



Coniston Connection

Newsletter Term 4 Week 2

Celebration time!

Lamesha and Asaviah recently received the school's Deadly Awards at the Northern Illawarra Aboriginal Education Consultative Group's ceremony. Congratulations, Lamesha and Asaviah!

Lamesha received her award for her kindness and support as a friend to others, remarkable growth in confidence and outstanding abilities in visual arts.

Asaviah received his award for being a dedicated and hardworking student, approaching every task with persistence and continuing to achieve and grow with determination.



Coming events

Week 3	Week 4	Week 5
- Monday 27 October 7pm: P&C meeting in the Library - Tuesday 28 October: 9 – 11am: Playgroup - Wednesday 29 October: celebrating World Teacher's Day (instead of 31/10)	- Monday 3 November 2:15pm: Whole school assembly in the hall – item by Year 4 - Thursday 6 November: School Counsellor Recognition Day (instead of 7/11) - Tuesday 4 November: 9 – 11am: Playgroup - Friday 7 November: Fun Run	Tuesday 11 November: 9 – 11am: Playgroup

For your diary

- Tuesday 18 & 25 November, 2 December 9:15 - 10:45am: Kindergarten 2026 Orientation
- Monday 24 November 7pm: P&C Meeting in the Library
- Monday 1 December 2:15pm: Whole school assembly in the hall – item by Kindergarten
- Tuesday 2 December: Public High Schools Orientation Day
- Wednesday 10 December: Year 6 Graduation and Farewell
- Tuesday 16 December 9:30am: Presentation Assembly
- Wednesday 17 December: Celebration Mufti Day
- Friday 19 December: Last day of the school year for students and staff

What is overdue?

- The following items are now **overdue**:
- Kindergarten 2026 enrolments

What is due?

- Thursday 13 November: Year 6 Jamberoo Day
- Wednesday 15 November: Fun Run forms and money
- Friday 21 November: Year 6 2026 Polo shirt orders

Contact Details

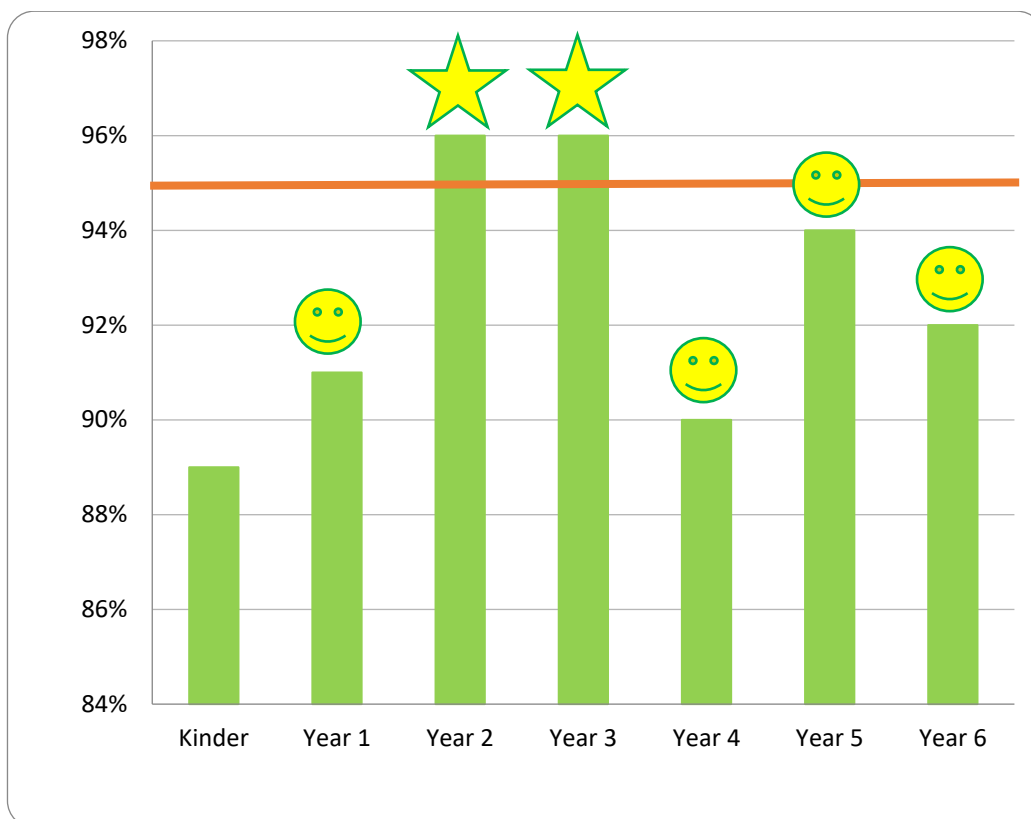
Coniston Public School
123 Auburn Street
Coniston NSW 2500

