



Coniston Connection

Newsletter Term 3 Week 8

Celebration time!

With Spring in the air, there is so much to celebrate! The warmer weather, the flowers blooming and animals bearing their young. (Perhaps magpie swooping season is not quite a celebration.)

It is also time to celebrate Mrs Martin (relieving Principal), Ms Daly (relieving Assistant Principal, Learning and Support) and Mr Kauffman (Year 4 class teacher) who all did a remarkable job in Mrs Morton's absence. Thank you!

Thank you also to the kind children who 'checked in' with Mrs Morton on her return. A little kindness goes a long way 😊



Thank you to our wonderful P&C for organising the Father's Day stall! We hope all the special men in the lives of our children enjoyed their special day.

Coming events

Week 9	Week 10	Term 4 Week 1
<ul style="list-style-type: none">Monday 15 September: Cantabile Choir Performance (singers only)Tuesday 16 September: 9 – 11am: PLAYGROUP CANCELLED TODAYWednesday 17 September: P&C Disco. K-2: 4.30-5.30pm. Year 3 -6: 6-7 pm.Thursday 18 September: Excelsior Cup (Stage 2 selected students)Friday 19 September: Stage 2 & 3 Gala Day	<ul style="list-style-type: none">Monday 22 September: K – 2 Science Space ExcursionTuesday 23 September 9 – 11 am: PlaygroupThursday 25 August: Stage 2 & 3 Paralympian visitFriday 26 September: SRC Cultural Mufti Day (wear your traditional clothing or the colours of your flag).Friday 26 September: Last day of term	<ul style="list-style-type: none">Tuesday 14 October: Term 4 – students return to schoolTuesday 14 October: 9 – 11am: Playgroup

For your diary

- Tuesday 21 October: Year 6 into Year 7 Keira High School transition day (details to come) – all Year 6
- Friday 24 October 10:15 - 11:45am: Grandparent's Day (information to come)
- Monday 27 October 7pm: P&C meeting in the Library
- Monday 3 November 2:15pm: Whole school assembly in the hall – item Year 4

What is overdue?

- The following items are now **overdue**:
- Kindergarten 2026 enrolments
 - Stage 2 & 3 Gala Day: due 10 September
 - K-2 Science Space Excursion: due 15 September

What is due?

There are no items currently due.



Contact Details

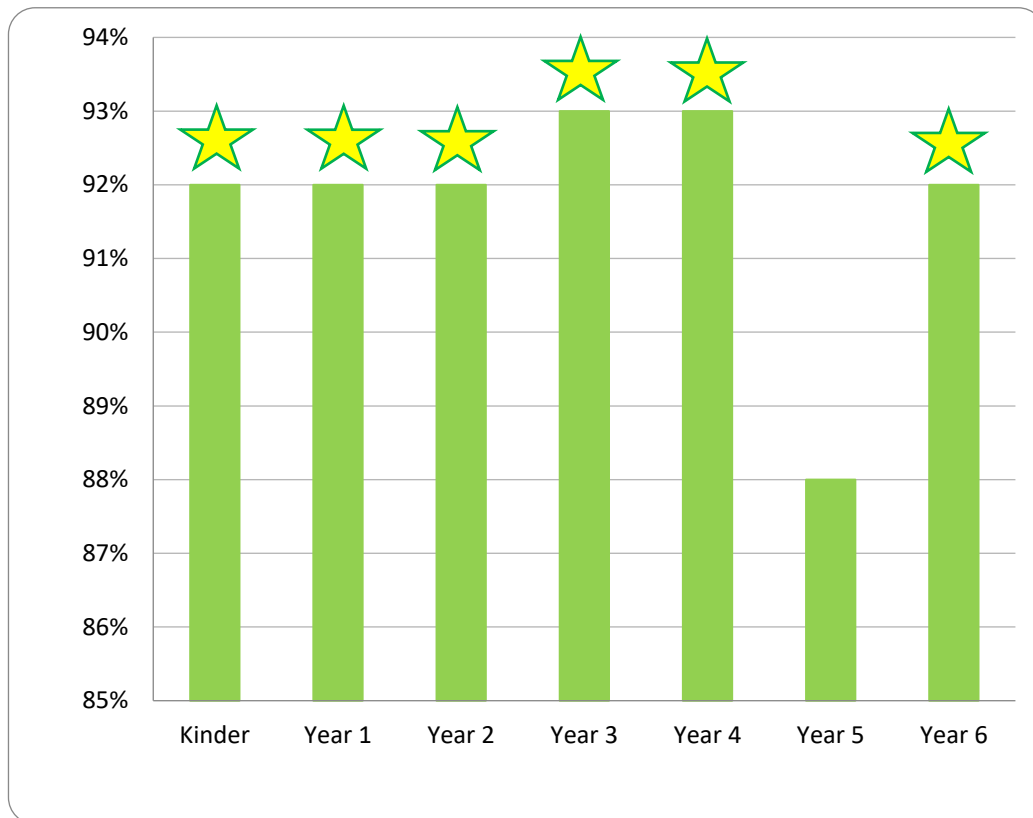
Coniston Public School
123 Auburn Street
Coniston NSW 2500

