

### From the Principal

This is the last newsletter for the term. Students return on **Tuesday 18 July** to commence their second semester of learning for 2023.

#### Covid-19

Currently NSW is experiencing increased numbers of COVID-19 infections.

COVID-19 PCR testing in NSW changed on 13 May. For most people, if you have COVID-19 symptoms, please do a rapid antigen test (RAT). RATs are available for free at Service NSW service centres, mobile service centres and recovery centres. Find a RAT near you.

If you are at higher risk of severe illness from COVID-19, contact your doctor for testing advice.

If you can't contact your doctor, call health direct on 1800 022 222 or use the online Service Finder to find a GP near you.

If your doctor recommends a COVID-19 PCR test, they will give you a pathology referral form for a free COVID-19 PCR test.

The referral form will have a private pathology provider location to visit so you can get tested.

#### Steps to reduce your COVID risk

To protect yourself and your loved ones:

- 1. Stay up to date with recommended COVID-19 vaccinations.
- 2. Stay home if you have cold or flu symptoms and get tested.
- 3. Wear a mask in crowded, indoor places.

4. Talk with your doctor now if you are at higher risk of severe illness. You may be eligible for antiviral medicines.

5. Don't visit people who are at higher risk if you have symptoms or COVID-19. Find out more on protecting yourself from COVID-19 if you are at higher risk of severe illness.

Have a great School Holidays and I look forward to seeing everyone back on site in a couple of weeks.

Mr D'Amore Principal

### **Deputy Principal**

#### **DP Newsletter Item:**

#### NAIDOC Week

NAIDOC week is celebrated across Australia 2-9 July. During the school holidays Parramatta council are running several exciting events. Further information can be found at https://atparramatta.com/warami

Students are invited to share photos of the events via Google Classroom or Seesaw app.



## **CRAFT KITS FOR CHILDREN (5-12** YEARS)

Grab a NAIDOC activity pack from your local library and learn more about how and why we celebrate this significant occasion all over Australia! All you need is colouring pencils and your creative imagination. Bookings not required.

### Burramatta NAIDOC

Saturday, 8 July, 2023 10am - 4pm The Crescent, Parramatta Park **Free Event** 

Explore the rich diversity of First Nations music, food, dance, and tradition at Burramatta NAIDOC Day.

Bring the family for a fun day out to experience the vibrant culture and history of Aboriginal and Torres Strait Islander communities. Enjoy live music and dance performances, try your hand at traditional arts and crafts, shop for something special at the market stalls, and listen to the captivating songs and stories.

The theme for 2023 National NAIDOC Week is 'For Our Elders', an acknowledgement of the role our Elders have played, and continue to play, in our communities and families.





Home > What's On > Boomerang and Fun Paper Craft Workshop

# **BOOMERANG AND FUN PAPER CRAFT** WORKSHOP

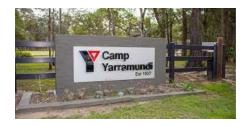
Celebrate our Aboriginal and Torres Strait Islander culture with fun NAIDOC Week craft activities. Decorate and create your own boomerang. Make a Gurlibil turtle in a fun paper activity. Take them home & display them proudly. All material will be provided.

Suitable for children aged 7-12 years.

Mrs Rafferty, Mrs Cenk & Mr Quinn **Deputy Principals** 

## Camp 2023

After boarding the buses, we travelled for an hour and half to Camp Yarramundi. Arriving at 10.30am we met our camp leaders and were orientated to our cabins and the camp rules.



We split up into our four groups before heading out to our first activities. Students started to put into practice their cooperation, working together and collaboration skills. We then started to learn about trust, balance and encouragement.



Over the three days we challenged ourselves in conquering the heights in rock climbing, releasing our fears by pulling the rope on the giant swing, trusting old and new friends in low ropes, crawling our way to freedom in the cave maze of darkness and finding hidden symbols in orienteering.

The students and teachers all had a great three days. Everyone succeeded in conquering a fear of some kind whether it was putting on the harness and climbing to the first platform or strengthening their collaboration with team mates when completing a task.



