

WHSPA High Notes



Issue 2
March 2020

From the Principal's desk

There have been several building projects completed at the school over the last few months. It has long been an ambition to provide more shaded areas in the general school setting. A deck has been built adjacent to the TAS area with seating available for students to use throughout the day. This area takes advantage of the natural shade provided by trees in the area. A roof has also been constructed between A and B Blocks. This area also doubles as an alternative during wet weather. A new elevator is also being constructed in the main quad area. This is due for completion sometime in the second half of the year.

I have been popping into rehearsals for Matilda – The Musical - over the last few weeks. This is a wonderful show and I encourage members of the community to book tickets to avoid disappointment. It is sure to be a sell-out performance. Tickets can be booked online on the school website.

Last week WHSPA held its Expo Evening for prospective Year 7 students to commence at the school in 2021. We had over 700 people attend on the night and the feedback about the night has been extremely positive. Once again, we coordinated the evening with online bookings and targeted information sessions. The school would be very interested in any feedback in regards to these new arrangements. It was such a positive experience and I was so proud of the school community which came together to present such a wonderful showcase of the school. A very big thank you to Mrs Wood for all her work with putting together the Expo Evening. I would also like to thank all the WHSPA staff and students that were on hand throughout the night and to our incredible SAS staff for all their efforts with the work behind the scenes.

I would also like to thank our Year 7 parents who came to the Year 7 Meet and Greet last week. It was wonderful to meet so many of our Year 7 parents. I continually stress that a truly successful education relies on a close connection between the school and the home. Thank you to all those parents who took the time to attend the afternoon.

Paul Ryan
Principal



Secondary Studies.....



Year 10 Study Skills Seminar with Dr Prue Salter

This week Dr Prue Salter from Enhanced Learning Educational Services (www.enhanced-learning.net) ran a study skills session with Year 10. The main area covered for Year 10 was the importance of using this year as a training period to prepare for senior studies. Students need to learn how to work effectively at home, manage distractions, make brain-friendly study notes and work out which study techniques work best for them. Year 10 students also have a self-evaluation quiz to complete which will give them an indication of how ready they are for senior studies and what areas they need to work on. Parents are encouraged to review the handout from the session with students and discuss the main areas identified where changes need to be made. Parents can also find extra study skills tips on the following website: <http://studyskillstoptipsparents.com/>.

Emily Ireland
HT Secondary Studies
Teacher PA

PDHPE Faculty.....

Sporting Stars

Well done to the following sporting stars on their awesome achievements:

Edee Brown of Year 11 competed in the CHS Rowing Championships on Friday 21 February. Edee completed a 2km single event coming home with a silver medal and a PB. She also made a combination of a mixed girl's quad in a 2km race and was also fortunate enough to bring home a silver medal.



Jett Link of Year 11 came 3rd at the NSW Athletics Championships in hurdles. Jett will go on to represent NSW at the National Athletics Championships.

PDHPE Faculty (cont'd).....

The following students have made the South Coast regional team and will go on to compete at the NSW CHS championships:

Mali Towers (Year 9) – Open Girls Volleyball

Emrys Mulvihill (Year 9) – Open Boys Baseball

Ky Nunn (Year 11), **Rhys Cattle** (Year 10) & **Ryan Cattle** (Year 8) – Open Boys Cricket

Arlen Tonge (Year 7) & **Jayden Simpson** (Year 9) – Boys U15s Tennis

Lily Tonge (Year 9), **Katarina Mrksic** (Year 9) & **Mary Otis** (Year 7) – Girls U15s Tennis

Tailah Wagner (Year 11) – Open Girls Netball

South Coast Region Sporting Trials

Nominations are still open for the following South Coast Region trials coming up soon:

Sport	Nomination DUE DATE	Trial Date	
Golf	Fri 13 Mar	Week 8	Mon 16 Mar
AFL Boys	Fri 13 Mar	Week 8	Fri 20 Mar
AFL Girls	Fri 3 Apr	Week 11	Wed 8 Apr
Lawn Bowls - Singles	Fri 20 Mar	Week 9	Thu 26-Fri 27 Mar
Lawn Bowls – Pairs	Fri 20 Mar	Week 9	Thu 26-Fri 27 Mar
Girls Basketball	Thu 12 Mar	Week 9	Thu 26 Mar
Girls Opens Touch	Fri 20 Mar	Week 9	Fri 27 Mar
Boys Opens Touch	Fri 20 Mar	Week 9	Fri 27 Mar
Squash	Tue 28 Apr	Week 2	Tue 05 May
Mountain Biking	Fri 05 Jun	Week 8	Wed 17–Thu 18 Jun
Water Polo	Fri 07 Aug	Week 3	Sun 09 Aug

See Mrs Williams for more information. You can check the calendar and event information on the South Coast Schools Sports Association Facebook page or webpage:

<https://app.education.nsw.gov.au/sport/SouthCoast>



PDHPE Faculty (cont'd).....



