



VICTORIA AVENUE PUBLIC SCHOOL

Include • Inspire • Innovate

SCHOOL NEWSLETTER • 8 September 2023 • TERM 3 WEEK 8

IMPORTANT DATES

TERM 3

Week 9 – Swim School

Monday 11 September

Talk Money Stage 3

Thursday 14 September

Stage 3 SOPA Nature Project

Friday 15 September

Costumes Due for the VPS Spectacular
Footy Colours Day

Week 10 – Swim School

Monday 18 September

Rehearsal for VAPS Spectacular

Tuesday 19 September

Victoria Avenue Spectacular

Wednesday 20 September

Zone Athletics Carnival

Thursday 21 September

Our Spectacular Choir Performance

Friday 22 September

PSSA

Last Day of Term 3

Victoria Avenue Public School Spectacular

With only 11 sleeps to go until our Victoria Avenue Spectacular, our students are busy practicing their dance moves and finalising their art displays. We hope to see you here.

Absences and Extended Leave

If your child is absent for any reason from school, could you please ensure that a note, phone call or email to your child's teacher or to the school email is provided stating the date and reason for the absence. This is a legal responsibility and is closely monitored by the Department. An explanation of absence is required within 7 days. If the school has not received an explanation outlining a reason for the absence, a reminder letter will be sent home. If you are taking a long term of absence (5 days or more), for example a holiday during the school term, you must apply for leave via the school's front office and complete a Certificate of Extended Leave. Leave greater than 20 school days will not be approved. Documentation such as travel details, itinerary or flight bookings are needed to issue the extended leave certificate.

Footy Colours Day

Footy Colours Day is a national community fundraising campaign that helps kids with cancer keep up with school. Students are encouraged to wear their favourite mufti footy colours to school on Friday 16 September and bring a gold coin donation to support the fight against cancer. Footy Colours Day is a community fundraising campaign observed for the entire month of September. Established by the Fight Cancer Foundation, the event raises funds to support children in their fight against cancer. From hospital bills to recovery, the challenges of living with a cancer diagnosis cannot be overstated. Footy Colours Day is a reminder that we must come together in our fight against this fatal disease. Ever since its inception in 1995, the fun and sporty events held under Footy Colours Day have raised millions of dollars and supported hundreds of cancer patients and survivors.



NSW Police Legacy Child Safety Handbook

The “NSW Police Legacy Child Safety Handbook” is a comprehensive and free resource to assist parents, carers as well as teachers on a range of topics essential to child safety.

The updated digital edition (link below) includes important content updates from: NSW Rural Fire, NSW Ministry of Health, NSW Police Force, Fire and Rescue NSW, Transport NSW, State Emergency Services, NSW Department of Family & Community Services, eSafety Commissioner and NSW Office of the Children's Guardian.

Please click on the cover below to view the digital handbook:

Here are additional links where the digital handbook can be viewed:

NSW Police Legacy – <https://www.policelegacynsw.org.au/resources/>

Child Safety Hub website – <http://nsw.childsafetyhub.com.au/handbook/>



Have a wonderful fortnight.

Elisa Baker
Principal

The Zones of Regulation – Whole School Program

The Zones of Regulation aim to teach students strategies to help them cope with challenging feelings so they can get back to feeling calm and ready to learn. These coping strategies are called ‘self-regulation’. We use the Zones language as part of a whole school approach to help students regulate their emotions and behaviour. The Zones can be likened to traffic lights:

Green: you are ‘good to go!’

