

WHSPA - High Notes

TERM 2 WELFARE TEAM

Head Teacher Welfare :
Braiden Gilbert

Year 12 Student Advisor
Caitlin Griffiths

Year 11 Student Advisor
Michaela Chaffey

Year 10 Student Advisor
Laura Cram

Year 9 Student Advisor
Rosie Goderie

Year 8 Student Advisors
Kylie Burnard
Rae-Li Forrest

Year 7 Student Advisor
Melissa Meafou



PO Box 222 Fairy Meadow 2519 - Phone : (02) 4229 6844 - Fax : (02) 4226 4128
www.wollongong-h.schools.nsw.edu.au - Email : wollongong-h.school@det.nsw.edu.au

From the Principal's desk.....

A very warm welcome back to Term 3 and especially to the new members of the WHSPA community. This has been a particularly busy time for Year 12 who have been completing both their Practical and Written components of the Trial HSC. They move back in to regular timetabled classes in Week 3.

At present, we are organising the information sessions for Year 10 as they begin the process of selecting subjects for Year 11 2020. Mr O'Connor is coordinating these sessions and he has been putting together a series of information presentations for students and parents. The Year 10 students were all provided with the opportunity to attend Market Day subject sessions that were organised by Mrs Ireland. This was a chance for the students to gain an understanding of what the requirements are for the various subjects to be offered in 2020.

It was also an incredible start to Term 3 with the WHSPA Success Morning Teas being held for those students who performed outstandingly in their half-yearly report. This was a chance to celebrate all the hard work that students put into doing their very best over an extended period of time. We had over 150 students who were recognised for their efforts and I was so proud of their achievements.

Last week I had the chance to attend the boys' basketball at the Snakepit in Wollongong. It is wonderful to see the positive teamwork in place when this team hits the courts. Mr Robson, the Principal of Keira High was also present and it was very fitting that the final score was a draw of 28 each to both Keira High and WHSPA. A big thank you to Mr Cotter for all his work coaching the team.

We also had Showcase week at WHSPA in the lead up to the HSC Practical Exams. I attended the Dance Showcase and the Music 2 Showcase last week. It was incredible to see the amazing depth of talent that we have here at the school. I am so fortunate to be surrounded by such creative people and it is great to see the skill level in students being continually raised.

A final mention to our Maths Faculty. In recent weeks, selected Maths teachers have been working closely with teachers from Wollongong West Primary school in a lesson observation program. WHSPA teachers have been observing teachers at work with Stage 3 students and then these Stage 3 teachers have visited WHSPA to observe Year 7 classes. The next step in this program is for both schools to look at their teaching programs so that students gain even more support in the classroom.

Paul Ryan
Principal

Dates to remember :

12-16 August
Assessment Free Week 7 to 12

12-20 August
HSC Dance Practical
Examinations

12 August
P&C Meeting

13 August
Yr 8 Subject Selection
Evening

14 August
Yr10 Commerce Excursion

14 August
Australian Science Festival

15 August
Aboriginal Studies Excursion

19-23 August
Southern Stars

30 August
Taronga Zoo Excursion

STUDENT WELLBEING

Online Safety

Years 7-10 have experienced an Online Safety conversation/workshop delivered by our Police Liaison Officer, Sian Popp. Sian also ran a parent information stall at our Years 7-10 Parent Teacher Interviews.



The workshops covered the following items:

Workshop Items:

- **Privacy Settings:** Ensuring all accounts are set to private to protect your identity, location, etc. The importance of only allowing people that you know to follow you "if you don't know them in the real world, don't accept them in your digital world". Grooming can take place if account settings are not properly set up and accounts set to private.
- **REPORT** inappropriate online usage. Social media platforms have the ability to report inappropriate posts. It is important to remember to take a screenshot and report it to a Deputy Principal or directly to Police Liaison Officer. It is recommended that you block the user. Do not retaliate or get adults to retaliate on behalf. Simply take evidence to Deputy or Police Liaison Officer and they will deal with the issue directly. You can get in contact with the Police Liaison Officer through your local Police Station. You can also report inappropriate conduct through the E Safety Commissioner [E-SAFETY LINK](#) or Crime Stoppers [CRIME STOPPERS LINK](#)
- Do not feel under any pressure to do anything online that you don't feel comfortable with (sending pictures, engaging in inappropriate comments, etc.). You have a digital fingerprint- don't engage in anything that could be deemed inappropriate as it can come back to you.
- Be an upstander-report or support a friend if they have been the recipient of inappropriate behaviour (cyber bullying, etc.), help them report information to a Deputy, report online. The importance of not giving a reaction to the bully.

