



VICTORIA AVENUE PUBLIC SCHOOL

Include • Inspire • Innovate

SCHOOL NEWSLETTER • 19 May 2023 • TERM 2 WEEK 4

IMPORTANT DATES
TERM 2
Week 5
Tuesday 23 May
K – 2 CARRS Park excursion Koori Connections
Wednesday 24 May
National Simultaneous Storytime
Friday 26 May
National Sorry Day PSSA
Week 6 – National Reconciliation Week
Friday 2 June
PSSA Armour Day
Week 7
Monday 5 June
Debate at Newington Public School
Thursday 8 June
Public Speaking School Finals
Friday 9 June
PSSA

National Simultaneous Storytime (NSS) 2023

This year NSS takes place on Wednesday 24 May 2022 at 11:00am. NSS is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. Now in its 22nd successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children’s book that explores age appropriate themes, and addresses key learning areas of the National Curriculum for Foundation to Year 6. This year I look forward to reading *The Speedy Sloth* by Rebecca Young and beautifully illustrated by Heath McKenzie to Kindergarten.



Road Safety - Hold your child's hand

Did you know that it is recommended you hold your child's hand when crossing the road until they are ten years old? Adults are always responsible for the safety of the young children in their lives. Hold their hand or hold them close to keep them safe.

Even though kids may complain about holding hands, making family rules about safe walking, explaining these rules, and reinforcing safe behaviour will help children learn how to become safer pedestrians.

Hold your child's hand whenever walking:

- On the footpath
- In and around driveways
- When walking in car parks
- When crossing the road.

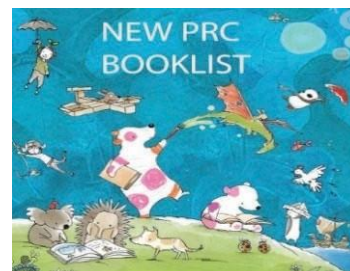


Year 5 and Year 6 Camp

Stage 3 students will be attending The Great Aussie Bush Camp from the 7 – 9th August, at Tea Gardens. Information notes will be sent home next week through school bytes.

Premier's Reading Challenge

Victoria Avenue Public School encourages all students to participate in the Premier's Reading Challenge (PRC). This is a wonderful opportunity for you to interact with your child in a meaningful way and for them to experience a variety of quality literature throughout the year. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition, but a challenge to each student to read, to read more and to read more widely. The PRC is open to all NSW students in Kindergarten to Year 9, in government schools.



Stewart House Donation Drive 2023

Every year, 1,600 public school children attend Stewart House at no cost to their parents or carers. During a 12-day stay, they are provided with dental, optical, hearing and medical screening and treatment. Children participate in educational programs and excursions designed to develop their social and emotional skills, build self-esteem and improve their overall wellbeing.

This experience provides children with a much-needed break from their current circumstances. They are inspired to see beyond the present and to have real hope and positive aspirations for their future. Children in the care of Stewart House attend a specific purpose school onsite for 10 days of their 12-day stay. The NSW Department of Education provides infrastructure and staffing support for this school.

All other costs associated with the children's stay are met from charitable donations. To support this, they are currently holding their annual donation drive and a donation envelope was sent home with every student earlier in the year. Thank you to all of our families who have already kindly donated to this wonderful cause. Should you wish to donate, and also be entered into their raffle, then please do so by Friday 26 May 2023. Additional envelopes are available from our school office.

The Zones of Regulation – Whole School Program

The Zones of Regulation aims to teach children strategies to help them cope with challenging feelings so they can get back to feeling calm and ready to learn. These coping strategies are called 'self-regulation'. We use the Zones language as part of a whole school approach to help students regulate their emotions and behaviour. The Zones can be likened to traffic lights:

Green: you are 'good to go!'

Yellow: slow down or take warning

Red: stop and regain control

Blue: rest area where you pull over when you're tired and need to recharge.