P: 02 4229 1117
E: coniston-p.school@det.nsw.edu.au
W: coniston-p.schools.nsw.gov.au
Facebook: www.facebook.com/ConistonPS

Attendance – Every day counts!

The attendance graph below is for the period 28 August – 10 September 2025.

Congratulations, Years K, 1, 2, 3, 4 & 6!
All over 90% attendance - remarkable effort



5/6P Assembly Item

Throughout this term in Creative Arts, Stage 3 students have been studying a variety of traditional cultural dances to understand why people and their community's dance. After researching and viewing a variety of famous international dances to expand their understanding of the role of dance around the world, small groups of students then choreographed their own cultural dance.

At last Monday's assembly, groups from Acacia 3 / 5/6P, performed their dance. Each dance demonstrated an understanding of the role of dance as well as the steps involved. The high level of team work was also evident. It was lovely to see so many parents / carers join us for this assembly. Great work, 5/6P!



Macedonian folk dance



Irish folk dance



Russian Cossack dance



African gumboot dance

Dental visit

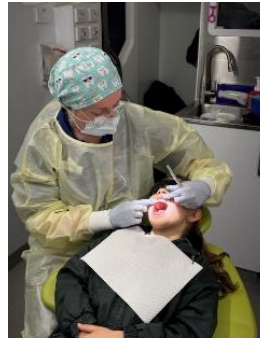
NSW Health Primary School Mobile Dental Program

The Primary School Mobile Dental program visited our school from 18 to 29 August. This proved to be a very worthwhile and valuable program with 60% of our students attending the dentist during this time. All students were given a comprehensive dental examination and dental clean. Dental x-rays, fluoride varnish application and fissure sealants were also given to those students who needed it. Parents/carers were contacted if their child needed urgent follow-up dental care and all parents/carers will receive a feedback letter.



All the dentists and dental nurses that visited the school were extremely friendly, kind and supportive of all students when they visited the dental van.

All students who participated in the program received an Oral Health pack that included a toothbrush, toothpaste and a brushing chart. Please encourage your child to use the brushing chart and to continue to look after their teeth.



Next week

Best wishes to:

- our Cantabile Singing Group who will perform at the Opera House on Monday night. Thank you to Mrs Pocknall for working with the group and to Miss O'Brien for all the organisation!
- our Stage 2 students who are representing the school in the Keira Community of Schools Excelsior Cup. Working in two groups of eight, they will solve a series of challenges on the day as they compete against other schools that are in the drawing area for Keira High School. Thank you, Miss O'Brien for all your organisation and Mrs Flynn for your input.
- our Stage 2 and Stage 3 students who are participating in the Gala Day next Friday. Thank you, Miss Aroney for your organisation!

