



BORONIA PARK PUBLIC SCHOOL

NEWSLETTER

Email: boroniapk-p.school@det.nsw.edu.au

Website: www.boroniapk-p.schools.nsw.edu.au

Term 3 Week 8

30 August 2021

WEEK'S EVENTS

Mon 30 Aug	Learning from home continues
Tue 7 Sep	New Parent Information Evening via Zoom

PRINCIPAL'S REPORT

All schools in the greater Sydney area are either operating on the Department of Education's (DoE) level 4 or in specified local government areas (LGAs) level 4 plus. The return of students to school will not happen until schools move to operational level 3 plus which is a staged return to school. The decision to move to this level depends on over 70% of adults in the community being fully vaccinated. The NSW government predicts this will happen mid-October.

The plan, therefore, for the return of students to school in term 4 is:

- Kindergarten and year 1 students on Monday October 25 (week 4)
- Years 2 and 6 students on Monday 1 November (week 5)
- Years 3, 4 and 5 students on Monday 8 November (week 6)

The following conditions will apply:

- The school will minimise opportunities for transmission of covid amongst students.
- Staff will continue to wear masks and students will be encouraged to wear masks.
- Non-essential visitors will not be permitted on site.

The following activities are not permitted while schools are at operational level 3:

- Singing, chanting and choirs
- Sport other than class sport
- Bands and ensembles
- Interschool activities
- Scripture or ethics classes
- Assemblies
- School performances, concerts, presentations and award ceremonies.
- Excursions and camps
- P&C activities

Mrs Ward will provide more detailed information about the return to school in early term 4.

There are some students who are not completing the activities on the home learning grid for different reasons. It is very important that students complete their work to the best of their ability. Teachers will be using this

completed work to assess each student's progress over semester two.

Mrs Stanford

CREATIVE ARTS

REHEARSALS

Online band, Zoom and drama rehearsals are on as usual this week.



VIRTUAL CHOIR VIDEO

Thank you to everyone who has submitted a choir video for our virtual choir experience.

If there are any last minute submissions coming in please let me know ASAP.

Mrs Nylund

LIBRARY

Book Week

A huge thank you to all the students who submitted a poster into our Book Week competition. Winning designs were posted to the Google Classrooms last Friday along with their prizes.

Congratulations again to Alex E KL, Nina S 1H, Harrison W 2B, Roy s 3B, Molly R 4M, Jackson G 5S, Grace K 6G.



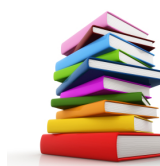
Premier's Reading Challenge – last week

The Premier's Reading Challenge finishes this Friday for students. So far, 454 Boronia Park PS students have completed their Challenge. Please contact classroom teachers or the library for assistance with completing the PRC online log.

Congratulations to the following students for completing their Challenge last week:

Jesco P 1B, Liam J 3B, Xavier H 3T, Chilli K 5K, Melody N 5P.

Mrs Hunt
Teacher Librarian



FATHERS' DAY – Sunday 5 September

The P&C is disappointed that we can't hold our annual Gift Stall and Fathers' Day Breakfast this year.



An email is on its way, containing some colouring pages, activities, and coupons that the children might like to print out and make for a special person in their life.

In addition, we're holding a **Fathers' Day Raffle** via FlexiSchools.com.au

prizes!



Go in the draw to win a \$100 voucher for a food platter from Sophie's Platters!

Order one entry in the raffle for \$5 or 3 entries in the raffle for \$10. (Each \$10 gets you 3 entries).

The raffle closes 5pm Friday 3rd September and the winner will be announced on Fathers' Day.

Good luck and Happy Fathers' Day!

The Boronia Park Public School P&C Team

Got It!



The Importance of Sleep

Is your family struggling more than usual?

Getting enough sleep can be difficult when our routines have changed. Sleep is important for healthy bodies and brains. Children aged 5 to 13 years need to get 9 to 11 hours of uninterrupted sleep each night.

Poor sleep can:

- Make it difficult to focus or make decisions
- Decrease memory
- Increase mood changes, irritability and behaviour
- Increase desire for foods that are likely to make it difficult to maintain a healthy weight
- Decrease ability or desire to be active and exercise



Tips for a good sleep:

- Have a consistent bedtime routine
- Avoid screen time 1 hour before bed time
- Avoid playing or doing school work on bed
- Play calm music or nature sounds to help settle into bed
- Monitor for increased anxiety or distress that may be impacting sleep. Contact your GP if you have any concerns.
- Ensure your child remains physically active throughout the day
- Create a calm environment for sleep: minimise loud unpredictable noise and movement within the room and consider your child's preference for light (consider dim lighting if required)

Do not be afraid to ask for help. Your local GP will be able to offer support and guidance.



Health
Nepean Blue Mountains
Local Health District

NBMLHD Got It! August 2021