Positive School Attendance

Regular attendance at school is essential for students to achieve quality life outcomes. Schools, in partnership with parents, are responsible for promoting the regular attendance of students. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

Parents and Carers can help foster positive attendance habits by:

- helping their child learn the importance of punctuality and routine
- ensuring their child arrives on time from the start of the school day, ready to participate in learning
- reducing disruption to learning where possible, by planning any necessary appointments outside of school time
- promptly communicating any absence to the school (within 7 days of the first day of any absence)
- working with the school to encourage and support regular attendance.

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstances e.g. attending a funeral.

Parents must provide an explanation for absences to the school within 7 days from the first day of any period of absence. Where an explanation has not been received within the 7-day timeframe, the school will record the absence as unjustified on the student's record. For further information you can read this brochure from the NSW Department of Education.

Please remember students are encouraged to be *In the Gate by Half-Past 8 – Attendance Matters*

Late Drop off and Early Pick Up

If you are picking up your child early, you must go to the school office and sign them out. If a student is late coming to school, you must sign them in at the front office before they go to class. Students cannot sign themselves in or out of school. Please try to avoid collecting children during our break times. Should this be unavoidable please allow enough time for us to locate them within our grounds.

Have a lovely fortnight.

Elisa Baker
Principal

Restorative Practices

Restorative Practices form the relational basis for Quality Teaching and Learning. Our Restorative Practice Framework, because of its explicit nature, offers a common language and practice capable of fostering healthy relationships. Student achievement is enhanced through Restorative values being embedded as a way of being and learning together. Our approach fosters individual responsibility and helps develop empathy. Inappropriate behaviour or choices and mistakes can be viewed as an opportunity for insight, learning and development in both the academic and social domains.

The explicit framework is inextricably linked to the Quality Teaching Framework and includes the following sets of questions to be asked by children, teachers and parents.

When Things Go Wrong.... When Someone Has Been Hurt

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way?
- What do you think you may do to make things right?
- What did you think when you realised what happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

The process is empowering as it takes students from the past to the present and gives them hope for the future. It empowers them to make things right and heal any harm that has been done. A restorative classroom setting is one that values dialogue through an inclusive approach where everyone expects to be heard and through this participatory process, students develop the capacity to learn that emotions are an important and legitimate expression of healthy dialogue. This process helps students to deal with conflict, tensions and difference in respectful ways that engender trust and foster healthy relationships.

Our Help Increase the Peace (HIP) Keys

Our school values incorporate the 'Help Increase the Peace Keys' to promote a harmonious, nurturing, and challenging living and learning environment.

The HIP program offers a whole school approach to building relationships through communication, co-operation, trust building and conflict resolution.

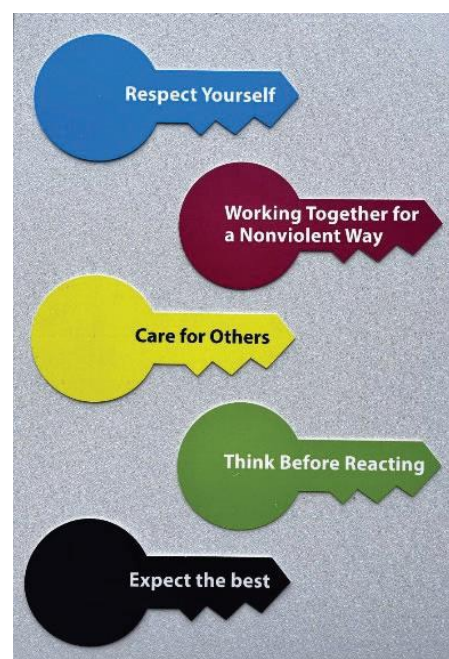
YELLOW KEY Care for Others

GREEN KEY Think Before Reacting

BLUE KEY Respect Yourself

RED KEY Work Together for a Non-Violent Way

BLACK KEY Expect the Best

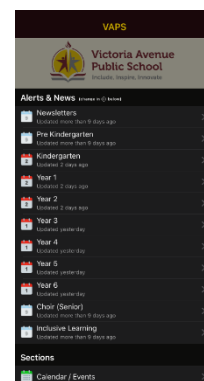


Parent Communication

We use a variety of platforms to communicate information about upcoming events and highlight the great things that happen at Victoria Avenue Public School.

