



Rouse Hill Public School Newsletter

*Respectful
Responsible
Resilient*

Wednesday 23rd August 2023

Phone: 8824 7330

Email: rousehill-p.school@det.nsw.edu.au

Website: www.rousehill-p.schools.nsw.edu.au

Facebook: www.facebook.com/rousehillpublic/

Rouse Hill PS P&C Email: rousehillps.pc@gmail.com

Download the Rouse Hill PS School Enews app



Week 6, Term 3

Calendar Dates

Week 6 – Book Week

Thursday 24 th August	Year 5 Canberra Excursion Father's Day Stall gift orders due
Friday 25 th August	Year 5 Canberra Excursion Winter PSSA Round 12

Week 7

Tuesday 29 th August	Hills Performing Arts Festival Rehearsal and Concert
Thursday 31 st August	Father's Day Stall
Friday 1 st September	No PSSA Jersey Day K-6 Father's Day Afternoon Classroom Visits

Week 8

Tuesday 5 th September	Year 6 Mini Fete
Thursday 7 th September	P&C Meeting, 7pm
Friday 8 th September	Summer PSSA Round 4 Support Unit Multisport Excursion

Week 9

Monday 11 th September	Hills Public Speaking Finals
Tuesday 12 th September	Rouse Hill High School MADD rehearsal and concert
Wednesday 13 th September	Stage 2 Roald Dahl Day
Friday 15 th September	Summer PSSA Round 5

From the Principal and Deputy Principals

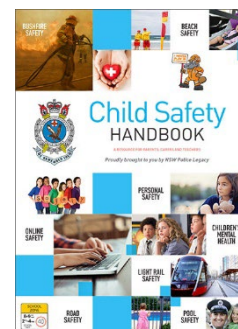
English Parent Workshops

Thank you to those of you who were able to join one of our two English Parent Workshops last Thursday. Feedback from the well-attended workshops, which were organised as a result of findings from the parent survey undertaken at our Meet the Teacher evening earlier in the year, has been positive. Thank you to Mrs Reedman, Mrs Bennett, Mrs Brown, Mrs Campbell, Mrs Foscholo and Mrs Murphy for organising and running the workshops. Future workshops will respond to parent priorities identified through surveys that will be issued following these workshops.

NSW Police Legacy Child Safety Handbook

The 'NSW Police Legacy Child Safety Handbook' is a comprehensive resource to assist parents, carers as well as teachers on a range of topics essential to child safety, and includes content from: NSW Ministry of Health, NSW Police Force, Fire and Rescue NSW, Rural Fire NSW, Transport for NSW, Sydney Trains, NSW Department of Family & Community Services, eSafety Commissioner and NSW Office of the Children's Guardian. Please click on the link below to view the digital handbook:

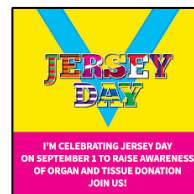
NSW Police Legacy – <https://www.policelegacynsw.org.au/resources/>



Father's Day

Thank you in advance to our wonderful P&C and parent volunteers for organising the Father's Day Stall taking place on Thursday 31st August.

We look forward to many fathers, grandads, uncles and other special guests joining us on the afternoon of Friday 1st September from 2:40pm for classroom visits to celebrate Father's Day. Please see the note sent out on the school app last Friday for more information. We will also be supporting Jersey Day to raise awareness for of the importance of organ donation, so dust off the old jersey to wear on the day.



Kindergarten Enrolments for 2024

We are now taking Kindergarten enrolments for 2024. If you have a child who will be enrolling next year, please assist us by completing an online enrolment. The link can be found on our school website.

Proof of address, your child's birth certificate/passport and immunisation documents can be uploaded or brought into the office. Your assistance in this matter greatly helps our planning for next year.



2024 Planning

As many of you would be aware, our school continues to experience significant growth in enrolments. In order to assist with planning for 2024, could you please email the school if your child/children in Kindergarten-Year 5 will not be returning to Rouse Hill Public School next year. This will help us with a great deal, especially when it comes to staffing.

Rob Jarvis, Rebecca Wallace and Jess Pintado

Positive Behaviour for Learning (PBL) & Restorative Practice

Each week we focus on a different aspect of PBL and we would like to share our focus areas over the remainder of the year.