P: 02 4229 1117
E: coniston-p.school@det.nsw.edu.au
W: coniston-p.schools.nsw.gov.au
Facebook: www.facebook.com/ConistonPS

Attendance – Every day counts!

The attendance graph below is for the period 25 September – 22 October 2025. The red line is the Department of Education's 95% expected attendance marker.

Congratulations, Year 2 and Year 3 - 96%



Advising us of an absence: There are several ways to advise us of your child's absence.

1. Reply to the SMS from 0436 480 998. You need to respond for each child individually.
 2. Call us between 8:30 – 8:55am on 4229 1117.
 3. Send in a written note once your child has returned to school. The note needs your child's name and class, the date, the date/s of the absence and the reason. Absences of three or more days should be accompanied by a medical certificate or other supporting documentation.
- If you are **going on a holiday** during the school term, you must apply well in advance using an *Extended leave – travel* form available from our office. A certificate will be issued for you to take with you.

**School
starts
at
8:55am**

Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins
per day



=

3 days



30 mins
per day



=

18 days



**Patterns of lateness
can have a serious
impact on your child's
education.**

education.nsw.gov.au

from NSW Department of Education resource: *Every day counts!*

A visit from Luke Pople - basketball Paralympian

4D and Ms Daly

On Thursday Week 10, Stage 2 and 3 students enjoyed a visit from Dapto Paralympian, Luke Pople who represented Australia at last year's Paralympics in Paris. The visit is part of a program that brings Paralympians into primary schools to share their stories and promote messages of inclusion, diversity and resilience. The program aims to expand across Australia to foster more inclusive societies by challenging perceptions of disability.

4D wrote letters to Luke to thank him for coming - here are some excerpts:

One of my favourite things that you said is how we are all different in a good way and how we should never judge people with disabilities by what they look like. It reminded me of the phrase never judge a book by its cover. I still can't believe that a Paralympian came to my school, it was an honour. Sadie

I really enjoyed you talking about all the ways we can help make it easier for people who are disabled. I now know how I can help make it easier for them. I loved how you never gave up. I hope you make the next Paralympics. H

The best thing about the talk was when you told us about your basketball career when you bumped into the man in the store and he asked do you want to play wheelchair basketball? Daniel



Fun Run 7 November 2025 – Get ready!!

Mrs Flynn

Our school is holding a Fun Run to promote health and fitness while raising funds to purchase additional playground equipment.

We invite parents and families to join us on the day. Bring a picnic blanket to set up around the oval or join in for a few laps. Enjoy the music and some fun dance moves throughout the morning as we cheer on our students. Students can walk or run and take breaks as needed.

Event Details

When: Friday, 7 November 2025
Time: 9:15am – 10:30am
Where: Bottom oval of CPS



Kindergarten & Year 1: Aim for 5–10 laps

Years 2 & 3: Aim for 10–15 laps

Years 4, 5 & 6: Aim for 15–20 laps

Sponsorship forms were sent home with students this week. Every little bit helps and goes towards making our playground fun and engaging. Sponsorship can be per laps completed or as a single donation. Every \$5 raised earns a raffle ticket for a chance to win two passes to Jamberoo Recreation Park, plus there will be smaller prizes on the day.