School Enews App

Important notifications are posted and emailed on the School Enews App. School Enews is a free app available for all mobile devices. Just download the app from the App Store or Play Store by searching for Victoria Avenue Public School. Please ensure that push notifications alerts are turned on so that you can receive information as soon as it is distributed.



School Website

Our school website is updated frequently. Our school website is <https://victoriaav-p.schools.nsw.gov.au>



Victoria Avenue Public School

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Facebook

Victoria Avenue Public School has its own Facebook page where we celebrate student achievements. Parents are unable to post any news items, but can comment on reports and photos. The page is designed to keep the community up to date regarding all the wonderful things that happen at Victoria Avenue Public School.



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Victoria Avenue Medical Procedures

Prescribed Medication:

When a medical practitioner has prescribed medication that must be administered during the school day, parents/carers must:

- notify the school
- provide up to date information as required
- supply the medication and any 'consumables' necessary for its administration in a timely way
- complete the Victoria Avenue Public School Medical Permission Note (please see the office for a copy of this note).

The administration of prescribed medication in schools is carried out by staff who volunteer and who are trained. Students must not carry medication unless there is a written agreement between the school and the student's parents/carers.

Individual Health Care Plans:

An individual health care plan must be developed for:

- severe asthma, type 1 diabetes, epilepsy and anaphylaxis
- any student who is diagnosed as having a condition that may require an emergency response
- any student who requires the administration of health care procedures

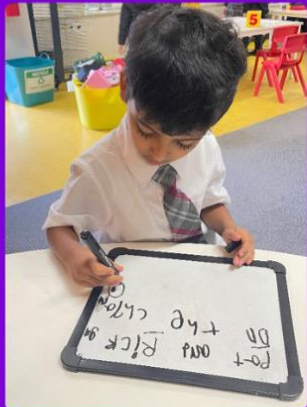
If your child has any health conditions and does not already have an existing individual health care plan, please contact the office to collect the required forms.

If your child has an adrenaline auto injector (EpiPen) prescribed by a medical practitioner, an Action Plan for Anaphylaxis must be completed. If the school does not have a current, Action Plan for Anaphylaxis please have your child's doctor complete one immediately.

If your child has allergic reactions where no adrenaline autoinjector is prescribed by a medical practitioner, an Action Plan For Allergic Reactions must be completed. If the school does not have a current Action Plan for Allergic Reactions please have your child's doctor complete one immediately.

If your child has been prescribed by a medical practitioner as having asthma, an Asthma Action Plan is required. If the school does not have a current Asthma Action Plan please have your child's doctor complete one immediately.

Writing about Books!



In Kindergarten, we have been reading lots of different books.



When writing, we are learning to use capital letters, finger spacing and full stops.

Mixing the ingredients together made play-dough



KANGAROO'S LATEST CLASS PROJECT

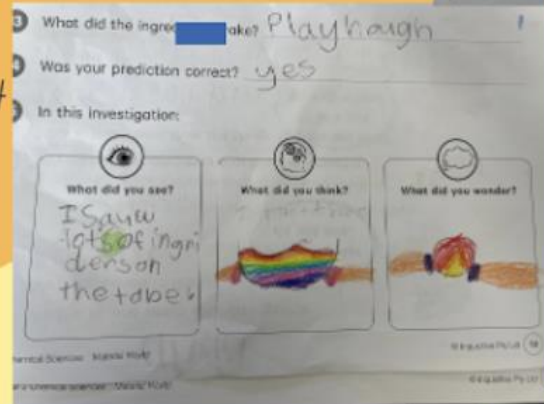
Science

In science, we have been looking at different ingredients. We compared different ingredients and predicted what we thought the ingredients made. We made PLAY-DOUGH!