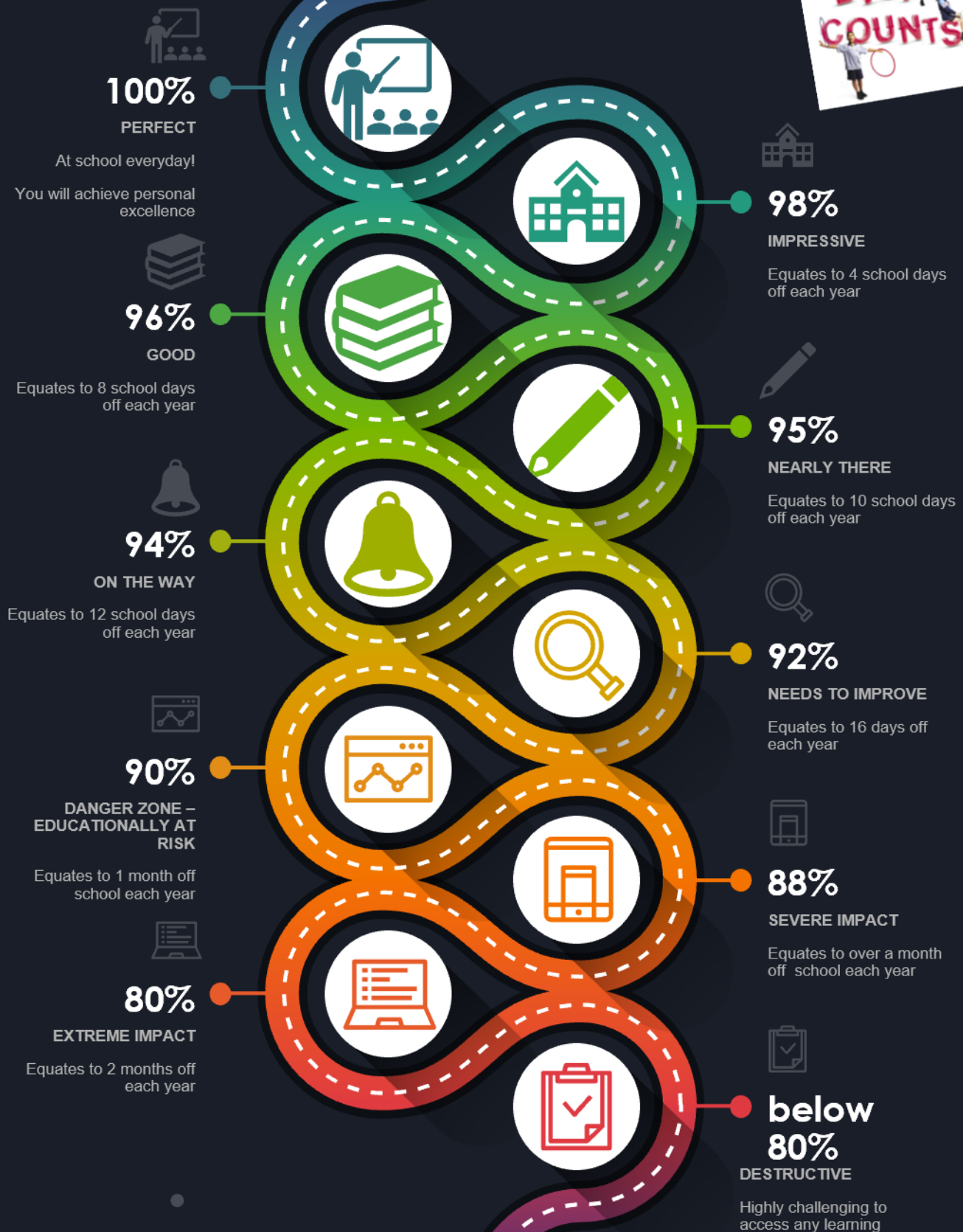
Yellow: slow down or take warning

Red: stop and regain control

Blue: rest area where you pull over when you’re tired and need to recharge.



Attendance Road Map



Based on 195 learning days per year

Dropping Off and Picking Up students

A 'Kiss and Ride Zone' or 'Drop-off and Pick-up' area utilises existing 'No Parking' zones around schools. In these areas, drivers may stop to drop off or pick up children, however No Parking rules apply:

- Maximum stop time is 2 minutes
- Driver must remain in or within 3 metres of the vehicle
- Vehicle must not be left unattended

Additional safety tips for school zones:

- Always drop-off or pick-up your child from the designated area, following the school's procedures
- Make sure children use the footpath-side door when getting in and out of a car
- Make sure the hand brake is applied when the vehicle is stationary
- Never double park
- Never park across a pedestrian crossing
- Never undertake a U-turn in close proximity to the school.

Safety Tips for Students:

- Stay buckled up until the vehicle has stopped in the 'Drop-off and Pick-up' area
- Make sure your school bag and other items are in a safe position, e.g. on the floor
- Be ready to get out of the car with your belongings when the car has stopped and you have unbuckled your seatbelt
- Always get in and out of the backseat of the vehicle through the safety door - the rear footpath-side door.

No Stopping



What does it mean? You cannot stop in this area FOR ANY REASON (including queuing or waiting for space).

Why is it there? Keeps clear sight lines between drivers and children/pedestrians.

Penalty \$330 + 2 Demerit Points (School Zone)

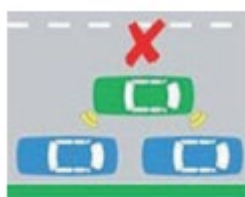
No Parking



What does it mean? You can stop in a NO PARKING zone for a maximum of two minutes to drop off and pick up passengers. If no spaces are available, you cannot queue on the road way or in any other zones while waiting for a space. You will need to drive away and park elsewhere, only returning when there is space to pull up. You must stay within three metres of your vehicle at all times.

Why is it there? To provide a safe place for children/pedestrian set down and pick up.

Double Parking



You must not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.

Why is it there? Double parking forces other cars to go around you causing traffic congestion and reduces the view of drivers and children crossing the road.

Penalty \$330 Demerit points (School Zone)

Restorative Practices

Restorative Practices form the relational basis for Quality Teaching and Learning. Our Restorative Practice Framework, because of its explicit nature, offers a common language and practice capable of fostering healthy relationships. Student achievement is enhanced through Restorative values being embedded as a way of being and learning together. Our approach fosters individual responsibility and helps develop empathy. Inappropriate behaviour or choices and mistakes can be viewed as an opportunity for insight, learning and development in both the academic and social domains.

The explicit framework is inextricably linked to the Quality Teaching Framework and includes the following sets of questions to be asked by children, teachers and parents.

When Things Go Wrong.... When Someone Has Been Hurt

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way?
- What do you think you may do to make things right?
- What did you think when you realised what happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

The process is empowering as it takes students from the past to the present and gives them hope for the future. It empowers them to make things right and heal any harm that has been done. A restorative classroom setting is one that values dialogue through an inclusive approach where everyone expects to be heard and through this participatory process, students develop the capacity to learn that emotions are an important and legitimate expression of healthy dialogue. This process helps students to deal with conflict, tensions and difference in respectful ways that engender trust and foster healthy relationships.