For more info on how to support your child see the **eSafety Commissioner** website (link below):

<https://www.esafety.gov.au/parents>

Info For Parents And Carers In Dealing With Digital Wellness

Dr Kristy Goodwin is one of Australia's leading digital wellness experts (and a mum who also has to deal with her kids' technotantrums!). She's the author of *Raising Your Child in a Digital World*, a speaker, researcher and media commentator. Dr Kristy arms parents, educators and health professionals with research-based information about what today's young, digital kids really need to thrive online and offline.

For more articles and resources use the link below:

<https://www.generationnext.com.au/2019/07/more-from-dr-kristy-goodwin/>

Family wellbeing Information DET

Please find a link to The NSW Department of Education where you can find articles and advice to help you manage common health and wellbeing issues that arise during a child's journey through school.

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers/family-wellbeing?category=925278>

Reachout Parents And Carers

ReachOut Parents (a free online service) provides information, tools and resources to help parents and carers support the 12-18 year olds in their family. It provides evidence-based practical support and tips that encourage effective communication and relationships between parents and young people. Use the link provided to find out more.

Features of ReachOut Parents

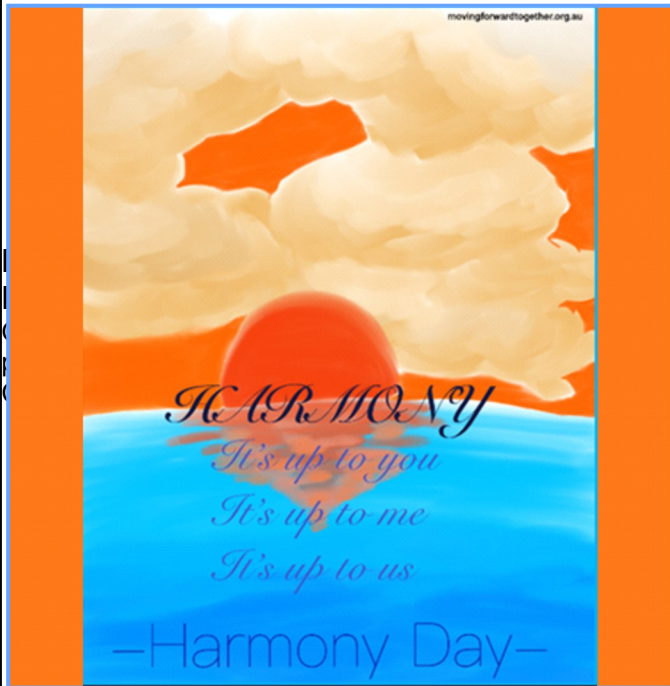
ReachOut Parents provides a range of support for parents and carers including:

- fact sheets and information about adolescent mental health and wellbeing
- real stories from parents and teenagers practical tips and tools for supporting teenagers an online community forum where parents can talk to other parents about their experiences and work through their concerns in a safe, anonymous environment.

https://schools.au.reachout.com/articles/working-with-parents-and-carers?utm_medium=email&utm_campaign=MKTG%20Schools%20Newsletter%20July%202019&utm_content=MKTG%20Schools%20Newsletter%20July%202019+CID_6b8ff7ef977d5cfa2aaa3f0dca08fa0a&utm_source=emailCM&utm_term=Read%20more

Braiden Gilbert
HT Wellbeing

E.S.L. FACULTY



Meiying Wu (left) at Parliament House

Meiying Wu was awarded REGIONAL RUNNER-UP in this year's Poster Competition.