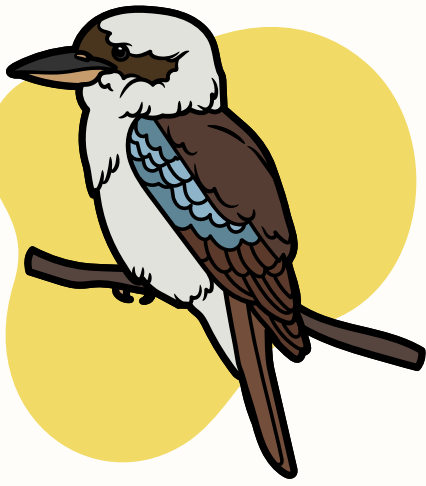


WE WROTE ABOUT...

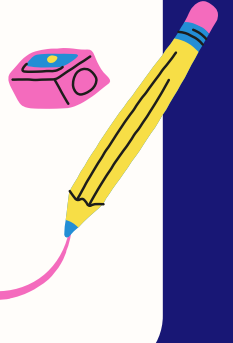
What we saw, thought about and wonder about mixing different ingredients together



WE HAD SO MUCH FUN!



What's been happening in the Kookaburras?



Multiculturalism Public Speaking

This term we have been exploring the cultural diversity in our class. In English, we have been conducting research in order to prepare for the Multicultural Perspective Speaking Competition. We have explored the power of sport and the way that language can strengthen multiculturalism.

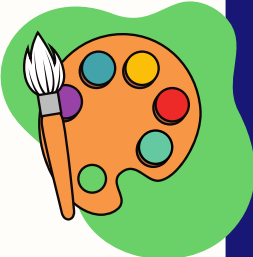


Mathematics



In Mathematics, we have been developing our knowledge of place value and how it can help us to choose effective strategies when adding and subtracting numbers.

Visual Arts



We read a lot of books about the bilby species. To celebrate their unique qualities we used intricate patterns and bright colours to make this beautiful window display.



Physical Education - Fitness



During fitness we have been developing some of the fundamental movement skills needed when playing soccer. These include; kicking, sprinting and dodging. The kookaburras are kicking personal goals!



English - Writing to inform

We have been learning how to write procedural texts to inform an audience. Our class enjoyed experimenting with glow in the dark slime and writing our own procedures. We hope you enjoy Nadia's instructions!



Title: How to make Fluffy Slime

Materials

- Plastic cup
- Mixing stick
- large clear bowl
- unscented shaving cream
- glow in the dark glitter glue
- Elmer's magical liquid (7 teaspoons)
- Big plastic ruler

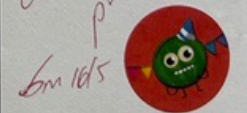
Method (planning steps)

1. Strongly squeeze out your glue into the large, clear bowl.
2. After that, carefully add a few teaspoons of the Elmer's magical liquid with the glue in the bowl.
3. Thoroughly shake the bottle of shaving cream until it's not lumpy.
4. Then, spray the shaving cream into a cup.
5. Squeeze hard the cup hard so all the shaving cream can go into the bowl.
6. Mix the slime thoroughly until it's fluffy.
7. Now enjoy the slime.

Useful adverbs

- Strongly ✓
- Carefully ✓
- Thoroughly ✓
- Hardly ✓

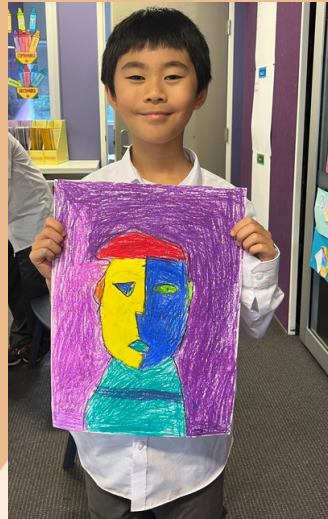
Wow! This is an outstanding procedure!