Our Help Increase the Peace (HIP) Keys

Our school values incorporate the 'Help Increase the Peace Keys' to promote a harmonious, nurturing, and challenging living and learning environment.

The HIP program offers a whole school approach to building relationships through communication, co-operation, trust building and conflict resolution.

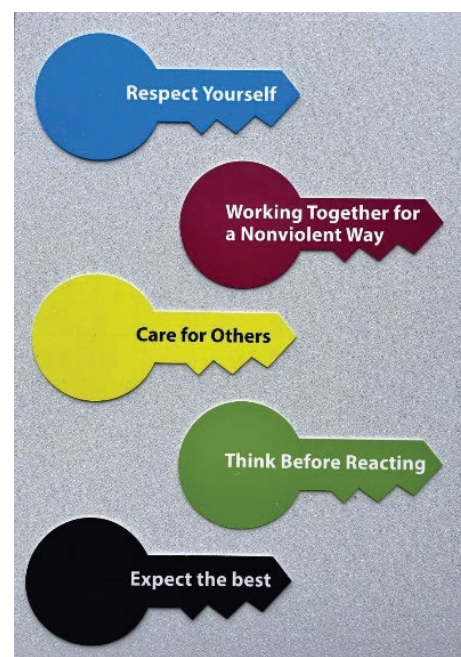
YELLOW KEY Care for Others

GREEN KEY Think Before Reacting

BLUE KEY Respect Yourself

RED KEY Work Together for a Non-Violent Way

BLACK KEY Expect the Best

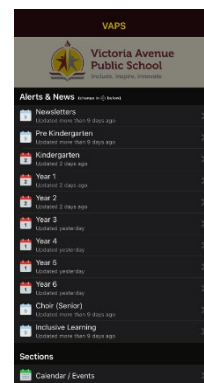


Parent Communication

We use a variety of platforms to communicate information about upcoming events and highlight the great things that happen at Victoria Avenue Public School.

School Enews App

Important notifications are posted and emailed on the School Enews App. School Enews is a free app available for all mobile devices. Just download the app from the App Store or Play Store by searching for Victoria Avenue Public School. Please ensure that push notifications alerts are turned on so that you can receive information as soon as it is distributed.



School Website

Our school website is updated frequently. Our school website is <https://victoriaav-p.schools.nsw.gov.au>



Victoria Avenue Public School

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Facebook

Victoria Avenue Public School has its own Facebook page where we celebrate student achievements. Parents are unable to post any news items, but can comment on reports and photos. The page is designed to keep the community up to date regarding all the wonderful things that happen at Victoria Avenue Public School.



Victoria Avenue Public School

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Every song featured in our
performance was in a movie
soundtrack