The Poster Competition state winners together with the regional winners, runners-up and highly commended students, were announced and received their awards at that time.

Lori Lebow
Teacher ESL

MUSIC FACULTY

Term 3 is shaping up to be a very busy term for the Music students at WHSPA. Southern Stars is fast approaching, only three weeks to Showtime! Many of our Music students are Featured Artist's, Backing Vocalists, members of the Featured Vocal Ensemble and Southern Stars orchestra. We are very proud of their efforts and professionalism that they have all demonstrated through the rehearsal period. We can't wait to see you all take to the stage and do what you do best. Tickets are on sale now. Grab your tickets! This is a show, not to be missed. WHSPA musicians have also been very successful at the Schools Spectacular auditions this year. We will have our biggest group of Featured Artists ever. We look forward to Schools Spectacular and wish you all the best in your preparation.

Our Year 12 Music students have just completed their practical trial Higher School Certificate and are busy polishing their pieces in preparation for the actual HSC. To support them in their final preparations the Music faculty will be holding two music nights, the first one being this Wednesday Night, 7 August. Our Music 2 and Music Extension students will be performing at the WHSPAC starting 6.30pm. We would like to invite you to their performance. This is also a great opportunity for any prospective music 2 students to attend and learn from this experience. The Music 1 concert will be held later in the term.

In other news, it is with great excitement that we announce the School Musical for 2020. The musical will be "Matilda" and we will be holding auditions towards the end of the term. This is a great musical that caters to all age groups. Students will be informed closer to the audition date.



Ruth Ellevsen
HT Music

PERFORMING ARTS FACULTY

Shakespeare Carnival Winners

WHSPA was represented at the State Shakespeare Carnival with performances by the companies of both Ms Goderie and Ms Curtis. This is a State wide competition with public, private and catholic schools competing for an array of prizes.



The Movement category won the crown for their performance inspired by *Antony and Cleopatra*, as did the Group Ensemble Scene which was a segment from *Comedy of Errors*. Special mentions were given to Cooper Reid, Amy Whelan and Lauren Goodall who were awarded 2nd Place for their Dance Trio, and also to Jasper Lucas who was acknowledged with his acting skills.



Rosie Goderie
Teacher PA

SPORTS NEWS

Swimming

Congratulations to our super fish, Veronica Simmons-Curcio, who competed at the National Swimming Championships in Melbourne last week. Veronica placed 5th overall in the 15 years girls 100m Freestyle breaking the minute with a speedy time of 59.89! She placed 4th in the Mixed 15-16 years 200m Medley Relay with an amazing time of 1:59.02. Well done Veronica...we're so proud of you!



Cross Country

Congratulations to our students who competed at the NSW State Cross Country Championships at Eastern Creek on the 26th of July. Well done on such a massive achievement at a state event.

Athletics

Well done to all of our athletes who competed and achieved outstanding results at the South Coast Regional Athletics Championships last Friday at the AIS in Canberra. Official results are posted on the WHSPA App.



Jett Link (Boys 16 Years) 1st in Hurdles & 4th in Long Jump

Saoirse McGrath (Girls 12 years) 2nd Shot Put & 9th in High Jump

Jackie Lenartowicz (Girls 15 Years) 3rd in Discus & 4th in Shot Put

Tilly Rood (Girls 16 Years) 6th in 100m, 5th in 200m, 9th in 800m & 4th in Long Jump

Jacob Fakhoury (Boys 13 Years) 14th in 100m, 4th in

200m & 5th in Long Jump
 Darcy Arnold (Girls 12 years) 4th in 800m
 Chela Galvan (Girls 13 Years) 4th in Discus
 Matthew Flanagan (Boys 14 Years) 7th in Long Jump
 Skylah Dawson (Girls 12 years) 9th in 100m & 7th in 200m
 Benjamin Eady (Boys 14 Years) 8th in High Jump
 Gibraltar Wirawan (Boys 12 Years) 9th in 100m
 Skye Morrison (Girls 13 Years) 10th in High Jump
 Edee Brown (Girls 16 Years) 10th in Shot Put
 Elodie Purdie (Girls 13 Years) 12th in 800m
 Girls 12 Year 4x 100m Relay 5th place – Skylah Dawson, Phoebe Cavanough, Lucy Greenshields & Georgia Went.
 Girls 13 Year 4x 100m Relay 6th place – Elodie Purdie, Alyssa Nastovski, Ella Campbell & Skye Morrison.