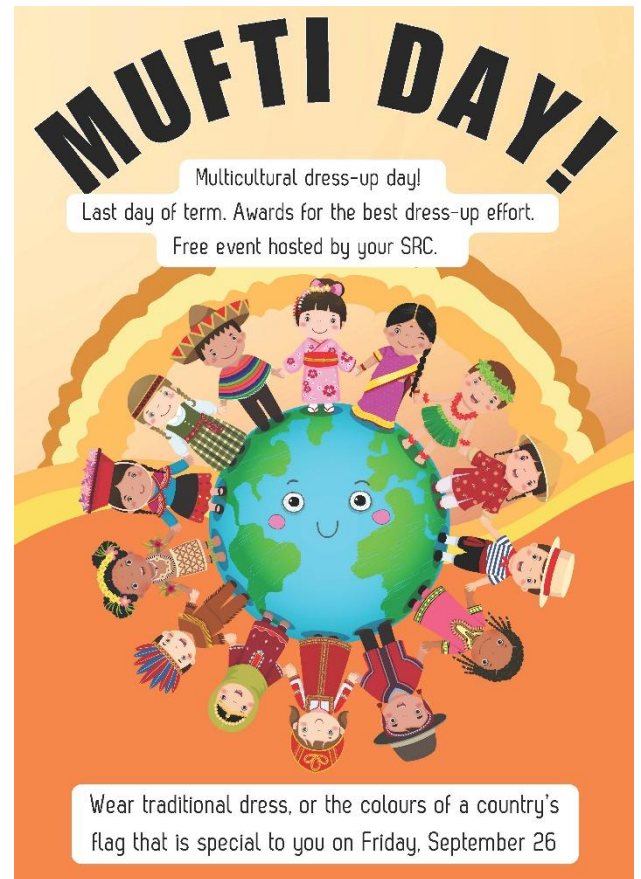
Cultural Mufti Day

The SRC will host a free mufti day on Friday September 26 to celebrate our students' cultural heritage.

The multicultural mufti is a chance to wear traditional dress to school, or wear the colour of the flag from a cultural background that is special to students.

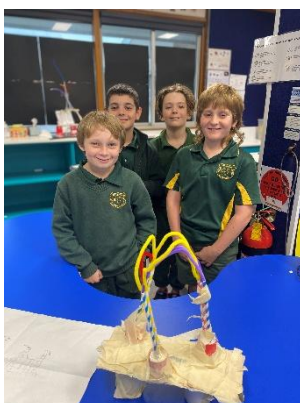
As usual, shoulders need to be covered, enclosed shoes on feet and a hat so students can play anywhere in the playground is required.

The SRC can't wait to see everyone's traditional clothing. Certificates will be awarded to the students who make the best effort to dress up in each class.



Acacia 2 (4D)

4D are learning about forces in science and had to work as a team to build a bridge that spanned at least 30cm and had the strength to hold three glue sticks. There were many successes and some failures that helped 4D learn that working as a team and carefully planning their work was the best recipe for success.



Planning for 2026

At this time of year, staff and financial planning for 2026 commences.

Kindergarten enrolments were due last term, so if yours is still outstanding please let us know as soon as possible. If you are unsure whether your child should start school, please contact us for advice. Children who turn 5 before 31 July 2026 are eligible to start school but all children who turn 6 in 2026 must start (unless granted an exemption).

For families of children in Kinder – Year 5, please let us know if your family will be leaving us at the end of the year.

Thank you in advance for ensuring we have the above information before the end of term.

While staff planning is in its early stages, we do know that:

- Mrs Hill will continue to teach two days per week, taking on the release from face-to-face role.
- Cedar teachers remain unchanged although they are all working part-time.
- Ms Madsen, our school counsellor, will be moving to a new school.
- Mrs Morton will be taking extended leave and will most likely retire at the end of that leave in September. The Director Educational Leadership Wollongong has already commenced the internal expression of interest process to fill Mrs Morton's position.

Official name change for our support unit

From the commencement of Term 4, all support units for students with emotional disturbance will be known as Intensive Learning Support (Mental Health). Their purpose, structure and staffing remain unchanged. At Coniston, our support unit is known as Cedar and we will continue to use this term internally.

P&C News



CONISTON PUBLIC SCHOOL

P&C

Future events

Term 3:

- **Disco** in the Library Wednesday 17 September: K - 2 4:30 – 5:30pm and Years 3 – 6 6 – 7pm. The school staff run the disco, and the P&C will provide the students with a drink and snack as they leave. There is no cost for the disco – it's a gift from the P&C to say thank you!

Term 4:

- **Fun Run** Friday 7 November - more information to come
- **Celebration Day** Wednesday 17 December – volunteers needed to distribute the ice creams – more information to come

Next P&C Meeting: Monday 27 October 2025 7pm in the school library.

Lunchbox ideas



Cool lunchboxes

An insulated lunchbox with an ice brick can keep the lunchbox 12°C cooler and the lunchbox foods safe.

Try adding a frozen:

- Water bottle
- Plain milk popper
- Reduced fat yoghurt



Frozen reduced fat
yoghurt pouch



Frozen ice brick



Frozen plain milk
popper



Frozen reduced fat
yoghurt tub



Frozen water bottle

Playgroup



Communities & Justice



ILLAWARRA MULTICULTURAL SERVICES
advancing participation

PLAYGROUP




Multicultural Supported Groups

مجموعات اللعب المدعومة متعددة الثقافات

FREE
Welcome
to ALL!