VICTORIA AVENUE'S SCHOOL SPECTACULAR

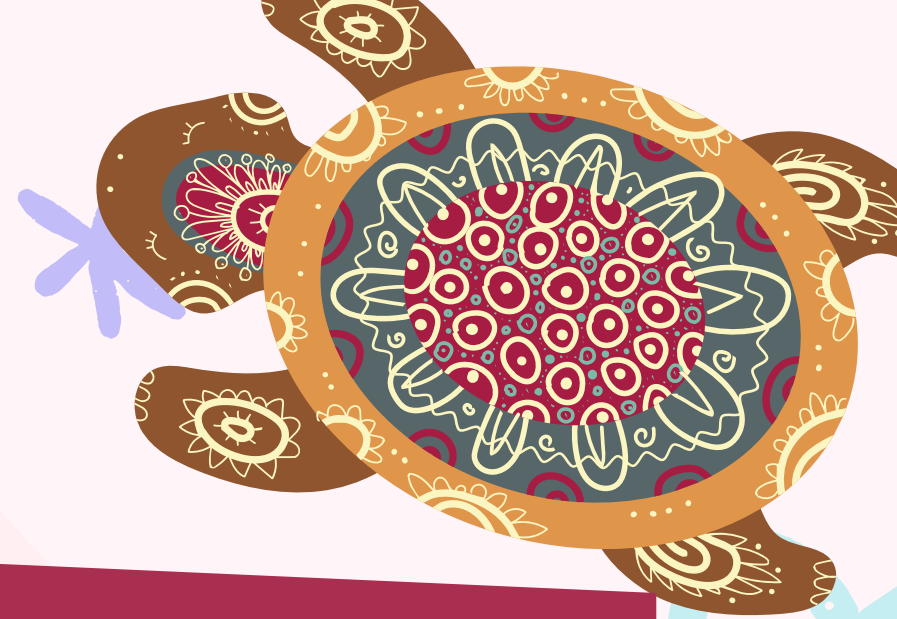
P&C WILL
BE HOSTING
A SAUSAGE
SIZZLE

YEAR 6 WILL
HOST A
PEDDLER'S
PARADE

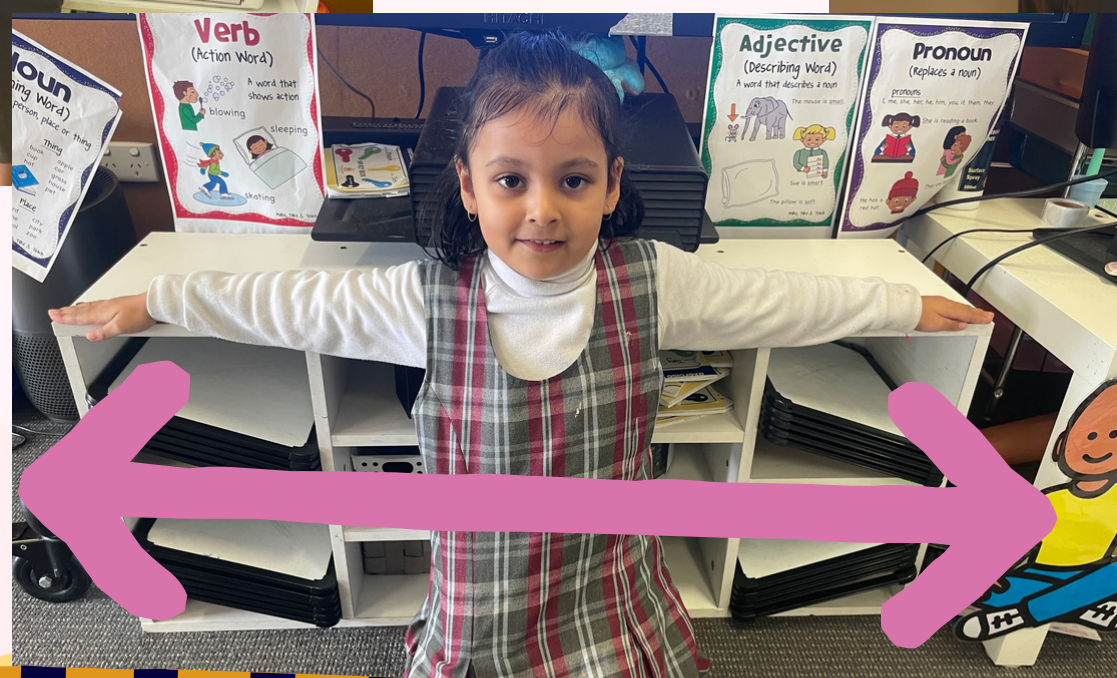
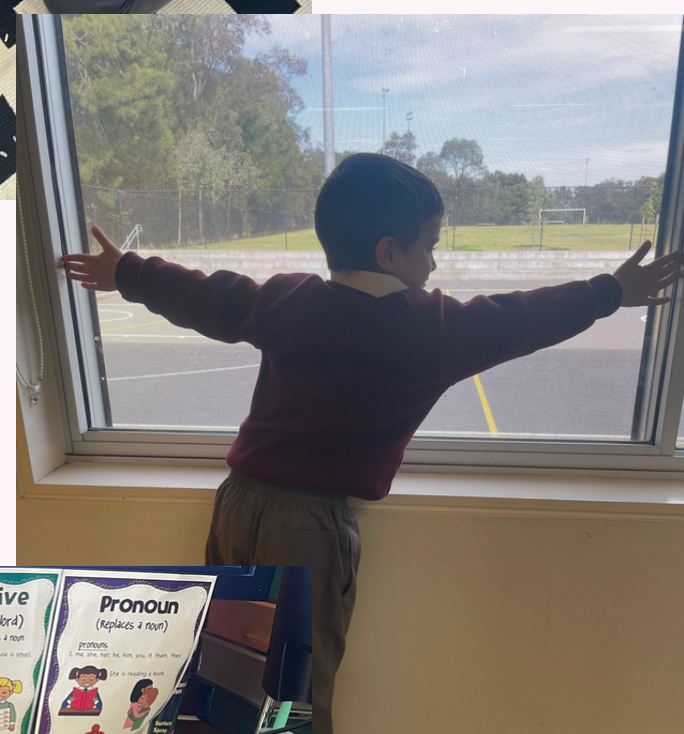
19.9.23

11:30am in the school hall

Turtles



The Turtles have been exploring all things measurement this fortnight. Students have measure how long their hugs were and found objects within the classroom that were the same length. They have also been exploring capacity of containers by using rice to compare and order them by size.