We look forward to a fun-filled morning and appreciate the support of our wonderful school community in making this event a success!

Social media age restrictions hub

The Australian Government is protecting young Australians at a critical stage of their development, through world-first social media age restrictions taking effect on 10 December. Find information in this hub to help you understand and prepare for the change.



Information for young people

Explore advice for under-16s, including what to do with existing accounts.



Information for families

Find resources and conversation starters for your family.



Information for educators

Use the resources and information to help your students with the change.



Information for children under 16: [How will the social media age restrictions affect me if I'm under 16?](#)

Information for families: [Social media restrictions and your family](#)

Cyber Security Awareness Month

Cyber Security Awareness Month is here and a refreshed [Cybermarvel](#) site is here with webinars for families. The E-safety Commissioner has released [two webinars](#) that may be of interest to you:

- The changing face of cyberbullying: protecting your child in 2025
 - 29 October, 12:30 to 1:15 pm
- Understanding and using parental controls to help protect your child online.
 - 6 November, 12:30 to 1:15 pm

For families with children 5 to 8 years of age, check out the [Cyber playtime videos](#) to learn more about cyber safety, online stranger danger, passwords, phishing and being kind online.

Cyber playtime

Junior primary students can watch these videos and play along using materials available at home or at school.





CONISTON PUBLIC SCHOOL

P&C

Future events

Term 4:

- **Celebration Day** Wednesday 17 December – volunteers needed to distribute the ice creams – more information to come

Next P&C Meeting: 7pm Monday 27 October 2025 in the school library.

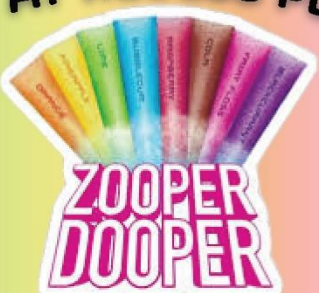
Year 6 Fundraising

YEAR 6 ZOOPER DOOPER FUNDRAISER



ONLY 1 DOLLAR EACH!!!

SELLING AT RECESS PLAYTIME



ZOOPER DOOPER

TUESDAY WEDNESDAY FRIDAY
Starting Wednesday 22nd October
Limit 2 per person



Starts Wednesday 22/10

swap it
everyday in the lunchbox

Busting lunchbox myths!

Marketing and health claims can make choosing everyday foods very confusing.

Did you know that whilst a muesli bar contains healthy ingredients, the added sugar and fat make it a sometimes food?

Swap from muesli bars to sunflower or pumpkin seeds, roasted fava beans, wholegrain cereal bites, reduced fat yoghurt or fresh fruit.

SWAP FROM



Muesli bar

➔

SWAP TO



Wholegrain cereal bites



Communities & Justice



ILLAWARRA MULTICULTURAL SERVICES
advancing participation

PLAYGROUP




Multicultural Supported Groups

مجموعات اللعب المدعومة متعددة الثقافات

လူမျိုးပေါင်းစုံ ကလေးကစားပွဲ

Muhimu Watoto Dada Kikundi

Mondays
9:30 AM-11:30 AM

IMS Office - Level 1, 67-69
Market St, Wollongong

Tuesdays
9:00 AM-11:00 AM

Coniston Public School
123 Auburn St, Coniston

Thursdays
10:00 AM-12:00 PM

Wollongong West Public School
442 Crown St, Wollongong

ALL WELCOME!