လူမျိုးပေါင်းစုံ ကလေးကစားခိုက်

Muhimu Watoto Dada Kikundi

Mondays	IMS Office - Level 1, 67-69 Market St, Wollongong
9:30 AM-11:30 AM	
Tuesdays	Coniston Public School 123 Auburn St, Coniston
9:00 AM-11:00 AM	
Thursdays	Wollongong West Public School 442 Crown St, Wollongong
10:00 AM-12:00 PM	

ALL WELCOME!

*The groups are run in English

Contact Paulina to register your interest

Mobile: 0431 123 389

Email: ppsavento@ims.org.au

www.ims.org.au
info@ims.org.au
[02 4229 6855](tel:0242296855)

www.facebook.com/ims.org.au
www.instagram.com/illawarramulticulturalservices/

Key
 School Term: ●
 Fortnightly: ●
 Women Only: ●
 Uni Students Only: ●



Central Wollongong (1/2)

Low-Cost & Free Meals Directory

Location	Time	Service	Provider
Monday			
Globe Lane Wollongong	8.30 - 9.30am	Breakfast ●	Need A Feed
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
1A Denison St Wollongong	9am - 12.30pm	Breakfast (adolescents only)	CHAIN
Wollongong Train Station (Gladstone Ave Side) Wollongong	6.15 - 6.45pm	Dinner	Vinnies Van
Tuesday			
1A Denison St Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
Building 11, Level 1A, University of Wollongong, Northfields Ave Keiraville	9.30 - 11am	Free Groceries ●	Pulse Pantry
Myuna Way Mangerton	10.30am	Meals & Free Groceries	Vinnies Van
3 Court Lane Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
1 Railway Station Square Wollongong	5.30pm	Dinner	Lighthouse Community Kitchen
MacCabe Park, Burelli St Wollongong	5.30 - 6.30pm	Dinner	Kind Hearts Illawarra
Wednesday			
1A Denison St, Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
3 Court Lane, Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
Wollongong Train Station (Gladstone Ave Side) Wollongong	6.15 - 6.45pm	Dinner	Vinnies Van
By Appointment			
170 Corrimal Street Wollongong	Call (02) 4228 1499	Free Groceries ●	Women Illawarra

Key
 School Term: ●
 Fortnightly: ●
 Women Only: ●
 Uni Students Only: ●



Central Wollongong (2/2)

Low-Cost & Free Meals Directory

Location	Time	Service	Provider
Thursday			
1A Denison St Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm 11:30am - 12pm	Meals & Free Groceries Lunch	St Vincent de Paul Coniston Homeless Hub
3 Court Lane Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
Building 11, Level 1A, University of Wollongong, Northfields Ave Keiraville	2 - 3.30pm	Free Groceries ●	Pulse Pantry
4-10 Gibsons Rd Figtree	5 - 6.30pm	Dinner ●	Manna House
Wollongong Train Station (Gladstone Ave Side) Wollongong	5 - 6.30pm	Free Groceries	Wollongong Homeless Hub and Housing Services
1 Railway Station Square Wollongong	5.30pm	Dinner	Lighthouse Community Kitchen
MacCabe Park, Burelli St Wollongong	5.30 - 7pm	Dinner & Free groceries	Kind Hearts Illawarra
Friday			
1A Denison St Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
3 Court Lane Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
83 Burelli St Wollongong	5pm	Dinner	Fresh Start Mission
Sunday			
McCabe Park, 83 Burelli St Wollongong	5pm	Dinner ●	Food Not Bombs
By Appointment			
152 Keira St Wollongong	Call (02) 8624 8600	Free Groceries	Anglicare
170 Corrimal Street Wollongong	Call 4228 1499	Free Groceries ●	Women Illawarra

<https://foodfairnessillawarra.org.au>



Lifeline South Coast Big Book Fair



23 - 26 October, 2025
Illawarra Sports Stadium, Berkeley

Early Bird Night

Thu 23

5pm - 9pm

\$10 entry

Fri 24 - Sat 25

9am - 5pm

Gold Coin entry

Sun 26

9am - 4pm

Gold Coin entry

½ price Book Day!

Super Saturday

1pm - 2pm: Special Author Appearance

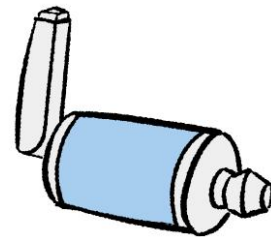
4pm - 5pm: Low Sensory Hour

www.lifelinesouthcoast/bigbookfair.org.au



Healthy Cities
Australia

Breathe Better Illawarra



Give Me Space! Free School Holiday Workshop for Families Living with Asthma

- A day of fun and learning for families living with asthma
- Circus activities with Milk Crate Circus
- Receive a \$75 shopping voucher for participating in a consultation about supporting a child with asthma
- Each child with asthma receives a free spacer device

Koonawarra Public School

(enter via Wallabah Way gate)

Date: Thursday 17 July
Time: 10:00am - 2:00pm (includes lunch and snacks)
Info: Call Alexander on 4283 8111, email
alexander@healthycities.org.au

Transport Transport available. Bookings essential.