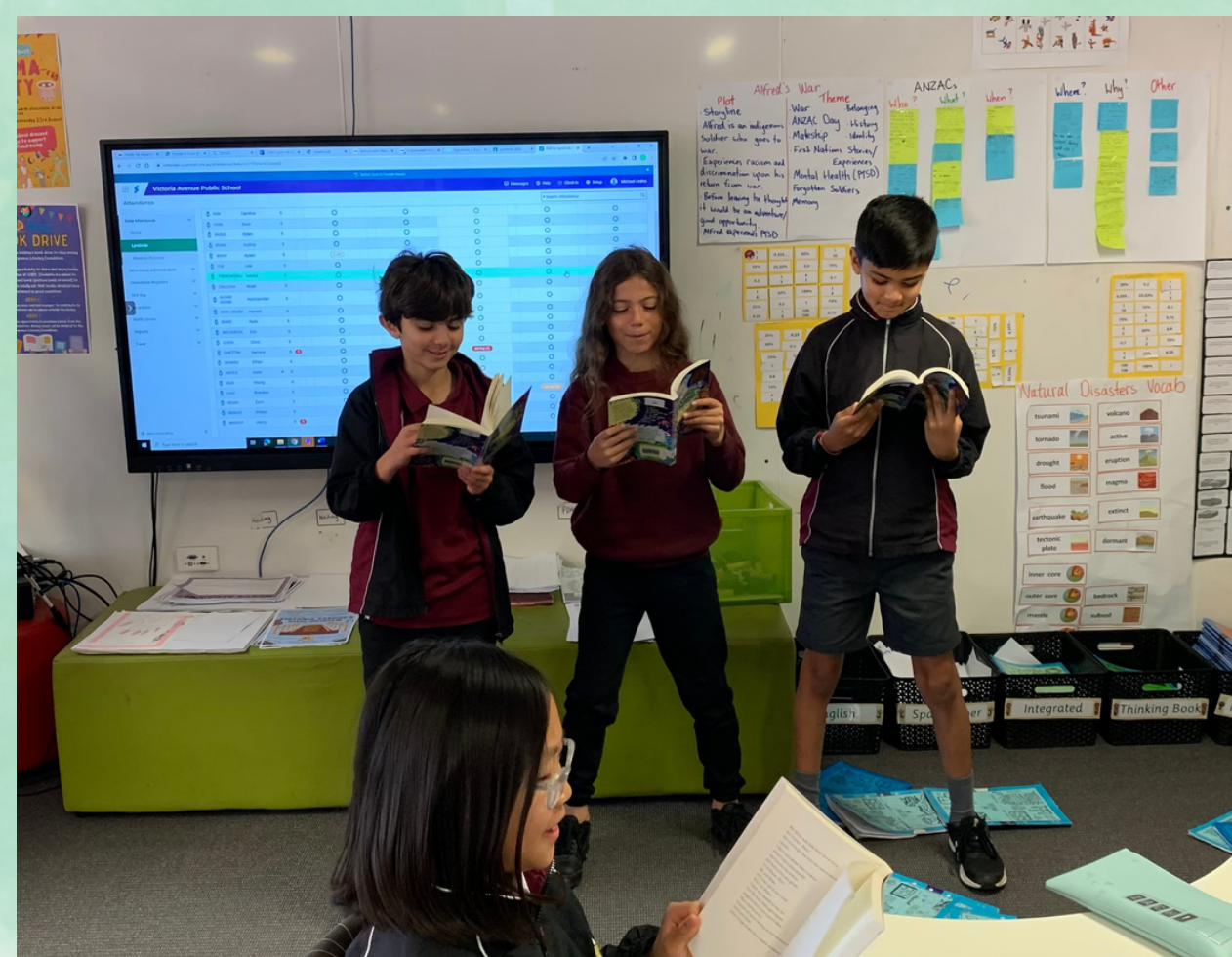
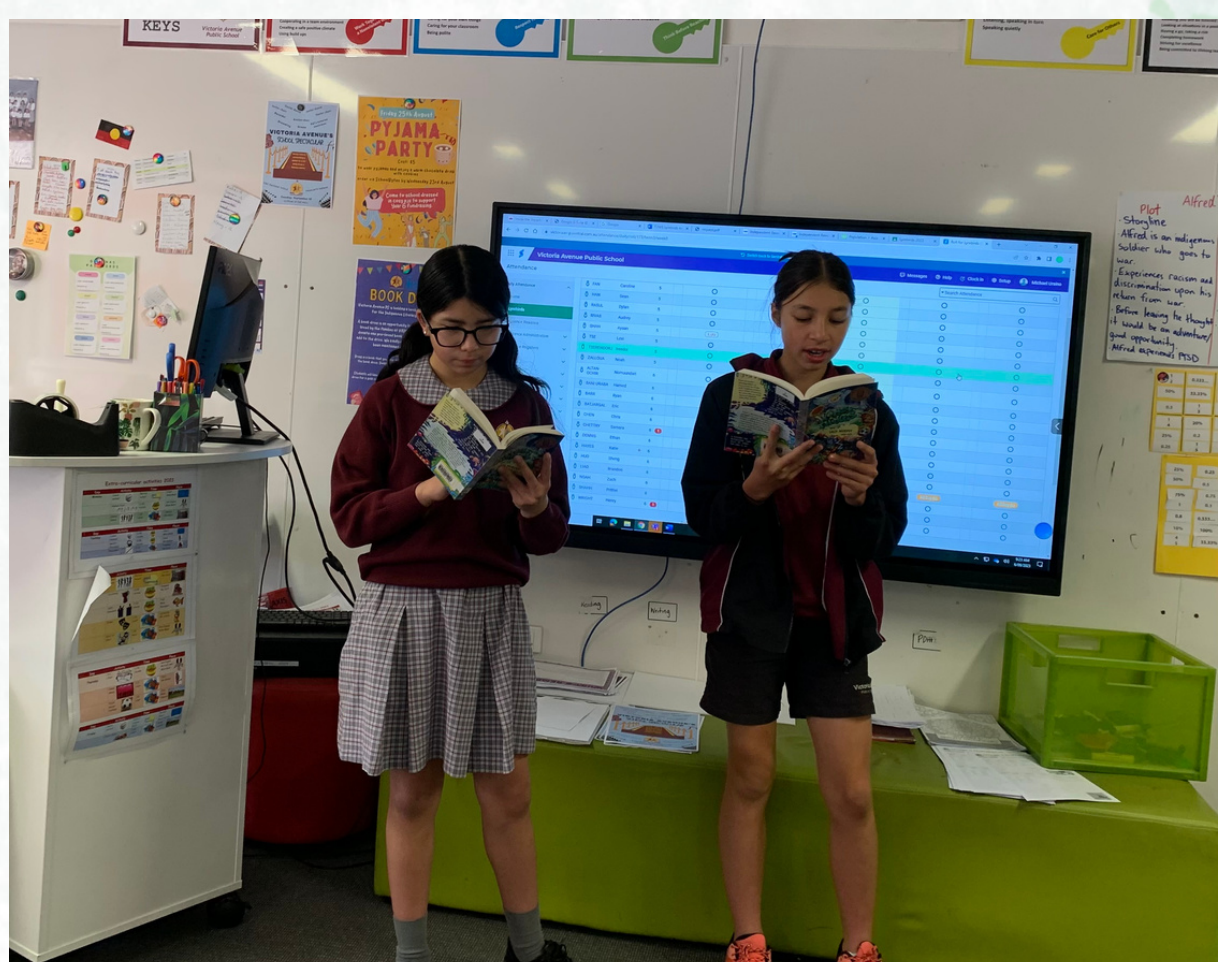