WHSPA Swimming Carnival

On Tuesday 18 February, the WHSPA Swimming Carnival was held at Corrimal pool. Thank you to all of the parents and caregivers who came to watch, the students for participating, the house captains for encouraging participation and chants; and most of all the WHSPA staff for supporting the fantastic day. Being such a warm day, it was great to see so many students participating in events. Congratulations to the winning house, Dharawal, leading all day, with a total point score of 1568. 2nd place Flame 1354, 3rd place Bombora 1299 and 4th place Belmore 1163. The highlight of the day was the teacher vs student relay. The teachers ended up winning both the female and male relays once again, with strong finishes!

Well done to our 2020 School Swimming Age Champions:

	BOYS	GIRLS
12 years	Ronan Whitten	Kaylee Blanco Leong
13 years	Charlie Jarvis	Isabella Jones
14 years	Darcy Lawrence	Ruby Mulquin & Molly McCreadie
15 years	Jack Balkwill	Teagan Myers
16 years	Isaac Davis	Veronica Simmons-Curcio
17+ years	Max Leighton	Lauren Myers

Photos from the carnival are available on the WHSPA Facebook page and results available on the WHSPA app.



PDHPE Faculty (cont'd).....



Tuesday afternoon Sport

Summer sport continues until the end of this term. There will be NO MORE changes permitted this term – students have to continue in their sport. Winter Sport selections will be available soon for students to choose a new sport, including Year 7 students who have been participating in school sport this term. These sports will be on offer for students to choose from:

Sports that leave the school grounds:

- Basketball: \$4 @ The Snake Pit
- Beach Sports: free @ North Beach
- Bike Riding: free @ various bike tracks (bikes available to use)
- Bouldering: \$5 @ Dynamite Bouldering
- Dragon Fit gym class: \$10 @ Dragon Fit Gym North Wollongong
- Fishing: \$2 @ Wollongong Harbour
- Frat Soccer: \$5 @ The Frat
- Indoor Skate Park: \$11 (\$4 bus + \$7 entry) @ 3sixty Skate Park
- Indoor Cricket: \$6 @ North Wollongong Indoor Sport Centre
- Laser Tag: \$10 (\$4 bus + \$6 entry) @ Revolution Laser Tag
- Lawn Bowls: \$4 @ Wiseman Park Bowling Club
- Rock Climbing: \$11 (\$4 bus + \$7 entry)
- Tennis: \$3.50 @ Beaton Park
- Volunteering (Yr 9-10 only): free @ Para Meadows School
- WHSPA Joggers: free – various locations around the local area
- Walking: free – various locations around the local area

Sports @ school:

- Gym workout: \$10 per term @ WHSPA weights room
- Handball: free @ Eastern Quad
- Indoor Sports: free @ WHSPA Gym
- Just Dance: free @ school
- School Soccer: free @ school courts
- Skipping: free @ Eastern Quad
- Table Tennis: free @ school
- Volleyball: free @ school
- Yoga: free @ school

PDHPE Faculty (cont'd).....



NSW CHS State-Wide Sport Competition (formerly known as Knockouts)

If you would like to trial for our **school sporting teams**, please see the following teachers for more details. They usually announce trial dates and times at Monday morning assemblies and in roll call notices:

- AFL 15s & under (boys) – Mr Burnett (PDHPE)
- Baseball (boys) – Mrs MacDonald (PDHPE)
- Basketball 15s & Opens – Mr Cotter (Science)
- Cricket 15s & Opens (boys) – Mrs Cattle (PDHPE)
- Football (Soccer) – Mr Saunders (PDHPE)
- Hockey – Mrs Johnston (Languages) & Ms Andersen (HSIE)
- Mountain Biking – Ms Chaffey (PDHPE)
- Netball 15s & Opens – Mrs Betts (English)
- OzTag 7/8, 9/10 & 11/12 – Ms Lampe (PDHPE), Mr Burnett (Burnett) & Mr Bosco (Languages/Science)
- Softball (boys) - Mrs MacDonald (PDHPE)
- Tennis – TBA
- Touch – Mr Bosco (Languages/Science)
- Volleyball – Ms Sakaio (HSIE) & Ms Wilson (HSIE)

Sport Information & Permission Notes

- To access digital Sport information and permission notes:
- Logon to *Google Classroom* and enter code – 7wyijvi
- Download the *WHSPA app* from the App Store
- Search & “Like” Wollongong High School of the Performing Arts on *Facebook*
- Please send any sport related achievements, photos and/or information to Mrs Williams:
fleur.williams@det.nsw.edu.au

PDHPE Faculty (cont'd).....