Sporting Calendar

Week	Date	Event	Venue
Term 3:			
7A	Wed 4 th – Fri 6 th Sept	NSW CHS State Athletics Championships	Sydney Athletic Centre, Olympic Park
Term 4:			
1A	Tues 15 th Oct	Summer Sport begins	Various locations
6B	Tues 19 th Nov	Northern Illawarra Zone Blues Presentation	WHSPA Hall

Fleur Williams
 Teacher PDHPE
 Sport Coordinator

COMMUNITY NOTICE

COME ALIVE FOR SOUTHERN STARS 2019

Rehearsals for Southern Stars 2019 COME ALIVE are in full swing, with public school students taking part in a wide range of dance, music, drama and vocal rehearsals around the Illawarra - and the state.

COME ALIVE, featuring 3000 public school students, will take place over four performances at the WIN Entertainment Centre in Wollongong on Friday August 23 (10am and 7.30pm) and Saturday August 24 (2pm and 7.30pm).

This year COME ALIVE features circus, the NSW Millennial Marching Band, 2000 dancers, a 600 strong choir, a full orchestra, our hugely popular boys vocal ensemble, the Aboriginal Dance Ensemble Yanggaa Garaba, and the amazing talents of the best featured student vocalists and performers in Southern NSW, and much, much more!

You don't have to know someone in the show to buy a

You can keep up to date with the show's progress with pictures and video from rehearsals uploaded daily to our Facebook page Southern Stars – The Arena Spectacular and our Instagram page at southernstarsarenaspectacular.

Julee Brien
 DET Media Unit

COMMUNITY NOTICE

Join us for a

FUNDRAISING TRIVIA NIGHT

Supporting Justin Yerbury and his research on MND

NOVEMBER 7TH AT 7PM
 THE FRATERNITY CLUB,
 FAIRYMEADOW
 TICKETS \$35
 10 PER TABLE

Contact Kylie For Bookings

Kelly.kylie928@gmail.com

Or on the Facebook event

COMMUNITY NOTICE

FRIDAY 23 & SATURDAY 24 AUGUST 2019

COME
ALIVE



SOUTHERN STARS 2019

THE ARENA SPECTACULAR

Head Teachers for Term 4 — 2018	
Head Teacher <i>English</i>	Apple Phasavath
Head Teacher <i>Mathematics</i>	Phillip Roxby
Head Teacher <i>Science</i>	Julie Gosper
Head Teacher <i>HSIE</i>	Vicki Strudwick
Head Teacher <i>PDHPE</i>	David Arthur
Head Teacher <i>TAS</i>	Rachel Jospe
Head Teacher <i>Music</i>	Ruth Ellevsen
Head Teacher <i>CAPA</i>	Chris Richards
Head Teacher <i>Secondary Studies & Visual Arts</i>	Emily Ireland
Head Teacher <i>Administration Procedures & Languages</i>	David Boscoscuro