Week 5

PBL focus: Treat others the way I want to be treated

PBL award for the week: Listening and valuing others' opinions

Listening and valuing others' opinions is a great way to show respect. It is important to let people express their opinions and add value to a conversation you might be having. This might be when doing group work in the classroom or playing a game on the playground.

Week 6

PBL focus: Own my behaviour choices

PBL award for the week: Being a kind and caring friend

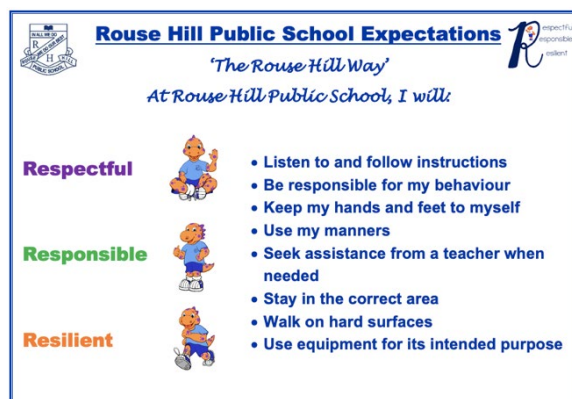
Being a kind and caring friend is respectful and responsible. Students demonstrate they are a kind and caring friend in the classroom and on the playground by listening to others, supporting them, speaking kindly and helping people around them.

Restorative Practice

At Rouse Hill Public School a restorative practice, a pro-social approach to resolving conflict, underpins our behaviour management. It is a whole school teaching and learning approach that encourages behaviour that is supportive and respectful. It puts the onus on individuals to be truly accountable for their behaviour and to repair any harm caused to others as a result of their actions.

Conflict is an inevitable part of life. How we work to resolve conflict impacts on a school's climate and culture and ultimately on students' social and academic outcomes. Please refer to the information at the end of today's newsletter for an overview of restorative practice. We will share more information in future newsletters.

RHPS Wellbeing Committee



Police Band Incursion

On Thursday 1st August, the NSW Police Band visited our school to perform for our students. It was a great experience that got the children singing and dancing. As an added bonus, our School Band also got to have a private workshop with the Police Band. Thank you to all the parents who provided food for the morning tea. We hope it was an experience that the students will treasure.



Mrs Foscholo

Stage 2 Public Speaking Competition

Well done to the children who participated in the Stage 2 Public Speaking Finals. Madison from 4CA ('An apple a day keeps the doctor away') and Aaryan from 4S ('The best subject at school is ... maths') were successful in being selected to progress to The Hills Public Speaking Competition.



Mrs Stellino

Premier's Spelling Bee

This week, Taksheel C from Stage 2 and Saagnik C from Stage 3 represented Rouse Hill Public School in the Regional Finals for the Premier's Spelling Bee. Both boys did an amazing job and were able to spell some words that I bet even their teachers couldn't manage! Taksheel made it all the way to Round 8 and Saagnik to Round 5! Both very impressive feats and we are all very proud of their efforts.



Mrs Casey

Book Parade

It was wonderful to see so many of our children, teachers and family members celebrate Book Week at our Book Parade on Monday. Thank you to all who dressed up as a favourite character.



Mrs Brown, Mrs Campbell and Mrs Mlinac

PBL Awards – Respectful Responsible Resilient

Early Stage 1 Award Winners



PBL Awards – Respectful Responsible Resilient

Stage 1 Award Winners



Class News

Every few days we're sharing some class news with you via our Facebook page, as well as in our fortnightly newsletter. This fortnight it's K-2S, 1N and 4CA's turn.

K-2S

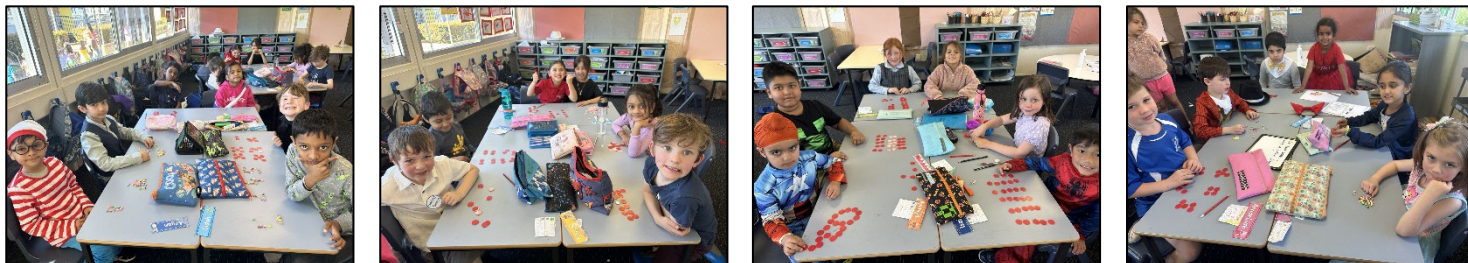
Our start to Term 3 has been a great success! Students in K-2S have done a great job in reviewing the letters they have learnt since the start of this year and also learning new letters, sounds and numbers each week. In particular, students have enjoyed practising some drumming skills as a part of music lessons and shown a great improvement in learning to cooperate, share and help others. Please check out our beautiful photos.