Night time activities of a disco and a bonfire were great hits. Students and teachers were

all exhausted from all the excitement and activities and are happy to be home safe again.



#### **Eid Al Adha Celebrations**

This week, we celebrated Eid Al Adha at preschool. Eid Al Adha is one of the major Islamic holidays and is also known as the 'Feast of the Sacrifice'. It is celebrated on the tenth day of Dhū-al-Hijjah, the twelfth and final month of the Islamic lunar calendar. The preschool children have been learning about Eid through a range of experiences over the past few weeks, including reading informative books, listening to and singing Eid songs and sharing our personal connections to the holiday.





In commemoration of this special event celebrated by many of our preschool children and families, we had a combined afternoon of songs and themed activities on Tuesday and Friday, as well as afternoon tea in the kitchen for our lovely parents. The learning experiences provided included painting mehndi designs on hands, writing the Arabic alphabet, colouring 'Eid Mubarak' pages, spray painting stars and moons and making Eid cards. The preschoolers commenced the event by saying "Eid Mubarak!" (Happy Eid) to their families and singing a short song about Eid Al Adha.

It was wonderful to have such a great turn out of families and to see the children interacting and engaging positively in the activities with their peers. Recognising and celebrating the unique cultures and backgrounds of our children and families is of the utmost importance to us at Rosehill PS Preschool. We hope that every child feels included throughout the year in our celebrations and that they all get to learn about other cultures to develop acceptance of others.

#### Early Years Learning Framework connections:

- Outcome 1: Children have a strong sense of identity
- Outcome 2: Children are connected with and contribute to their world.

#### Happy Holidays!

The preschool team would like to wish all of our children and families a happy and safe holiday break. Preschool resumes on the same date as the primary school – Tuesday 18<sup>th</sup> July 2023. A friendly reminder that your child's preschool days will be changing as of this date, as you have been informed.

#### **Burramatta NAIDOC**

If you're looking for a free activity to do in the holidays, there will be a NAIDOC event on Saturday 8<sup>th</sup> of July 10:00am – 4:00pm at The Crescent, Parramatta Park. The event is a family-friendly celebration for the whole community featuring arts and crafts, market stalls, songs and stories, as well as special performances from Dean Brady, Uncle Col Hardy, DJ Naian, Janawi Dance Clan and Muggera Dance Group, and more.



The children have been exploring Aboriginal perspectives and learning about the traditional owners of the land at preschool, making the event an opportunity for them to connect their learning to their community.

For more information: https://www.cityofparramatta.nsw.gov.au/burramatta-naidoc

### Library

Congratulations to the following students who have completed their Premier's Reading Challenge.

3/4T - Aashi

5/6S - Swastik

5/6D - Oscar

5/6L - Aarya and Jacob

## **RPS Community Corner**

#### **RPS Community Corner**

It's that time of the year – school holidays. As parents we try our best to keep our children busy during the school holidays and minimise the need for the chorus, "We are bored! What can I do now?"

In today's world where children are constantly stimulated, either due to use of technology or being a part of extra-curricular activities, children feel uncomfortable if they don't have anything to do even for a little while.

Let us explore some benefits of Boredom!

#### Boredom encourages imagination and creativity.

Children need to learn to take initiative and think of ways to occupy themselves that are not dictated by someone else.

For example, child sitting and looking at a bird or tree outside the window, imagines, creates, learns by the nature....

#### Boredom teaches Grit.

Having free time to try things out without the fear of failure is essential if a child is to develop grit and resilience.

For example, sometimes children give up on any skill/talent because they do not have enough time to pursue it, boredom (time out from usual routine) can give them an opportunity to work further on their talents without worrying too much about the outcome!







#### Boredom improves mental health.

It teaches them to sit back, explore their own ideas from within, gives them a space to sit back and reflect on their skills/goals/relationships......

learn how to be patient.

Therefore, in the coming holidays let's give our children some downtime from the digital world or other activities and let them 'just be'.

Jaya Samtani Community Liaison Officer



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