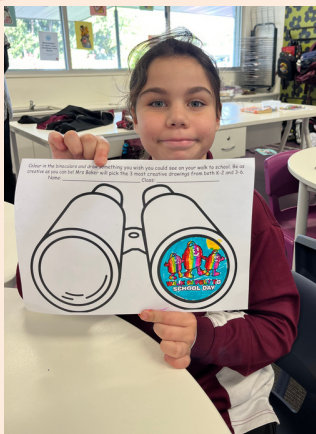
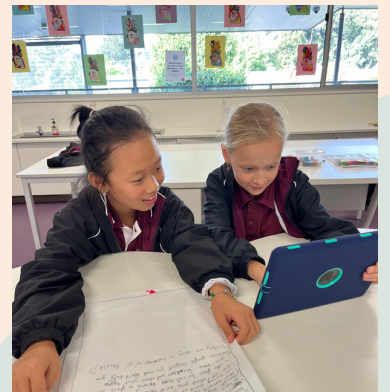
What's been happening in the Cockatoos?



The Cockatoos have been learning about Picasso's cubism and created some stunning portraits that are now proudly hanging in the school foyer.



In English, students have been conducting research in order to prepare for the Multicultural Perspectives Speaking Competition.



To raise awareness for Walk Safely to School Day, the Cockatoos participated in a drawing competition where they drew what safe things they would love to see on their walk to school.



WHAT'S HAPPENING IN STAGE 3



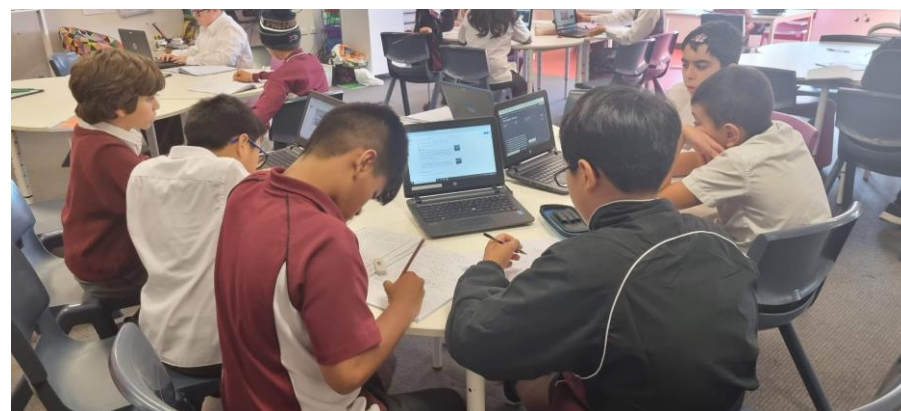
It has been a busy fortnight for students in Stage 3!

Year 6 were very excited to receive their fabulous Year 6 jerseys this week.

In maths, students have been applying different strategies to add and subtract. They have also been using protractors to measure and construct angles.

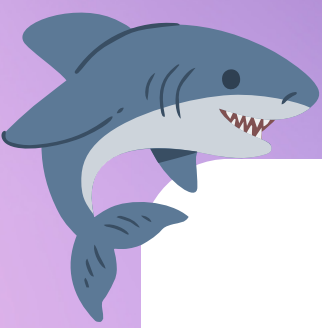
In science, they made predictions about the viscosity of a variety of liquids before performing a fair test.

In English, students have been working hard to complete narrative storyboards while also preparing speeches for the Premier's Multicultural Public Speaking Competition. All students will present their speeches to their class in week 6. Class finalists will then present their speeches at the stage final in week 7.