Mrs Sood

1N

This term in 1N we are focusing on skip counting to count large collections of objects. Students are building their flexibility in skip counting in groups of numbers between 2 and 10. Students have fun using hands-on materials to show their thinking and experiment with different ideas. 1N is loving developing their skills in counting large collections of objects using an efficient strategy!



Mrs Norris

4CA

In English this term, 4CA have been reading and studying the BFG by Roald Dahl. We were inspired to create our own 'Dream Jars'. Students thought about one dream that they had for their future and drew it on the jar. They then used water colours to decorate their jar in a way that matched their personality. They make for a beautiful classroom display that we can use to remind ourselves to never give up on our dreams.



Mrs Casey & Mrs Khoury

Operation Art is holding full day visual arts workshops
at SOPA Sydney Olympic Park Armory



Stage 1 (Year 1 & 2) - Tue 17 Oct 2023

Stage 2 (Year 3 & 4) - Wed 18 Oct 2023

Stage 3 (Year 5 & 6) - Thu 19 Oct 2023

Presented by specialist teachers, workshops cover topic areas including painting, printing, drawing, mixed media and sculpture. Workshops are designed to extend skills and artmaking experiences beyond the classroom. All materials provided.

Places are limited - Bookings close Monday 02 Oct 2023

Parents book and pay online now!

<https://www.artsunit.nsw.edu.au/visual-arts/operation-art/operation-art-student-workshops>

Cost: \$50.60 (incl GST) per student

For all workshop enquiries contact opart.artsunit@det.nsw.edu.au

Partners



**SOFTBALL
OPEN TO
ALL AGES**



**REGISTRATION
IS NOW OPEN**

Scan the QR code for more information





Australian
Air League

JOIN NOW

NSW Group

NSW GROUP IS NOW ENROLLING



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls from the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Children Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

**FOR MORE INFORMATION ON THE AUSTRALIAN AIR
LEAGUE AND YOUR CLOSEST SQUADRON
PLEASE CONTACT**

Email: development.nsw@airleague.com.au
www.airleague.com.au Email: info@airleague.com.au

Free Call: 1800 502 175



LITTLE ATHLETICS 2023/24 SEASON

SEPT 2023 - MAR 2024

REGISTER NOW

- ✓ Season starts 15th Sept
- ✓ Two week trial available
- ✓ Family, Fun & Fitness

FEES Tiny Tots - \$105
U6 - U17 - \$165
Active Kids Vouchers accepted

Friday nights 6:30pm

HILLS CENTENARY PARK

Cnr Withers and Commercial Roads Rouse Hill

MORE INFORMATION

ramsathletics.com.au

rousehilllittleathletics@gmail.com





PROGRAMS



**LOWER
PRIMARY**
(5-7 years)



**UPPER
PRIMARY**
(8-11 years)








SECONDARY
(12-15 years)



Sydney Adoption and Education Centre
201 Rookwood Road, Yagoona NSW 2199

Sessions include:

-  A behind-the-scenes tour of our shelters
-  Making enrichment toys
-  Meeting a variety of shelter animals
-  Talks from various roles at RSPCA NSW
-  Exploring how our Inspectors perform rescues and enforce the law

SCAN ME



RSPCA NSW Education Team

☎ 02 9782 4478 ✉ education@rspcansw.org.au
🌐 <https://www.rspcansw.org.au/what-we-do/education/>

RSPCA 
New South Wales

OPEN TO
YOUNG
BUILDERS
Ages 6-15



Build Your Tomorrow. Today!