2020 Sporting Calendar

Week	Date	Event	Venue
Term 1, 2020:			
7B	Tues 10 Mar	Regional Swimming Championships	Dapto Pool
7B	Tues 10 Mar	South Coast Reg OzTag Tournament	Fairy Meadow
10A	1/2/3 Apr	State Swimming Championships	Homebush
10A	Fri 3 April	WHSPA Athletics Carnival	Beaton Park
11B	Tues 7 April	WHSPA Cross Country	WHSPA
Term 2, 2020:			
4	Fri 22 May	Zone Cross Country	Kembla Joggers
7	Fri 12 June	Regional Cross Country	Nowra
9	Fri 26 June	Zone Athletics Carnival	Beaton Park
Term 3, 2020:			
1	Thu 23 July (not Fri 24)	State Cross Country	Eastern Creek
2	Fri 31 July	Regional Athletics Championships	Canberra
7	2/3/4 Sept	State Athletics Championships	Homebush
Term 4, 2020:			
6	Tues 17 Nov	Zone Blues Presentation	WHSPA Hall
	TBA	Sporting Stars Achievement Excursion	Jamberoo Action Park

Fleur Williams
Sport Coordinator
Teacher PDHPE

English Faculty.....

University of Wollongong SWORDS Debating Training Day

On Thursday 20 February our budding student debaters attended a training day at the University of Wollongong.

WHSPA students participated enthusiastically with students from other local public and private schools gaining new knowledge and understanding of how to best prepare for and perform in tournament debates.

Workshops covered the basics of debating, speaker roles, using introductions, clever modelling, argument construction, rebuttal mechanisms and demonstration debates.

Lecture rooms were abuzz with students sharing ideas and arguments. Well done to all students who attended the training day. We are certainly looking forward to participating in the 2020 Premiers Debating Challenge later in the year.



Renay Grant
Teacher English

Library News



Need help with Homework?

There is a free online service on the Wollongong Council Library website called: **Studiosity**. There are online Expert Tutors to help you straight away with any homework questions in any year at school. All you need is a library card! Check it out - it's free!

If you need help finding it, ask Mrs Pfister.

GET HSC Ready!

There are HSC study skills workshops at Wollongong Libraries:

Creative Writing with Will Kostakis (Yrs 11&12) - Tues 10 March, 5:30-7pm, Wollongong

English Common Module with Jane Sherlock (Yr 12) - Tuesday 17 March 5-8pm, Dapto

- Wednesday 18 March 5-6:30pm, Thirroul

- Tuesday 24 March 5-8pm, Corrimal

Here is some basic info about the Library for you to remember

Opening times: 8:30am, recess and lunch. (*closed first half lunch Mondays*)

Borrowing: Yrs 7-10, 3 books,
Yrs 11-12, 5 books

Services: Research/assignment assistance, reading, recommended reading lists, magazines, newspapers, computers, printing, photocopying, laminating, binding.

Seniors: Welcome to ***study*** during study and free periods – sign in at circulation desk.

Don't forget to check out the library section on the school's website. It is full of news, information and helpful links.

Liane Pfister

Teacher Librarian

Email: Liane.pfister1@det.nsw.edu.au

"The gap between poor and rich will grow without access to books"

Wellbeing

Peer Support

Year 7 students met with their year 10 leaders this week for Peer Support. The session focussed on building resilience; students worked through various scenarios and ranked them on the 'Catastrophe Scale' thermometer. The activity was designed to help students work towards seeing problems in perspective and managing their responses appropriately. The next peer support session will be in week 9 and focus on friendships.

Wellbeing (cont'd).....

Harmony Day – Everyone Belongs

WHSPA will celebrate the diversity of our school community on Monday 16 March 2020.

What's on:

- Whole school assembly with a talk from our school Anti-Racism Contact Officers
- 'Monday Mix-Up' with an international hits playlist in the main quad at lunch - prizes for the most enthusiastic dancers



- International food carts – bring some money for a delicious lunch
- HSIE classes will be invited to mark their cultural background on a huge world map in the front foyer – a great visual representation of our diversity
- What to wear: mufti
- Orange is the theme colour or students can wear a sporting jersey that represents their cultural heritage

WHSPA Wellbeing@ The Hub – Lunch Activities

We have been busily putting together a timetable of activities for students to engage in at lunch times to promote their sense of wellbeing and belonging. Some of the groups include;

- 'Monday Mix-Up', music and games in the main quad – Ms Haggart, Ms Sakaio, Ms Chaffey
- 'Nanna's Knitting' - Mrs Burnard
- Bookclub 'Dumbeldore's Army in the Room of Required Reading' - Miss Moyes
- Dungeons and Dragons - Ms Nairn
- Yoga - Mr Broadfoot
- Basketball in the gym – Mr Gilbert and Ms Meafou
- Multicultural Girls Group – Ms Whelan

Heidi Whelan
HT Wellbeing
Teacher English





2020 Player Registration Now Open



- ❖ Player age 5 to 17 Years.
- ❖ Auskick 5 years to Under 8's.
- ❖ Mixed Comp Under 9's to Under 17's.
- ❖ Girls Under 11's, 13's, 15's and 17's.