2023 Years 5 and 6 topics

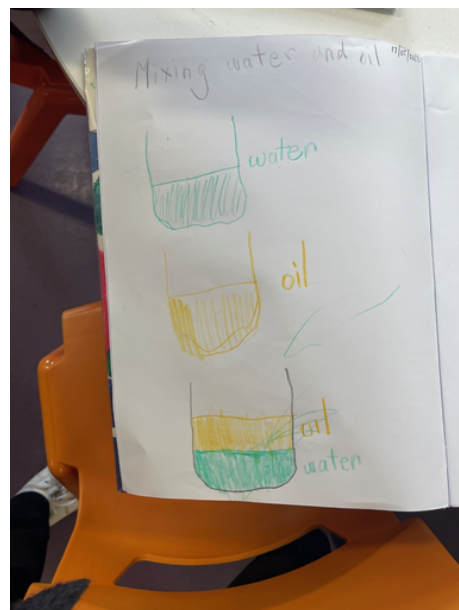
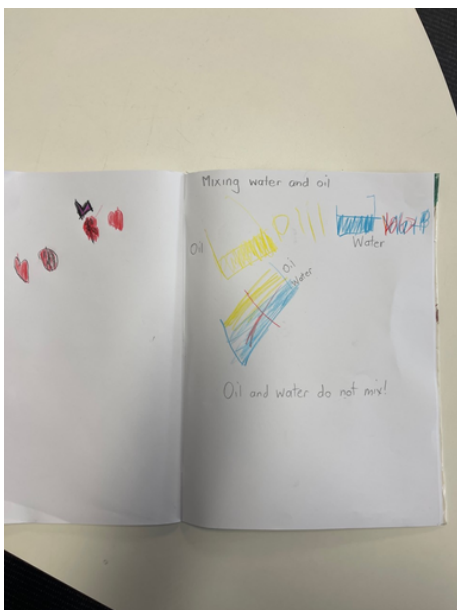
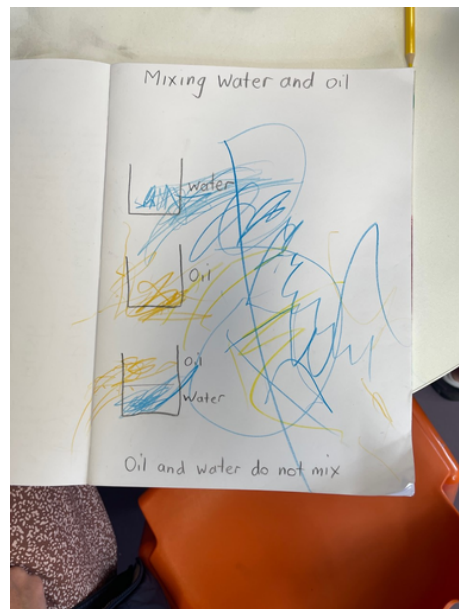
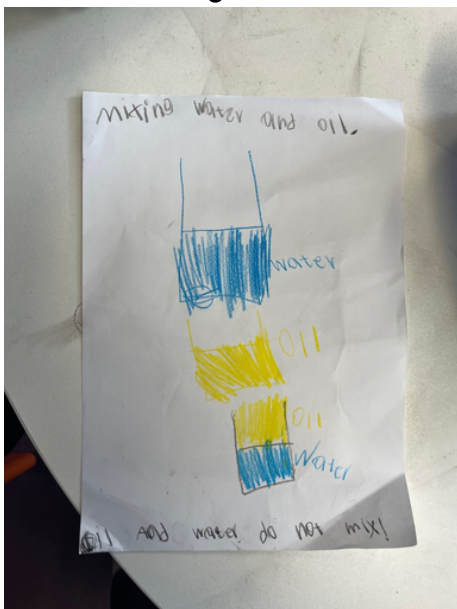
Creating connections
Everyday racism
Colour matters
My backyard
Raising your voice
Sport is a game-changer
Learning from the past
Privilege
Identity – it's complicated
Difficult journeys



SHARKS

The Sharks have been learning about how mixing certain materials can have interesting results.

They found that you cannot mix water and oil together because it won't combine.