ENGINEERING, ROBOTICS & ELECTRONICS HOLIDAY CAMP

SCHOOL HOLIDAY PROGRAM

SPRING 2023

ELIGIBILITY	VENUE	DATES	FEES	BOOK ONLINE AT
K - Yr 6	Rouse Hill Public School	05/10 - 06/10	\$210	www.trybooking.com/CKPJD
K - Yr 6	Rouse Hill Public School	05/10	\$110	www.trybooking.com/CKPJD
K - Yr 6	Rouse Hill Public School	06/10	\$110	www.trybooking.com/CKPJD

Creative Kids
Voucher \$50

Early Bird 10% discount
till 10th September



For more information please call 0416 100 089

info@nwsydney@young-engineers.com.au
www.nwsydney.young-engineers.com.au

REGISTER NOW

JOIN TODAY AND
GET TO PLAY!



Restorative practice

A pro-social approach to resolving conflict

Restorative Practice is a positive approach that works with students, rather than doing things to them or for them.

Conflict is an inevitable part of life. How we work to resolve conflict impacts on a school's climate and culture and ultimately on students' social and academic outcomes. Schools need to be safe places where young people can learn and thrive in a supportive, enriching environment.

A restorative approach focuses on building and maintaining positive relationships across the whole school community. It aims to create an ethos of respect, inclusion, cooperation, accountability and responsibility.

Understanding Restorative Practice

Restorative Practice is a teaching and learning approach that promotes self-regulation and encourages behaviour that is supportive and respectful. It puts the onus on individuals to be truly accountable for their behaviour and to repair any harm caused to others as a result of their actions. When schools are restorative they:

- value quality relationships
- model empathy and respectful relationships
- value student voice and utilise collaborative problem solving
- view inappropriate behaviours as opportunities for learning
- apply procedural fairness
- recognise the importance of repairing damaged relationships
- separate the 'deed' from the 'doer'
- use active listening and positive language and tone
- avoid scolding, judging, lecturing or blaming
- foster self-awareness in the student
- implement consequences that are proportional and fair
- remain future focused.

A continuum of strategies

A restorative approach offers a continuum of strategies from informal conversations through to formal community conferencing and may include:

- positive classroom management strategies
- logical consequences
- collaborative problem-solving
- trained peer support teams for the playground
- structured one-on-one conversations
- mediation
- conferencing
- circle time.

Key elements

There are some key elements which underpin any restorative encounter:

- honesty and sincerity
- positive regard for individuals
- empathy
- individual responsibility
- shared accountability
- an optimistic view of personal growth and change.

Schools that work restoratively find that relationships are stronger and learning is more effective. Restorative dialogues can provide important 'teachable moments' and opportunities to understand the impact of behaviour of self and others.

Questions that promote discussion about consequences and encourage personal reflections have the potential to elicit empathy, remorse and learning. When working restoratively with young people or colleagues, it is important to:

- ask specific questions that encourage reflection and problem-solving
- use active listening skills
- avoid interrogation or asking "Why?", which can cause a defensive response
- recognise that in some situations there are no 'quick fixes' and it may require further intervention or support to see positive behaviour change.

Effective restorative questions

What happened?

- Value the student's voice and perspective.
- Focus on the timeline of events without blame.
- Understand and identify triggers.

What were you thinking about at the time?

- Develop emotional literacy by linking thoughts, feelings and actions.

What have your thoughts been since?

- Assess reflection following the incident when emotions have de-escalated.

Who has been affected by what happened?

- The key question to trigger empathy and remorse.
- Think beyond those directly involved to see the 'ripple effect' of actions and consider the personal impact.

In what way have they/you been affected?

- Name or describe the impact and acknowledge the consequences.

What do you think needs to happen to make things right?

- Include what you need to do.
- Devise agreed, realistic and meaningful resolutions to heal the harm.

If the same thing happened again, what would you do differently?

- An opportunity for learning and verbalising alternative strategies.

Restorative Practice is more than a series of questions. It is a non-punitive approach which accepts that we all make mistakes and have the ability to 'fix' the problem together and learn from our experiences. Restorative Practice is inclusive and concerned with maintaining and building connectedness between students, parents, teachers and the community. It is an essential component of wellbeing.

Further information

Research from the United Kingdom by Belinda Hopkins

<http://www.educ.cam.ac.uk/research/projects/restorativeapproaches/RA-in-the-UK.pdf>