**ASTHMA
AUSTRALIA**

Funded by Asthma Australia
thanks to the Pearl Sheppard Trust



Scan QR Code to register

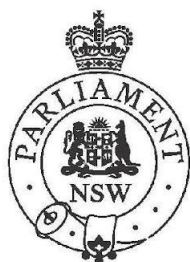


Free activities
for children
up to 12 years
at the
Parliament
of NSW

Friday
10 October
9.30am – 3pm

Visit Australia's oldest
Parliament, step inside
history and get creative in
workshops and role plays.

- Visit our heritage rooms
- Make craft animals and objects
- Play music and draw with Blak Douglas
- Have your say in a committee role play
- Learn how to vote
- Enjoy live music and more...



FREE ENTRY

Activities 9.30am to 3pm

LOCATION

Parliament of New South Wales,
6 Macquarie Street
Opposite Martin Place

The public café will be open.

**BOOKINGS
ESSENTIAL**

P: (02) 9230 2047 or

E: dps.education@parliament.nsw.gov.au



Wollongong Cricket Club

REGISTER TODAY

WOLLONGONG



QR code for registration



Free Swimming Lessons

Northern Stars Swim School is excited to announce that our free Swimming Lessons Program, proudly funded by the NSW Government, will be running in Term 4 2025!

This valuable 10-week program is designed to help children who are not currently enrolled in swimming lessons to build vital water safety and swimming skills — at no cost to families. We encourage families to nominate their child/ren.

Key Details:

- Location: Russell Vale or Dapto centres
- Program Duration: 10 weeks, commencing the week of 13th October
- Eligibility: Children not currently accessing swimming lessons and are at a beginner level
- Notification: Families will be informed of the outcome from Monday 6th October
- Nominations Close: 27th September

To nominate a child, please contact the school's office for the application form then email it to the relevant centre

- Russell Vale: info@northernstars.com.au
- Dapto: dapto@northernstars.com.au.

Don't miss this chance to give your child/ren the skills they need to stay safe and confident in the water.

Kind regards,
Northern Stars Swim School



Exciting Opportunity – Free Swimming Lessons with Northern Stars!

School Aged 5-12yrs - High School 12-18yrs - Adults

Northern Stars is thrilled to announce a new initiative, proudly funded by the NSW Government, to provide free swimming lessons to participants! This fantastic program will run for 10 weeks during the school term, helping participants build essential water safety and swimming skills, and who are not currently accessing swimming lessons.

Lessons will be held in either our Russell Vale or Dapto locations.

Spaces are limited in this program and as such there will be a selection process. You will be notified by 18th July if your child has been selected in the next round of lessons.

Nominations are open now and will close on 27th September. The program will commence the week of 13th October.

We encourage all interested participants to take advantage of this amazing opportunity. For more information please contact either centre;

Russell Vale info@northernstars.com.au
42858700

Dapto dapto@northernstars.com.au
42615826

To nominate a participant please complete the below form and return via email

Your Name

Name of Participant

Participants D.O.B

Non English

☐

Yes

☐

No

Indigenous

☐

Yes

☐

No

Your Relationship to Participant

Your Contact Number (or contact number of adult participant)

If participant is under 18 years;

Parents Name

Parents Contact Number

Reason for Nomination

Swimming Ability

Swim Centre Wanting to Attend

☐

Russell Vale

☐

Dapto

Please Note: It is a requirement of this program that you/your child commits to their lessons and attends 10 weeks of swimming. Continuity of lessons in the same class and with the same teacher is important for the progression of swimming skills. If you/your child is going to be absent, please contact the centre with minimum 24 hours' notice. We will then reschedule the missed lesson for your child to attend.



Nippers Season 2025-2026

Regos now open Nippers Season 2025-2026

Its time to register your children and families
for the Nippers Season

New and returning members WELCOME!

- ❖ Returning Nippers – Jump online to register
- ❖ New to the club, email: wcslnippersrego@gmail.com

IMPORTANT DATES FOR THE CALENDAR

21/9 – Swim Proficiency (10-12)

12/10 – Nippers Commences