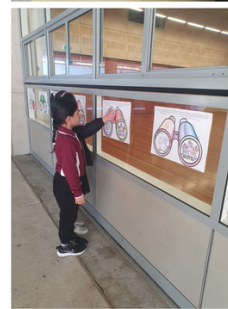
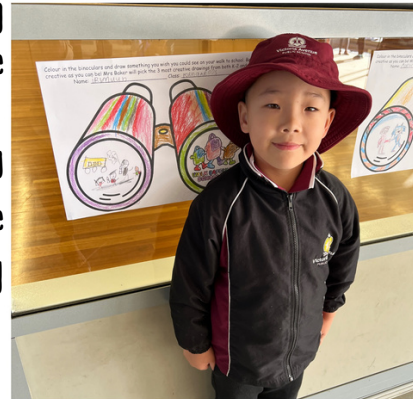
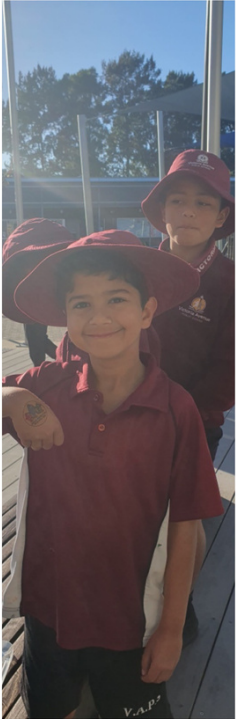


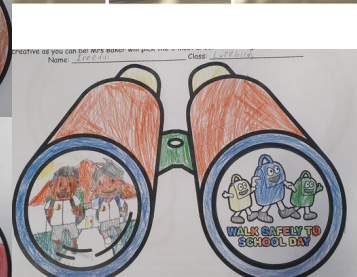
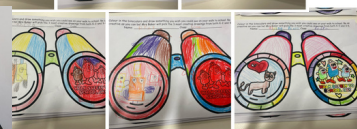
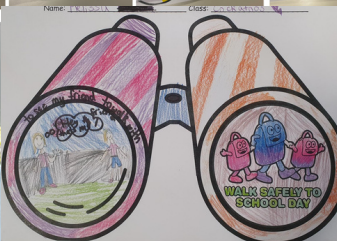


Walk Safely to School Day

We loved seeing everyone's great colouring ins! So many creative ideas about what we wish we could see on the way to school.

Congratulations to our seven winners who had their designs displayed around the school today! Students were so excited to get their temporary tattoos to celebrate how safely they all walked to school!







CANTEEN MENU

RECESS/SNACKS

Yoghurt Cup	\$3.00
Mixed Berries with Yoghurt	\$3.50
Fruit Cup	\$3.00
Vege & Hummus Cup	\$3.00
Homemade Muffins	\$2.50
Homemade Cookies	\$1.50
Hash Browns	\$2.00
Garlic Bread	\$1.50
Cheese and Crackers	\$2.00

SANDWICHES

Available At Lunch
Monday - Friday

All Served on Wholemeal Bread	
Wrap 50c	
Toasted 50c	
Gluten Free Bread \$2.00	
Vegemite	\$3.00
Tasty Cheese or One Salad Item	\$3.00
Egg with Mayonnaise & Lettuce	\$4.50
	from
Ham/Chicken/Tuna	\$4.00
With Salad	\$5.00
Salad - Lettuce, Tomato, Cucumber & Carrot	\$4.50

SALAD BOXES

Salad Box -Lettuce, Tomato, Cucumber, Carrot	\$4.00
	From
Add Chicken, Tuna or Egg	\$1.00
add avocado	\$1.00

DAILY SPECIALS

MONDAY

Nachos (Beef or Bean)	\$5.00
Chicken Nuggets (6 Pieces)	\$3.00
- Add Chips	\$3.00

TUESDAY

Sushi	\$5.00
Mi Goreng Noodles	\$5.00

WEDNESDAY

Mac & Cheese	\$5.00
Pizza Pockets	\$5.00

THURSDAY

Butter Chicken & Rice	\$5.00
Cheeseburger	\$5.00

FRIDAY

Beef Pie	\$5.00
Sausage Roll	\$5.00
Chicken Burger	\$5.00

Drinks

Water Bottles	\$2.00
Just Juice	\$2.50
Milk (Choc & Strawberry)	\$3.00
Chill J	\$3.00

Frozen Treats

Ice-blocks	From \$2.00
Frozen Yoghurt	\$3.00
Bulla Icecream Cup	\$3.00