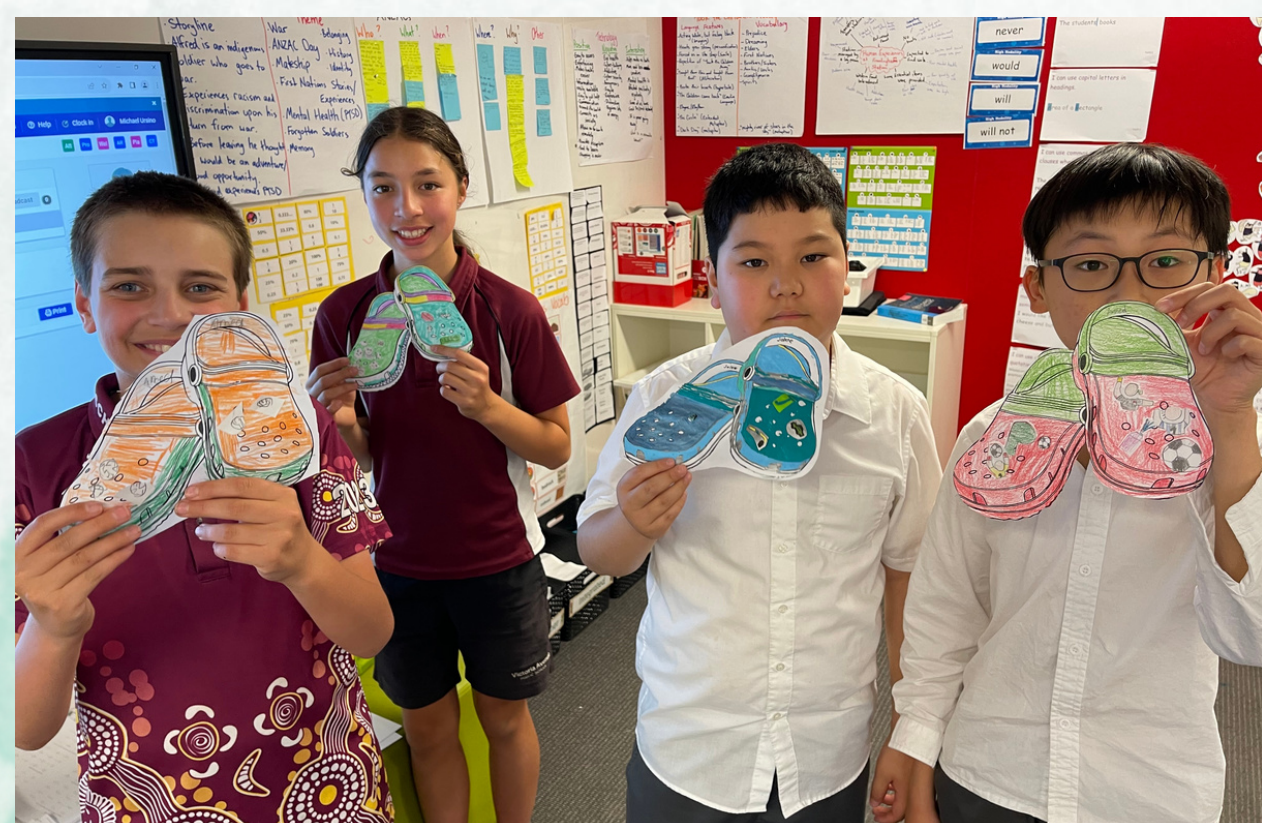
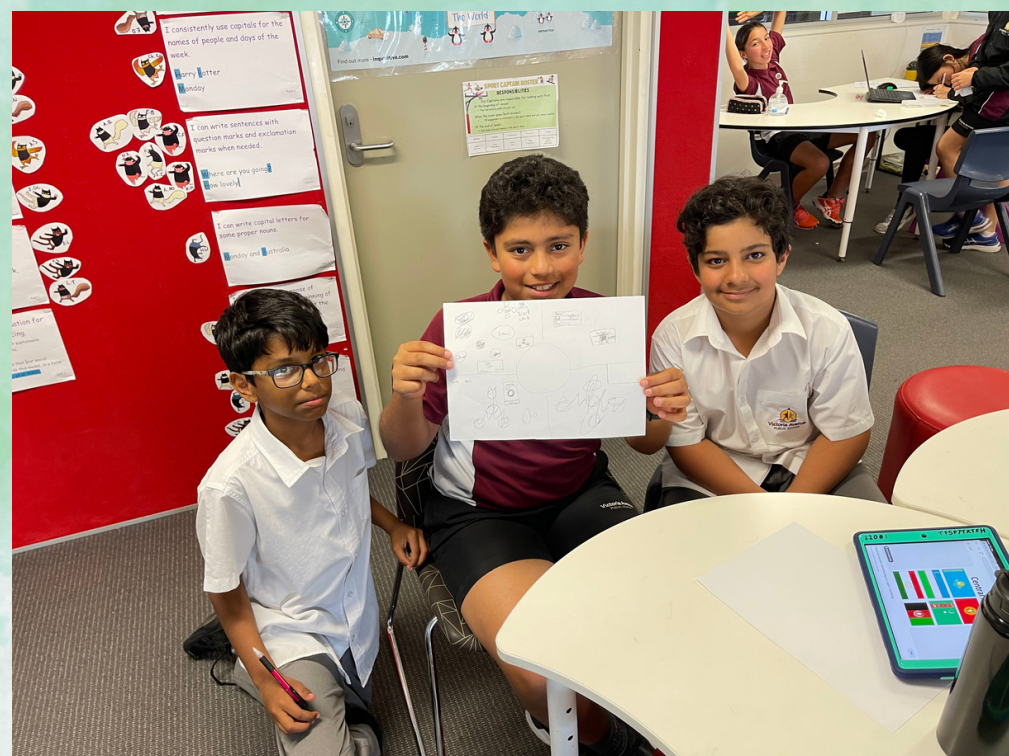


