserve me _____ seat/s for the "Cyber Safety Lady" presentation on 8th September 2017.
(Number)

I understand that the presentation will be held in the school Library starting at 6.00 pm.
I have included a payment of \$7.00

Name _____, Child's Name _____ Child's class _____

This is so we can confirm your booking.

Do You Really Know Enough About Digital Technology To Protect Your Child?

Recent studies show that 70% of students are hiding their online behavior from their parents. This is why most parents feel their children are safe online. But are they?

Many parents either don't want to know what their children are up to online out of fear of what they might find out, or think because they (the parent) use social media and technology that they know enough to protect their children from harm online.

But did you know that children/teens use technology and apps very differently from the average adult? They share different content, and explore the internet in a way most adults do not. Scroll through your child's Instagram account one day and see what they see!

Don't wait till something goes wrong before you get up to date with your child's online world.

How Cyber Smart Are You...Really?

Quick quiz.

Where are the settings to filter out adult content on Google/YouTube?

Which apps are the worst for cyber bullying and most used by predators?

Where do you report Cyber Bullying?

Why do kids love Snapchat so much - is it safe?

Why is hiding your friend's list on Facebook essential, & how do you do that?

Best way to supervise your child online without spying?

What is the most effective way to get children to switch off?

How do you tell if an app is safe or not?

What are "Tumblr" "Kik" "Snapchat" and "Musical.ly" can they be used safely?

What is a #hashtag and why do you need to know?

If you can't answer these questions you probably don't know enough about cyber safety to really help protect your child online.

To find out the answers to these important questions you need to attend this "one of a kind" Cyber Safety talk. Leonie Smith "The Cyber Safety Lady" helps parents navigate through the digital minefield with up to date information on the latest online trends and apps.



FITNESS KARATE & *Flexercise*

Welcome to F K F

We sincerely believe that every person should be trained both mentally and physically in order to achieve a well balanced lifestyle and fitness level.

We are a not-for-profit group who do our best to promote fitness within the community.

FITNESS KARATE

Group Exercises in Karate & Self Defence,
with the focus primarily on Fitness

Tuesday & Friday 7:00pm – 8:30 pm



FITNESS *Flexercise*

Exercises to improve overall Flexibility &
Muscle Tone

Monday & Thursday 7:00pm – 8:30 pm



Training is held at the Penshurst West Public School hall,
corner Scott Street & Forest Road, Mortdale NSW 2223

Interested? Then contact **ROBERTO** on

0458 207 991 or robertofkf@bigpond.com

Student Absence Slip 2017

Please return this slip to your child's teacher the day your child returns to school.

Dear _____ (teacher's name)

My child, _____, of Class _____ was absent from school from _____ to _____ because _____

Signed: _____ Print Name: _____ Date: _____



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Sports In Schools Australia (SISA) Program

The school has engaged the company 'Sports in Schools Australia' to deliver an exciting and effective approach to PE and Athletics

This program fits very well with our goals of having all students involved in physical activity and provides a wealth of resources that schools could not possibly hope to have. Last year parents and students provided many positive comments about the program and how it enhanced the Athletics Carnival.

All students will participate in the two lessons, Wednesday, July 19 (week 1) and Wednesday, July 26 (week 2). Payment for the term of \$45 per student must be received at the office to continue to participate from Week 3 onwards. A discount is offered by the company of ½ Price to the third child and free for the fourth child.

Families who are experiencing difficulty are invited to speak with Mr Angus as financial support is available for this activity.

Those students who are not involved with the SISA program will work through activities with a teacher.

The Program runs all term with each lesson held on a Wednesday for 45 minutes. Week 10's Lesson will be included with the Athletics Carnival which is held Week 1 allowing the additional staff to support the Carnival as was the case for the last two years. Please complete the permission note below, indicate the child's name and class and send it to the office with the payment. Please include all siblings on the one note to make it easier to provide the family discount.

Please return the permission note before Friday 28th July 2017. If there is no payment by this date your child will not be able to participate in the program.

Permission Note – Sports in Schools Australia Program

Please return the permission note before Friday 28 July 2017. If there is no payment by this date your child will not be able to participate in the program.

I give permission for my child/ren to participate in the Sports in Schools Australia program which will focus on PE and Athletics skills.

Eldest child _____ Class _____ Cost \$ 45.00

Sibling _____ Class _____ Cost \$ 45.00

Sibling _____ Class _____ Cost \$22.50

Sibling _____ Class _____ Free

Total Payment Enclosed \$ _____

Parent Name _____ Parent Signature _____ Date _____

When kids ask "the" questions... Interrelate has the answers!

Interrelate's high-quality Sexuality and Relationship Education program is coming to your school! With over 90 years' experience in this field, Interrelate has a reputation for providing excellence in sexuality and relationship education. Today, over 40,000 students and family members participate in Interrelate School and Family programs each year.

Many parents find it hard to discuss questions relating to sexuality education. *We know how to help break the ice.* Interrelate programs are interactive and family focused, and are conducted by highly trained and experienced educators, who adhere to a strict code of ethics.

Session 1: Where did I come from? (1 hour session - Year 3-6)

This session educates children more about how their bodies work and the differences between males and females, including their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: Preparing for puberty (1 hour session - Years 5-6; Years 3-4 at parent's discretion)

This session prepares children and parents/caregivers for the physical, social and emotional changes associated with puberty, and addresses changing emotions and relationships with families and peers.

Interrelate School Services presents a special evening program

Family cost: 1 session \$30 per family | 2 sessions \$35 per family
Please note that this cost is GST inclusive

Where: **PENSHURST WEST PUBLIC SCHOOL**

When: **Tuesday 12th September 2017**

Time: Where did I come from? **6:00 pm SHARP** Preparing for puberty **7:15 pm**

Specialty books are available for purchase on the night

----- Please complete and return to the school office, with payment in an envelope labelled with child's name and class -----

a special evening program

Name of family: _____

No. attending: Session 1: Where did I come from? Session 2: Preparing for puberty

Amount enclosed \$ _____

I have made an online payment to my school. My receipt no. _____

OR Eftpos Cash Cheque (payable to the school) Credit card (if accepted by school)

Credit card number: _____/_____/_____/_____ Expiry date: _____

CCV (3 digits on the reverse of the card): _____ Amount: _____

Name on card: _____

Signature: _____