YEAR ADVISORS — 2019		RESPONSIBILITY
Year 7 Year Advisor	Melissa Meafou melissa.meafou1@det.nsw.edu.au	First point of contact for ANY issues concerning students within their year group.
Year 8 Year Advisor	Kylie Burnard kylie.burnard@det.nsw.edu.au Rae-Li Forrest rae-li.forrest2@det.nsw.edu.au	First point of contact for ANY issues concerning students within their year group.
Year 9 Year Advisor	Rosie Goderie rosanna.goderie2@det.nsw.edu.au	First point of contact for ANY issues concerning students within their year group.
Year 10 Year Advisor	Laura Cram laura.bingham8@det.nsw.edu.au	First point of contact for ANY issues concerning students within their year group.
Year 11 Year Advisor	Michaela Chaffey michaela.chaffey3@det.nsw.edu.au	First point of contact for ANY issues concerning students within their year group.
Year 12 Year Advisor	Caitlin Griffiths caitlin.griffiths8@det.nsw.edu.au	First point of contact for ANY issues concerning students within their year group.
School Counsellors	Tanya Bertapelle tanya.bertapelle1@det.nsw.edu.au Bronwyn Philips bronwyn.philps@det.nsw.edu.au	Provide counselling within school for students who wish to engage in support.
Learning and Support Teacher	Leanne King leanne.king1@det.nsw.edu.au	Provide learning and support for students who are having difficulty with their general learning or have diagnosed learning conditions.
Homework Club Co-Ordinator	Jo Graydon joanne.graydon@det.nsw.edu.au	Co-ordinates the homework club and provides some 'one to one contact' with students needing assistance with their homework or assessment tasks.
Head Teacher Wellbeing	Braiden Gilbert braiden.gilbert1@det.nsw.edu.au	Oversees the team and provides assistance to students, staff and parents when required. Point of contact for medical conditions of students.
Teacher-Librarian & School Media Liaison	Brendon Reeves brendon.j.reeves@det.nsw.edu.au	Oversees the Library and provides assistance to students, staff and parents with all library related support. Co-ordinates media and publicity.