Owl's Adventure to the Zoo

On Tuesday the Owls went for an excursion to Tarongu Zoo. The students had a wild adventure, filled with incredible animal encounters and unforgettable moments.



Lyrebirds have had a very creative week. We have enjoyed writing and reading poetry aloud and learning all about rhythm and free verse. We have also been busy making our own flags to represent the continent of Asia, and designing a pair of Crocs for a character in our novel study!





YEAR 4

ZOO SNOOZ



On Monday the 4th September, Year 4 went on a roarsome overnight excursion to Taronga Zoo. After a scrumptious dinner students enjoyed our night safari through the zoo where they observed tigers in the Sumatra exhibit, a cute Red Panda and other nocturnal creatures. The following morning, Year 4 went on a behind the scenes tour of the Australian exhibit. Students learnt some very interesting facts about the Tasmanian Devil and the dangers this species is facing. Throughout their excursion students had the opportunity to meet a Shingle Back Lizard, Blue Tongue Lizard, Ring Tailed Possum, snakes, Colombian monkeys and the group mascot Chonky!

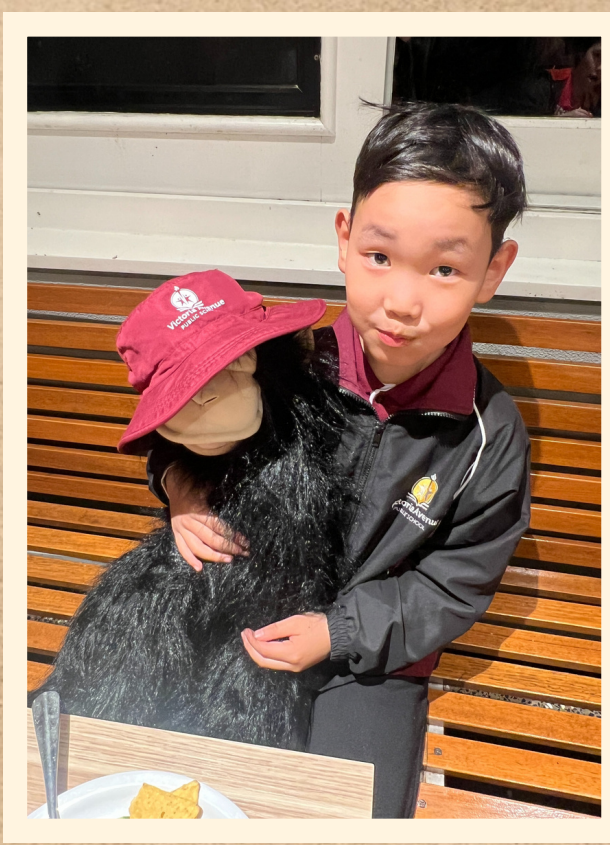


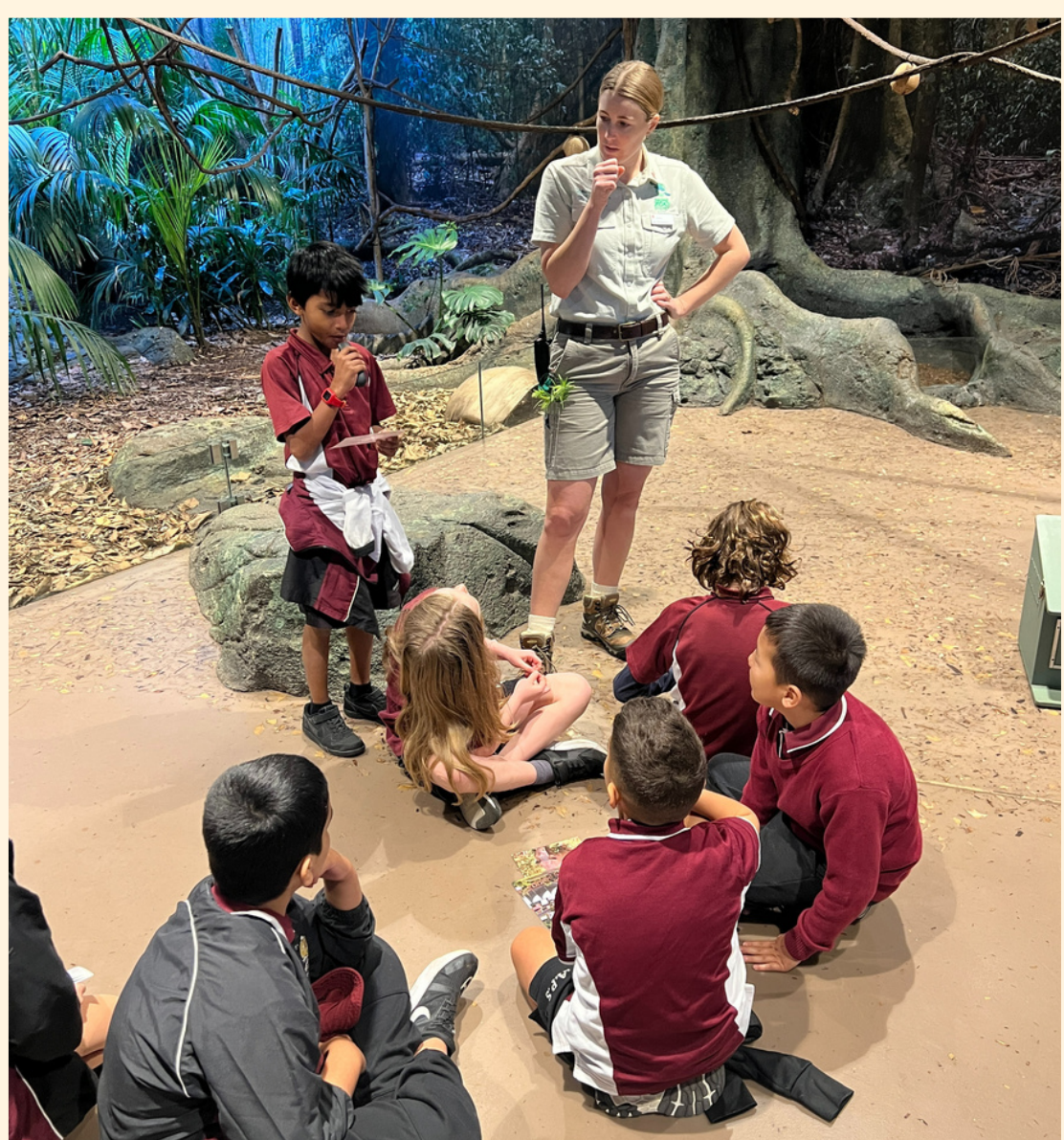
ZOO

LET'S

GO!









CONCORD SCHOOL HOLIDAY BASKETBALL CAMP

CONCORD HIGH SCHOOL

28 SEPT - 4 OCT

AGES 5 - 14

JUNIORBASKETBALLACADEMY.COM.AU

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- Everyone bats and bowls
- 90-minute games
- Mixed and all-girls teams
- All equipment supplied
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REGISTRATION DAY