Contact Paulina to register your interest
Mobile: 0431 123 389
Email: ppsavento@ims.org.au

*The groups are run in English

www.ims.org.au

info@ims.org.au

02 4229 6855

www.facebook.com/ims.org.au

www.instagram.com/illawarramulticulturalservices/



THE LORD MAYORS

School Starter Picnic

A FREE EVENT
FOR 2026 SCHOOL STARTERS
AND THEIR FAMILIES

Sunday 26 October, 10am-12pm
MacCabe Park (southern end)
Cnr Church & Ellen Street, Wollongong
Dharawal Country

Wet weather plan: Coniston Public School, 123 Auburn St

For more information or to register, scan QR code or contact

John Walsh on 4283 9943, or
transitiontoschool@bigfatmile.com.au

Tracey Kirk-Downey on 0458 881 713, or
participate@wollongong.nsw.gov.au



www.transitiontoschool.com.au



A Wollongong City Council accessible and inclusive event. Wollongong City Council is a child safe organisation and committed to the principals of social justice and celebrates diversity.



Low Cost & Free Meals Directory

Key
 School Term: ●
 Fortnightly: ●
 Women Only: ●
 Uni Students Only: ●



Low-Cost & Free Meals Directory

Location	Time	Service	Provider
Monday			
Globe Lane Wollongong	8.30 - 9.30am	Breakfast ●	Need A Feed
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
1A Denison St Wollongong	9am - 12.30pm	Breakfast (adolescents only)	CHAIN
Wollongong Train Station (Gladstone Ave Side) Wollongong	6.15 - 6.45pm	Dinner	Vinnies Van
Tuesday			
1A Denison St Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
Building 11, Level 1A, University of Wollongong, Northfields Ave Keiraville	9.30 - 11am	Free Groceries ●	Pulse Pantry
Myuna Way Mangerton	10.30am	Meals & Free Groceries	Vinnies Van
3 Court Lane Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
1 Railway Station Square Wollongong	5.30pm	Dinner	Lighthouse Community Kitchen
MacCabe Park, Burelli St Wollongong	5.30 - 6.30pm	Dinner	Kind Hearts Illawarra
Wednesday			
1A Denison St, Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
3 Court Lane, Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
Wollongong Train Station (Gladstone Ave Side) Wollongong	6.15 - 6.45pm	Dinner	Vinnies Van
By Appointment			
170 Corrimal Street Wollongong	Call (02) 4228 1499	Free Groceries ●	Women Illawarra
Thursday			
1A Denison St Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm 11:30am - 12pm	Meals & Free Groceries Lunch	St Vincent de Paul Coniston Homeless Hub
3 Court Lane Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
Building 11, Level 1A, University of Wollongong, Northfields Ave Keiraville	2 - 3.30pm	Free Groceries ●	Pulse Pantry
4-10 Gibsons Rd Figtree	5 - 6.30pm	Dinner ●	Manna House
Wollongong Train Station (Gladstone Ave Side) Wollongong	5 - 6.30pm	Free Groceries	Wollongong Homeless Hub and Housing Services
1 Railway Station Square Wollongong	5.30pm	Dinner	Lighthouse Community Kitchen
MacCabe Park, Burelli St Wollongong	5.30 - 7pm	Dinner & Free groceries	Kind Hearts Illawarra
Friday			
1A Denison St Wollongong	9am - 4.30pm	Breakfast (adolescents only)	CHAIN
16 Miller St Coniston	9am - 12pm	Meals & Free Groceries	St Vincent de Paul Coniston Homeless Hub
3 Court Lane Wollongong	11am - 12.30pm	Morning Tea & Lunch	Lifeline South Coast
83 Burelli St Wollongong	5pm	Dinner	Fresh Start Mission
Sunday			
McCabe Park, 83 Burelli St Wollongong	5pm	Dinner ●	Food Not Bombs
By Appointment			
152 Keira St Wollongong	Call (02) 8624 8600	Free Groceries	Anglicare
170 Corrimal Street Wollongong	Call 4228 1499	Free Groceries ●	Women Illawarra

Lifeline Big Book Fair – this weekend



Lifeline South Coast Big Book Fair

23 - 26 October, 2025
Illawarra Sports Stadium, Berkeley

Early Bird Night
Thu 23
5pm - 9pm
\$10 entry

Fri 24 - Sat 25
9am - 5pm
Gold Coin entry

Sun 26
9am - 4pm
Gold Coin entry
½ price Book Day!