Any enquires Contact Tim 0427 408 742 or email wlionsjuniors afl@gmail.com







www.wlionsjuniors.com.au






Find us on Facebook, Instagram and
Teamapp



Parent Information



YEAR ADVISORS & WELLBEING — 2020		
First point of contact for ANY issues concerning students within their year group.		
Year 7 Year Advisor	George Broadfoot george.broadfoot4@det.nsw.edu.au	
Year 8 Year Advisor	Melissa Meafou melissa.meafou1@det.nsw.edu.au	
Year 9 Year Advisor	Kylie Burnard kylie.burnard@det.nsw.edu.au	
Year 10 Year Advisor	Molly Moyes molly.moyes1@det.nsw.edu.au	
Year 11 Year Advisor	Telesia Sakaio telesia.sakaio2@det.nsw.edu.au	
Year 12 Year Advisor	Michaela Chaffey michaela.chaffey3@det.nsw.edu.au	

Learning and Support Teacher	Leanne King leanne.king1@det.nsw.edu.au		Provide learning and support for students who are having difficulty with their general learning or have diagnosed learning conditions.
Homework Club Co-Ordinator	Jo Graydon joanne.graydon@det.nsw.edu.au		Co-ordinates the homework club and provides some 'one to one contact' with students needing assistance with their homework or assessment tasks.
Head Teacher Wellbeing – Girls	Heidi Whelan heidi.whelan@det.nsw.edu.au		Girls mentor. Oversees the team and provides assistance to students, staff and parents when required. Point of contact for multicultural students.
Head Teacher Wellbeing – Boys	Braiden Gilbert braiden.gilbert1@det.nsw.edu.au		Boys mentor. Oversees the team and provides assistance to students, staff and parents when required. Point of contact for medical conditions of students.
Teacher-Librarian & School Media Liaison	Liane Pfister liane.pfister1@det.nsw.edu.au		Oversees the Library and provides assistance to students, staff and parents with all library related support. Co-ordinates media and publicity.

Parent Information



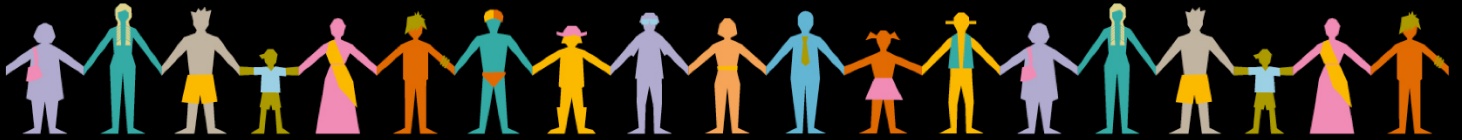
HEAD TEACHERS FOR TERM 1 — 2020	
Head Teacher <i>English</i>	Apple Phasavath
Head Teacher <i>Mathematics</i>	Phillip Roxby
Head Teacher <i>Science (rel)</i>	Marc Kates
Head Teacher <i>HSIE</i>	Vicki Strudwick
Head Teacher <i>PDHPE</i>	David Arthur
Head Teacher <i>TAS</i>	Rachel Jospe
Head Teacher <i>Music</i>	Ruth Ellevsen
Head Teacher <i>PA</i>	Chris Richards
Head Teacher <i>Secondary Studies & Visual Arts</i>	Emily Ireland
Head Teacher <i>Administration Procedures & Languages</i>	David Boscoscuro
Head Teacher Wellbeing – Girls	Heidi Whelan
Head Teacher Wellbeing – Boys	Braiden Gilbert

DATES TO REMEMBER	
9 March	P&C Meeting
9 – 13 March	HSC Construction Work Placement
10 March	Oztag Gala Day
10 March	Regional Swimming
12 March	State Knockout Hockey
16 March	Harmony Day
16 – 20 March	HSC Business Services Work Placement
16 – 20 March	HSC Hospitality Work Placement
23 March	Yrs 11 & 12 Parent/Teacher Interviews



Australian Government

HARMONY WEEK



CELEBRATING HARMONY

AT WHSPA

MONDAY 16TH MARCH 2020

Join us to celebrate Australia's Diversity

At WHSPA we respect everyone who calls Australia home –
from our traditional owners to those who've come from many
countries around the world.

EVERYONE BELONGS

everyone BELONGS
www.harmony.gov.au