Register ASAP. Registrations close
16th of September 2023.



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POWELLS CREEK TENNIS CENTRE

Conway Ave, North Strathfield

Sept/Oct School Holiday Tennis Camps

	Half day tennis 9am to 12 noon	Full day tennis 9am to 3pm (drop-off from 8:30am)	After camp supervision 3pm to 6pm
Monday 25 th Sept			
Tuesday 26 th Sept			
Wednesday 27 th Sept			
Thursday 28 th Sept			
Friday 29 th Sept			
Tuesday 3 rd Oct			
Wednesday 4 th Oct			
Thursday 5 th Oct			
Friday 6 th Oct			

(Tick preferred times)

Half day tennis 9am to 12 noon	\$ 40 inc GST	CHILD NAME:
Full day tennis 9am to 3pm	\$ 72 inc GST	PARENT MOBILE:
2 days	\$ 132 inc GST	PARENT EMAIL:
3 days	\$ 180 inc GST	I WILL PAY THE AMOUNT OF \$ BY: (please circle) Internet banking BSB: 032 275 Account number: 437953 Account name: PC TENNIS PTY LTD Credit card Cardholder name: Credit card number: Expiry date: CVV (last 3 digits on back): Visa / Mastercard (please circle)
4 or more days	\$ 55 per day inc GST	
After camp supervision 3pm to 6pm for FULL DAY participants only <i>In event of a total washout, a decision will be made at 7:30am that morning and credit will be given towards a future tennis camp.</i>	\$ 20 extra per day	

No same day bookings or payments will be taken

Spots are only confirmed when payment is received

Brett.Miners@gmail.com 0439 844 124



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★ **NEW** ★

Pre-School Workshop & Soccer
Totties Workshop

**AGES 2.5-12
YEARS**



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0414 488 308



www.theathleticbuddha.com.au