TERM 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 A	22 JUL 2019 Staff Development Day Year 12 Trials School Development Day	23 JUL 2019 ATSI Primary School Visit (PM) Students return to school Year 12 Trials	24 JUL 2019 Year 12 Trials Links To Learning	25 JUL 2019 DRAMA COMPANY VIEWING DAY PDHPE Evaluation Year 12 Trials	26 JUL 2019 CHS Cross Country PDHPE Evaluation Year 12 Trials
Week 2 B	29 JUL 2019 Meeting Faculty PA Auditions yr 8 -11? Prelim Hospo Workplacement Year 12 Trials Yr 10 Subject Selection & Market Day	30 JUL 2019 ATSI Primary School Visit (PM) PA Auditions yr 8 -11? Prelim Hospo Workplacement Year 12 Trials Yr 10 Subject Selection + Evening	31 JUL 2019 PA Auditions yr 8 -11? Prelim Hospo Workplacement Twilight - CPA/ Anaphylaxis Year 12 Trials Links To Learning	1 AUG 2019 Maths Competition PA Auditions yr 8 -11? Prelim Hospo Workplacement Year 12 Trials Yr 10 Interviews	2 AUG 2019 PA Auditions yr 8 -11? Prelim Hospo Workplacement Regional Athletics Year 12 Trials Yr 10 Interviews
Week 3 A	5 AUG 2019 10 VA Exhibition Set Up Certificate of Achievement Yrs 8-10 Drama Company Showcase HSC Music Showcase Setup HSC PIP Due HSC Showcase DA/DR Meeting Faculty WH&S Committee Meeting Yr 10 Interviews	6 AUG 2019 10 VA Exhibition Set Up HSC Music Showcase HSC Showcase DA/DR Ski Trip Yr 10 Interviews	7 AUG 2019 Certificate of Achievement Yrs 7-9 HSC Music Showcase HSC Showcase DA/DR Ski Trip Yr 10 Interviews yr12 Prac Exam Kitchen ops Links To Learning	8 AUG 2019 HSC Showcase DA/DR Ski Trip Yr 10 Interviews	9 AUG 2019 10 VA Exhibition Opening High Notes Published HSC Showcase DA/DR Ski Trip Yr 10 Interviews
Week 4 B	12 AUG 2019 Ass Free Week 7 to 12 HSC Dance Prac Exam Macbeth yr 10 Meeting Faculty P&C Meeting Year Meetings	13 AUG 2019 Ass Free Week 7 to 12 Finance Meeting HSC Dance Prac Exam Macbeth yr 10 Year 8 Subject Selection Evening	14 AUG 2019 Ass Free Week 7 to 12 Australian Science festival Yr8 science + Big Scie HSC Dance Prac Exam Yr 10 Commerce Excursion Links To Learning	15 AUG 2019 Ass Free Week 7 to 12 HSC Dance Prac Exam HSC IndTech Major Project	16 AUG 2019 Ass Free Week 7 to 12 HSC Dance Prac Exam
Week 5 A	19 AUG 2019 HSC Dance Prac Exam Meeting Faculty Southern Stars Textiles Major Project Due	20 AUG 2019 HSC Dance Prac Exam Southern Stars	21 AUG 2019 HSC Dance Prac Exam Southern Stars Links To Learning	22 AUG 2019 HSC Dance Prac Exam Southern Stars	23 AUG 2019 HSC Dance Prac Exam Southern Stars
Week 6 B	26 AUG 2019 HSC Drama Prac Exams HSC Showcase MU/DR Meeting Faculty	27 AUG 2019 HSC Drama Prac Exams HSC Showcase MU/DR	28 AUG 2019 HSC Drama Prac Exams HSC Showcase MU/DR Links To Learning	29 AUG 2019 HSC Drama Prac Exams HSC Showcase MU/DR	30 AUG 2019 High Notes Published HSC Drama Prac Exams HSC Showcase MU/DR
Week 7 A	2 SEP 2019 2020 Captain Interviews HSC Drama Prac Exams HSC Showcase MU HSC VA BOW Due & Exhibition Meeting Faculty Prelim Construction Wkplmnt Prlim Bus Services WkPlcment Yr10 VALID Science	3 SEP 2019 HSC Drama Prac Exams HSC NESA Marks due to Jenny C HSC Showcase MU Prelim Construction Wkplmnt Prlim Bus Services WkPlcment Yr 12 reports Due to HT Yr10 VALID Science	4 SEP 2019 CHS Athletics HSC Drama Prac Exams HSC Showcase MU Prelim Construction Wkplmnt Prlim Bus Services WkPlcment Yr10 VALID Science Links To Learning	5 SEP 2019 CHS Athletics HSC Drama Prac Exams HSC Showcase MU Prelim Construction Wkplmnt Prlim Bus Services WkPlcment Yr10 VALID Science	6 SEP 2019 CHS Athletics HSC Drama Prac Exams HSC Showcase MU Prelim Construction Wkplmnt Prlim Bus Services WkPlcment Yr 12 Reports Finalised by HT Yr10 VALID Science
Week 8 B	9 SEP 2019 HSC Music Prac Exams Meeting – Staff – School Capt Speeches P&C Meeting State Dance Festival Year Meetings Yr10 VALID Science	10 SEP 2019 Finance Meeting HSC Music Prac Exams State Dance Festival Yr10 VALID Science	11 SEP 2019 HSC Music Prac Exams Immunisation Yr 7 State Dance Festival Yr 9 Street Art Incursion Yr10 VALID Science Links To Learning	12 SEP 2019 HSC Music Prac Exams R U OK? Day State Dance Festival Yr10 VALID Science Yr9 Geo Taronga Zoo	13 SEP 2019 HSC Music Prac Exams State Dance Festival Yr10 VALID Science
Week 9 A	16 SEP 2019 HSC Music Prac Exams Meeting Faculty PDP Interviews with HT Year 11 Yearly Exams	17 SEP 2019 HSC Music Prac Exams PDP Interviews with HT Year 11 Yearly Exams	18 SEP 2019 HSC Music Prac Exams PDP Interviews with HT Year 11 Yearly Exams Links To Learning	19 SEP 2019 HSC Music Prac Exams PDP Interviews with HT Year 11 Yearly Exams	20 SEP 2019 High Notes Published HSC Music Prac Exams PDP Interviews with HT Year 11 Yearly Exams
Week 10 B	23 SEP 2019 Meeting Faculty PDP Interviews with HT Year 11 Yearly Exams Year 12 Picnic Day	24 SEP 2019 PDP Interviews with HT Year 11 Yearly Exams	25 SEP 2019 PDP Interviews with HT Year 11 Yearly Exams Yr12 Graduation Links To Learning	26 SEP 2019 PDP Interviews with HT Year 11 Yearly Exams Yr12 Formal	27 SEP 2019 PDP Interviews with HT Staff Morning Tea – HSIE Year 11 Yearly Exams