Year 6 Moving into the Teen Years





To Parents / Guardians,

Interrelate, in conjunction with your school, is offering a course for students in Year 6 to prepare them for High School. *'Moving into the Teen Years'* explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.

Please complete the form below and return it to your school with the enrolment fee, prior to the commencement date.

The Program

Three 90-minute sessions conducted during school hours

- A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities.
- At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience.

Session 1: Understanding My Body

Session 2: Respectful Relationships

Session 3: Taking Charge

Program Focus

- Revisit development at puberty
- · Outline the process of human reproduction, including conception, foetal development and birth
- · Explore respectful relationships with self, friends and family
- Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility,taking care of themselves and respecting others
- Assist students to become aware of the influences on their personal choices and the potential consequences of those choices
- Raise awareness of technology and its influence on teens, including strategies for cybersafety
- Discuss expectations in high school

Please note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extracurricular activity, unfortunately we are unable to refund the full or partial cost of the program.

Student cost: \$32.00 per student

At: Clemton Park Public School On: 23-Jul-2025. 29-Jul-2025. 06-Aug-2025

Please complete and	return to your school with payment	
I wish to enrol my child	Class	
in Interrelate's 'Year 6	Moving into the Teen Years' program	n.
Signed	Date	
Paren	t / Guardian	

Paul Robinson Principal



Interrelate - Permission and Payment Slip

I give permission for my child Interrelate program 'Moving into the Teen Year		to attend the
I understand that the cost is \$32.00.		
The last day of payment will be: Monday 21st Je (3pm cash/cheque OR 6pm Online through Sentre		ough Sentral)
Cash/Cheque Enclosed in an envelope.	Online Payment	
My son/daughter requires medication: YES / NO		
My child will bring(Type o	on the Medication)	day.
Signature of Parent/Carer:	Date:	