Super Saturday
1pm - 2pm: Special Author Appearance
4pm - 5pm: Low Sensory Hour

www.lifelinesouthcoast/bigbookfair.org.au

Cricket Blasters Program



CRICKET BLASTERS PROGRAM

Calling all 6-12 year olds!



**REGISTER NOW!**
**COMMENCING
FRIDAY 7TH NOV**

 REGISTRAR.WDCC@GMAIL.COM

Lowes School Uniforms



Lowes will have a price adjustment on school uniforms, which will take effect from Term 1 2026. The increase will average approximately 2.6% across Schoolwear garments.

This decision follows a careful review of rising production, distribution, and retail wage costs. While these pressures have continued to grow, Lowes have worked hard to keep any increase to a minimum ensuring they can maintain the quality, durability, and service that our school and families expect from Lowes.

To further support families, Lowes have kept prices on our core uniform range on hold, limiting the overall impact of these increases wherever possible.

Lowes' regular "20% off" sale events will also continue throughout the year to help families manage uniform expenses.

Host Families wanted

The poster is for "Become a Host Family!" and features a purple background with orange and white circular graphics. It includes images of families, a house icon, and a QR code. The text is in white and orange, with a call to action at the bottom.

Become a Host Family!

Your ordinary Family is Extraordinary for an Exchange Student

Experience the joy of cultural exchange by welcoming an exchange student into your home! As a host family, you'll provide a safe and supportive environment for a young student eager to learn about life in Australia.

Why Host?

- Discover a new culture without leaving home
- See your family life through different eyes
- Develop lifelong friendships that span across the globe
- Teach your family about diversity and global understanding

Join our community of welcoming families today and make a difference in the life of a student and your family!
SCAN TO VIEW OUR STUDENTS' PROFILES AND BECOME A VOLUNTEER HOST FAMILY!

WWW.YFU.COM.AU

yfu
STUDENT EXCHANGE

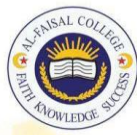
Mosque Open Day



المركز الثقافي الإسلامي في أستراليا
AUSTRALIAN ISLAMIC
CULTURAL CENTRE
EST. 1978/1398H
www.aicentre.org.au
info@aicentre.org.au
1800 417 779

You are invited to the

MOSQUE OPEN DAY



4 Colleges:
AUBURN
CAMPBELLTOWN
LIVERPOOL
LAKEMBA
www.afc.nsw.edu.au
1800 000 149

10am-2pm

25 October

**FREE
ENTRY**

What to expect at the Mosque Open day?

Come to the mosque to learn more about Islam, ask questions and get to know your local Muslim community.

FREE
QURAN

Activities include: Meet the Sheikh • Guide Mosque Tours • Q&A Sessions
Kids Activities including Jumping Castles & Animal Petting Zoo
Police & Fire Truck displays • Gift Bags • Books

Proudly supported by




Services we provide




Everyone is welcome at 4 Mosque locations



**GRAND OMAR
MOSQUE**
AUBURN - AUSTRALIA
AUBURN
43-47 Harrow Road



**Masjid Bilal
LIVERPOOL**
HINCHINBROOK
6 Wilson Road



MASJID NORTH SHORE
— ARTARMON —
ARTARMON
35 Hampden Road



**MASJID OMAR
WOLLONGONG**
GWYNNEVILLE
9 Foley Street

Safety Information

CHILD CAR SEATS

Parents of children when dropping off school may not have the correct child car seat fitted.

Children aged under 7 years must use an approved suitable child restraint when travelling in a vehicle. A child restraint is a forward-facing or rear-facing child car seat (also referred to as a baby car seat or baby capsule), or a booster seat.

Please note below basic 5 step test before a child can move to seatbelt.

Five-step test: Before your child can move to a seatbelt

1



Sit with their back against the seat back.

2



Bend their knees over the front of the seat.

3



Sit with the sash belt across their mid-shoulder.

4



Sit with the lap belt across the top of their thighs.

5



Remain in this position for the whole trip.